Alaska Mental Health Trust Authority presentation to:

House Finance Committee

January 29, 2014

Trustees

- Mike Barton, chair
- Laraine Derr, vice chair
- Paula Easley, secretary
- William Doolittle, MD
- Mary Jane Michael
- Larry Norene
- Russ Webb

Trust Beneficiaries

Alaskans with:	
Mental illness	34,479
Developmental disabilities	12,784
Chronic alcoholism/substance abuse disorder	21,000
Alzheimer's disease and related dementia	5,000
Traumatic brain injury	11,900

Guiding Principals

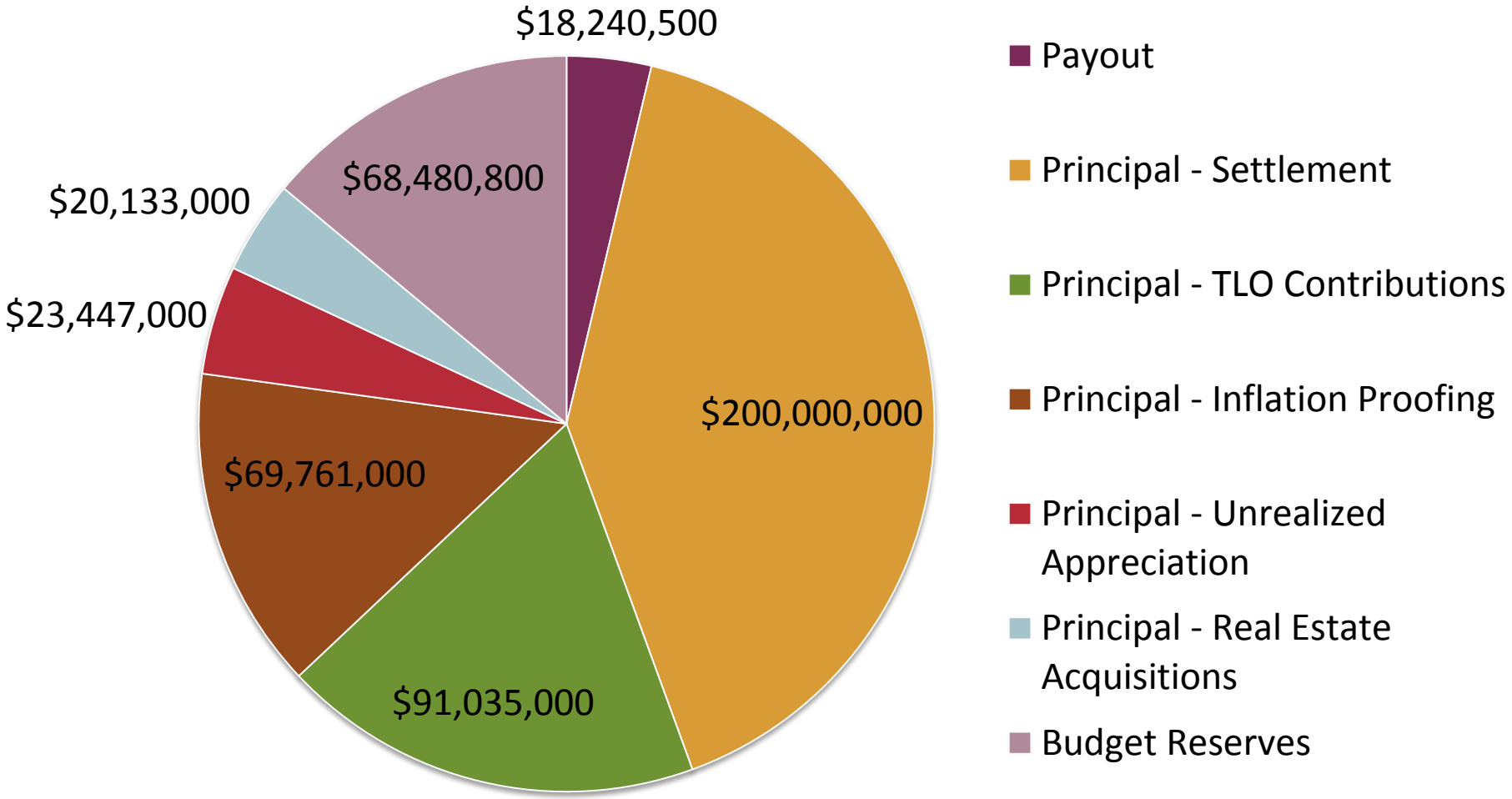
Improve the lives of beneficiaries

- Education of the public and policymakers on beneficiary needs
- Collaboration with advocates
- Maximize beneficiary input into programs
- Prioritize services for beneficiaries at risk of institutionalization
- Useful and timely data for evaluation
- Include intervention and prevention components
- Provision of reasonably necessary beneficiary services based on ability to pay

Advisors and Partners

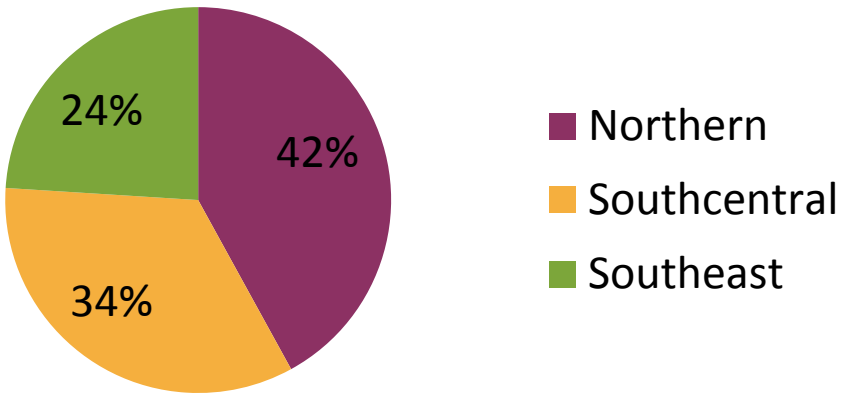
- Advisory Board on Alcoholism & Drug Abuse
- Alaska Mental Health Board
- Governor’s Council on Disabilities & Special Education
- Alaska Commission on Aging
- Commissioners of:
  - Health and Social Services
  - Revenue
  - Natural Resources
  - Corrections
- Alaska Brain Injury Network
- Statewide Suicide Prevention Council
- Alaska Court System

Trust Cash Assets – FY13

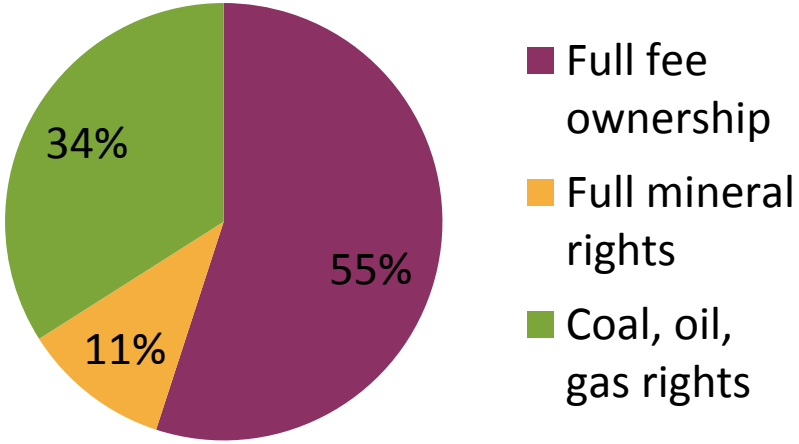


Trust Resource Portfolio

Land by region
1,000,000 total acres



Land by ownership/rights



TLO Contributions: Inception through FY13	
Principal	$115 million
Income	$42 million
Total	**$157 million**

FY15 Available Income

Distributable Income	
Trust Fund Payout (4.25% NAV)	$19,053,000
Prior Years Average Lapse	$3,641,000
Land Office Average Spendable Income	$3,587,000
Interest Average	$303,000
Total	**$26,584,000**

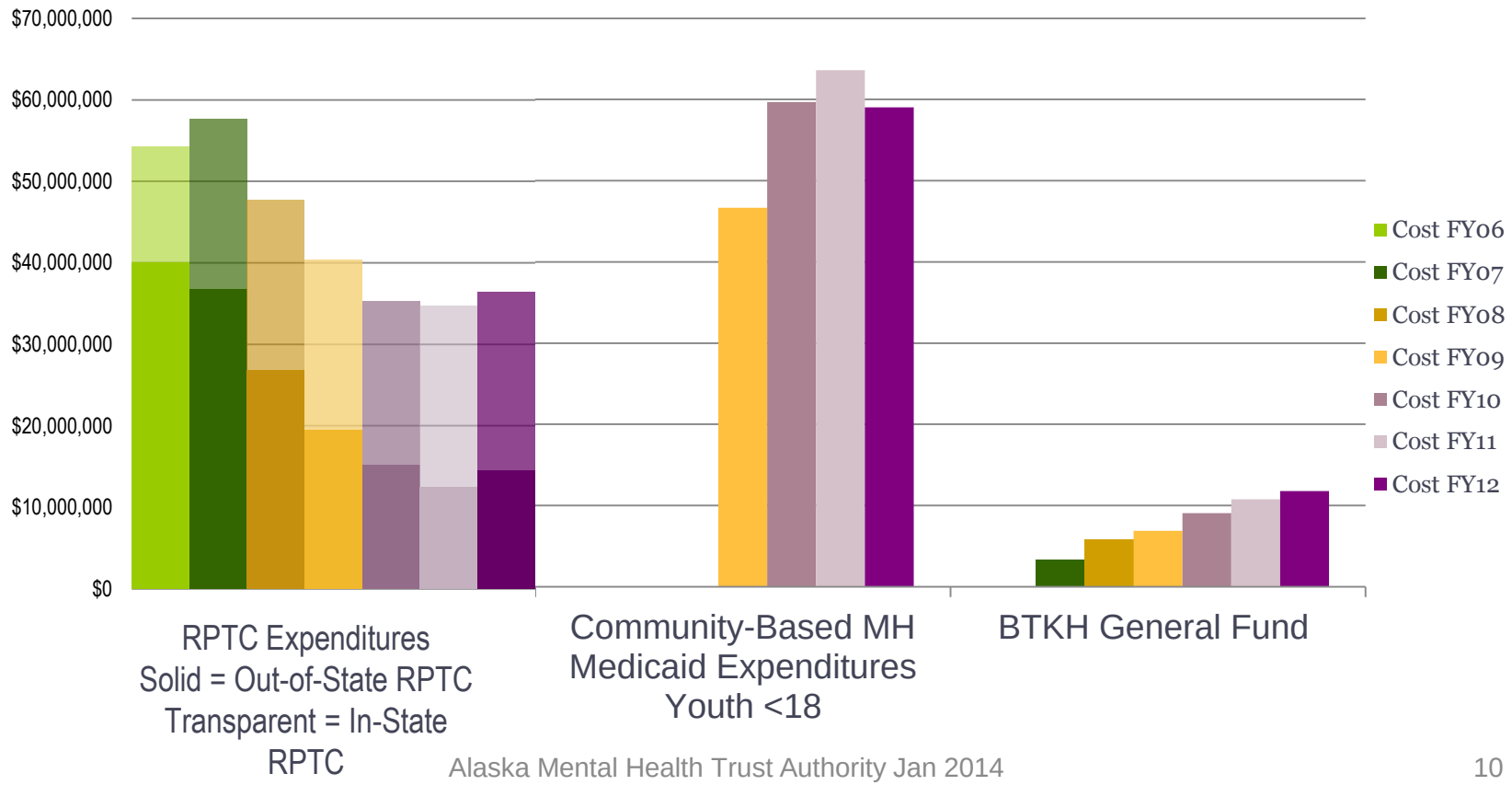
Established Trust Focus Areas

Promoting change in systems to better serve Trust beneficiaries in a cost effective manner

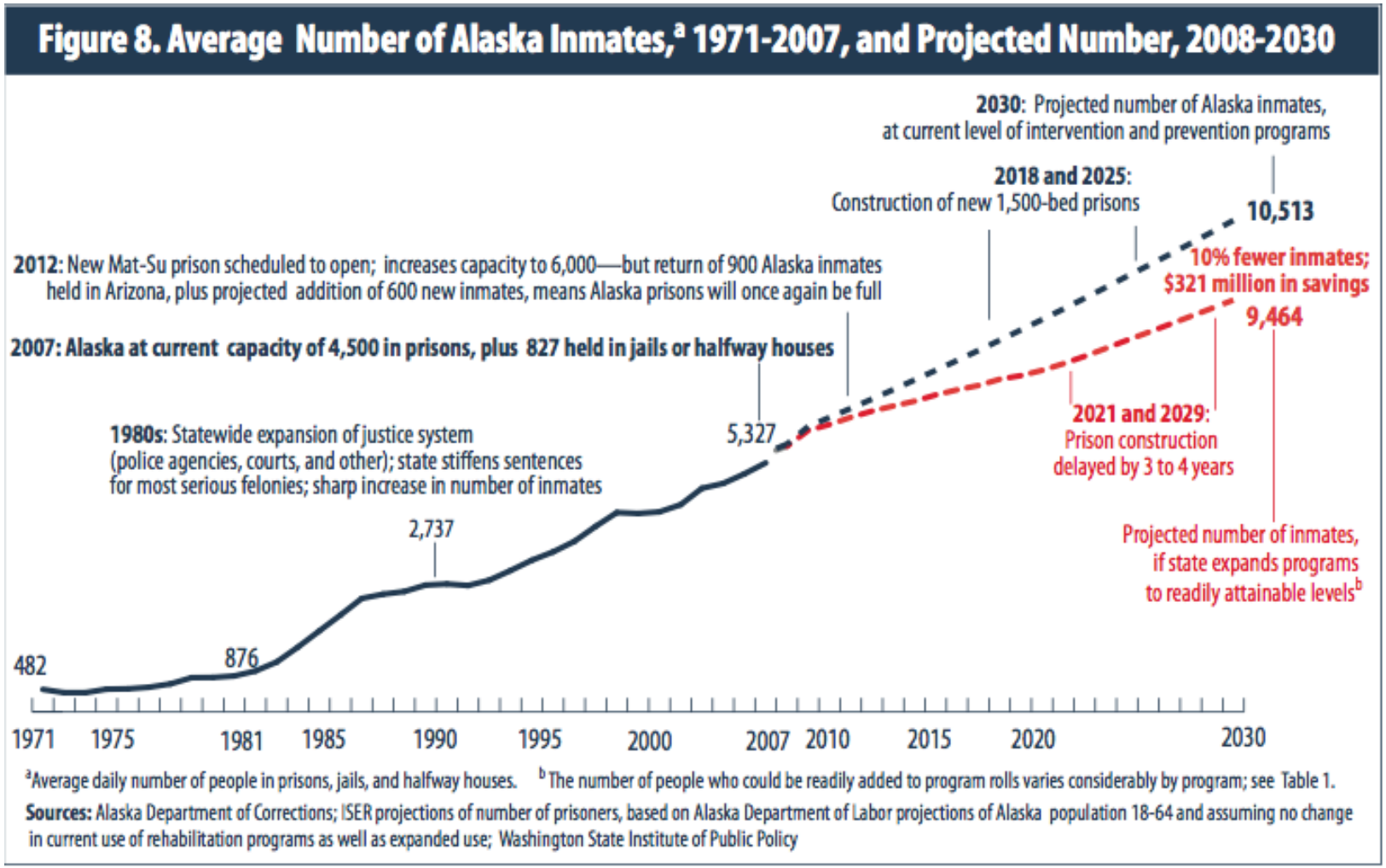
- Bring the Kids Home
- Disability Justice
- Housing
- Beneficiary Projects
- Workforce Development

Bring the Kids Home … Investing Wisely

- Out-of-state RPTC expenditures **64% lower than FY06**
- Overall RPTC expenditures 33% lower than FY06
- Community mental health expenditures for youth <18 are 26% higher than FY09
- Trust investment FY06 – FY14: $16 million

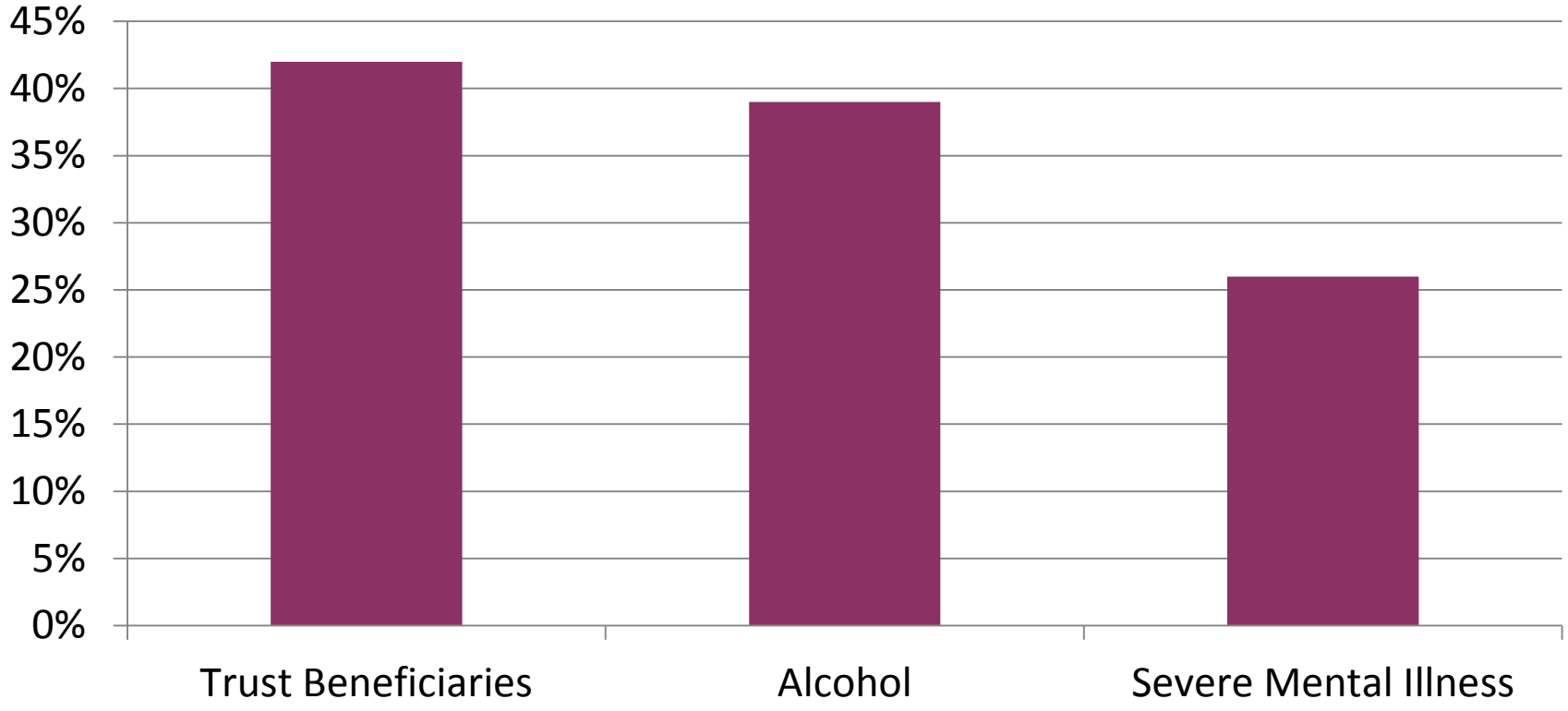


Disability Justice … Investing Wisely?



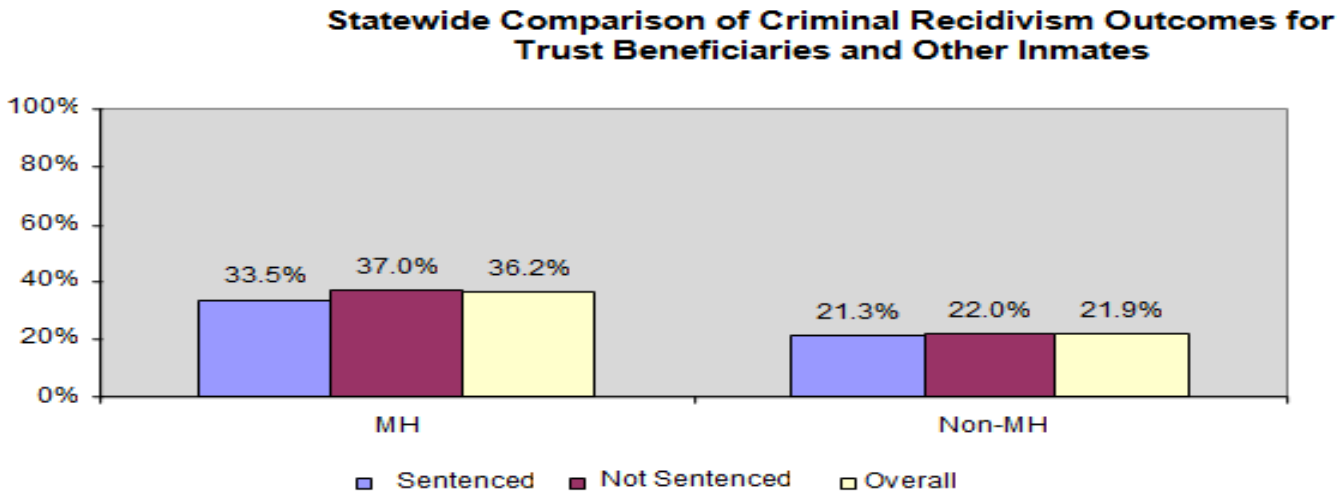
UAA Institute for Social and Economic Research – January 2009 **The Cost of Crime: Could the State Reduce Future Crime and Save Money By Expanding Education and Treatment Programs?**

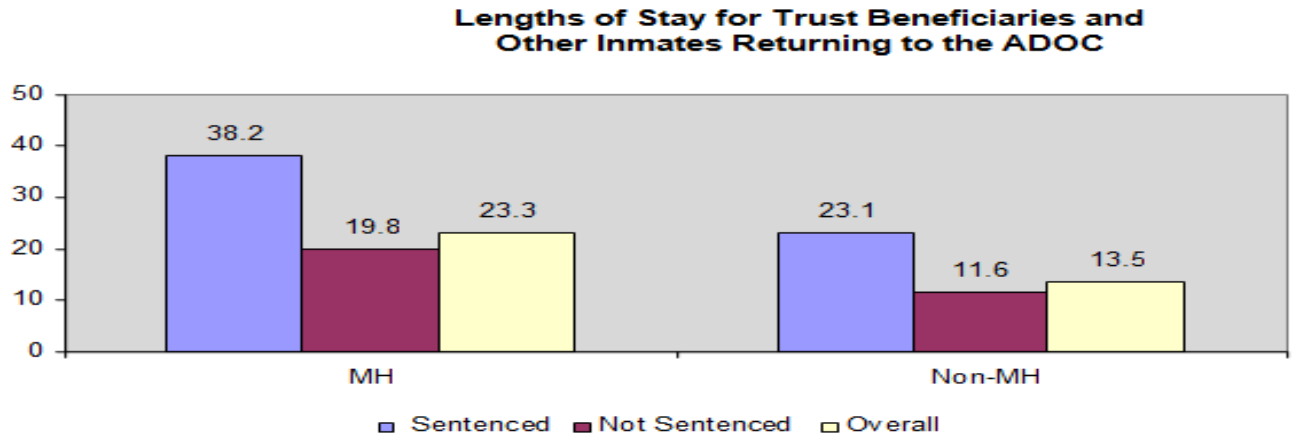
Clinical Characteristics Trust Beneficiaries in the Department of Corrections



2007 Horby Zeller study

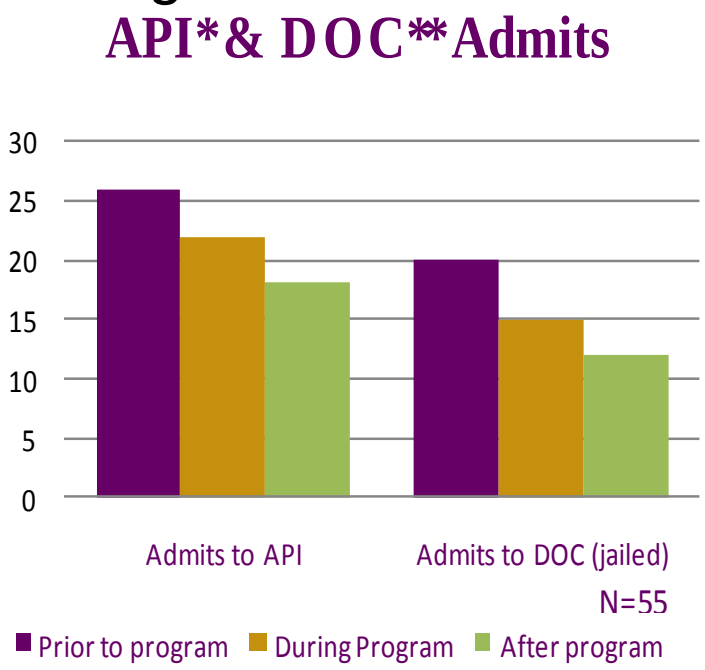
Trust Beneficiaries Recidivism and Length of Stay

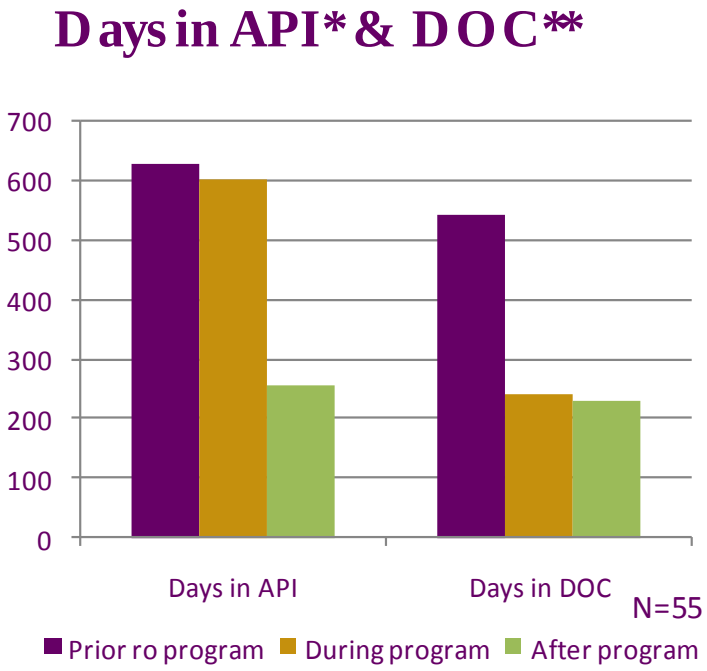




Housing

Bridge Home program targeting people exiting Alaska Psychiatric Institute or Dept. of Corrections through intensive community outreach project demonstrated success in lowering these costs





FY14-15 efforts to increase these results to more challenging populations are underway

Supporting Existing Infrastructure

- Behavioral health infrastructure is fragile
  - Meyers and Stauffer study
  - Behavioral health systems assessment

Grant reductions threatening stability

- Grants used to support Medicaid billing due to lack of adequate reimbursement rates
- Grants intended for people without Social Security/ Medicaid but are not able to cover these services
- Organizations are not able to make it based on current reimbursement methods and rates

Safety net failure costs

Cost of loss of key safety net service agencies in communities is high

Fairbanks behavioral health agency closure:

- **10 Fairbanks residents relocated to Anchorage due to lack of available services**
- Lost 5 units of housing for people with mental illness (approximately 35 rooms/apartments)
- 42 jobs lost; prior employees lost accrued leave and health coverage
- 700 people receiving services prior to closure of old organization. Current # served approx. 300
- More than $350,000 to re-start services (new training and legal checks for retained staff, supplies, mentor staff of new organization, transfer of records, software licenses, etc.)

New emphasis on: Long-term Services & Supports

Challenges

- Population increases straining our long term supportive services and safety net
- Maintaining quality social services locally and over time (workforce, financing challenges)

Preliminary strategies

- Participate with DHSS' strategic planning efforts
- Development of a statewide plan for services to individuals with Alzheimer's disease and related dementia
- Support of lower cost services statewide (home-based care)

New emphasis on: Beneficiary Employment

Improving opportunities for:

- Integrated employment and competitive wages
- Self-sufficiency
- Education & awareness

Current Projects

Beneficiary Projects Initiative has made great strides supporting peer support organizations and workforce opportunities for beneficiaries across Alaska

Microenterprise Grants

- FY13- 24 grant recipients awarded totaling $86,229 with an additional $112,429 in leveraged funds

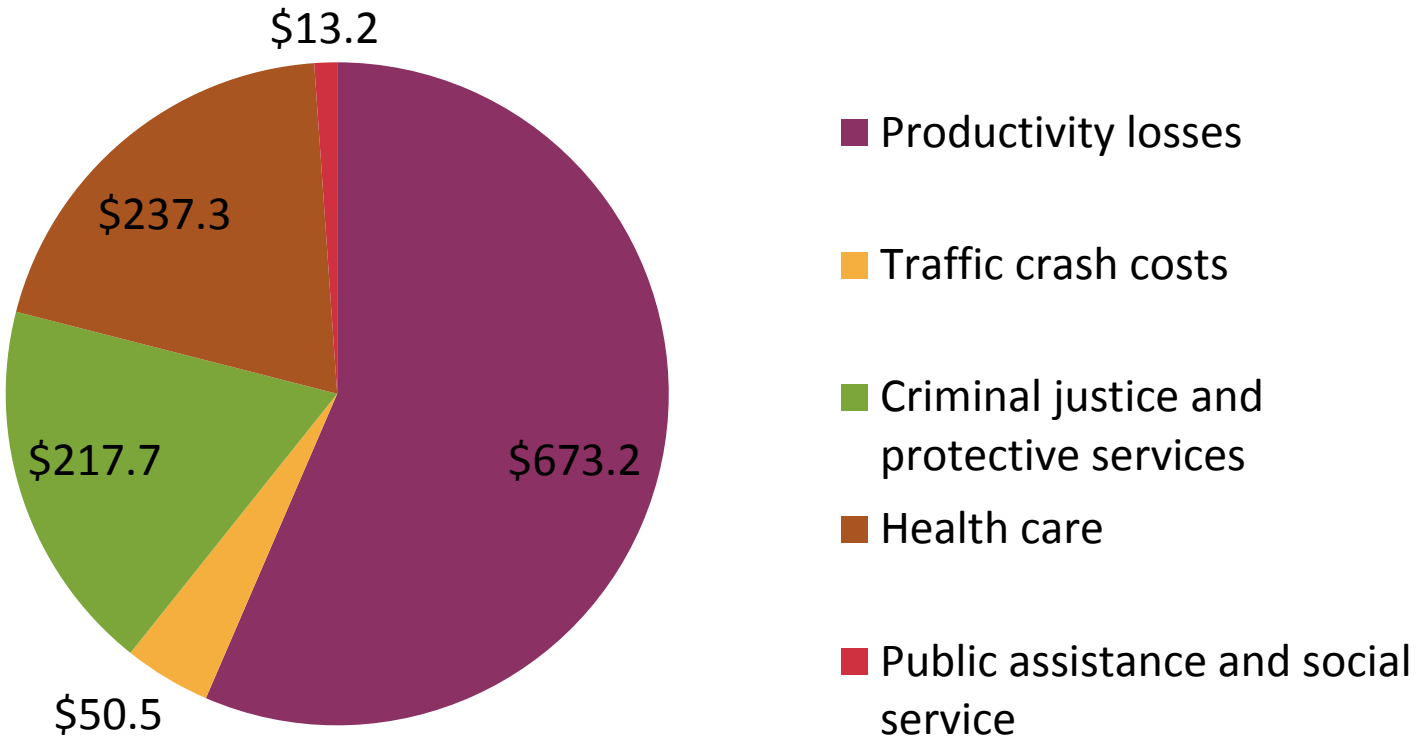
New focus on impacts of alcohol and substance abuse

Private/public partnership

Alignment with:

- Recover Alaska
- Mat-Su Health Foundation
  - substance abuse and trauma emphasis
- Alaska Wellness Coalition
  - positive community norms campaign
- Alaska Resiliency Partnership
- Empowering Hope

Annual cost of alcohol in Alaska: $1.2 billion economic impact



McDowell Cost of Alcohol Report 2012 update

New focus on impacts of alcohol and substance abuse

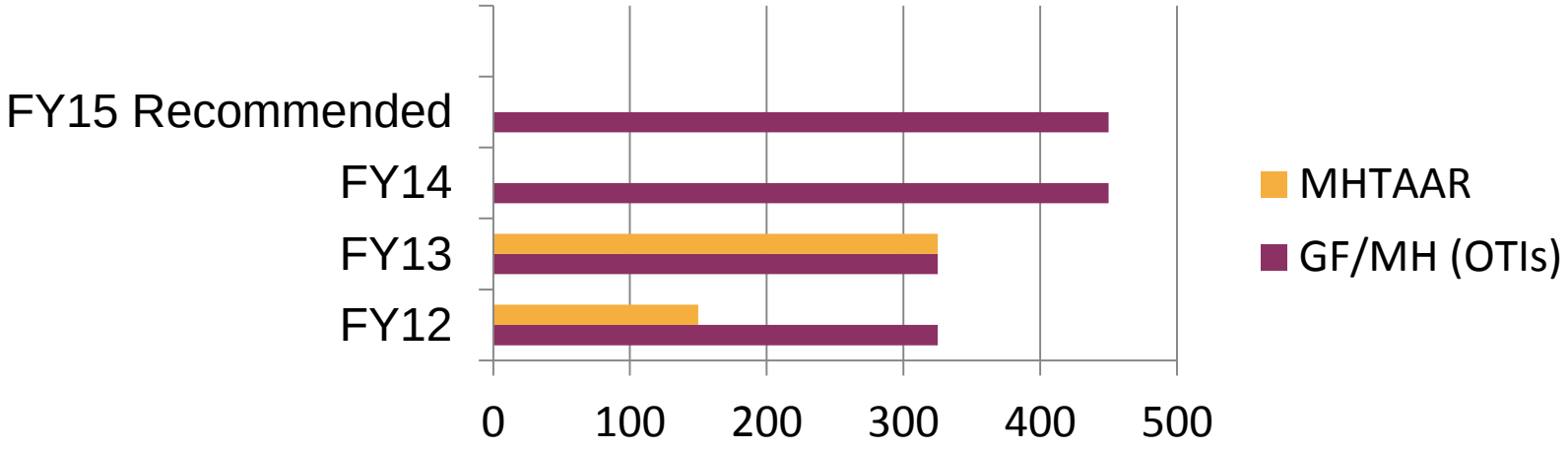
Solutions must be comprehensive

- Prevention
- Harm reduction
- Expansion of access to treatment
  - Increased access
  - Same day access & other efficiencies
  - Patient Centered Medical Home
- Enhanced tribal partnerships
- Environmental strategies
  - Title 4

Investing Wisely

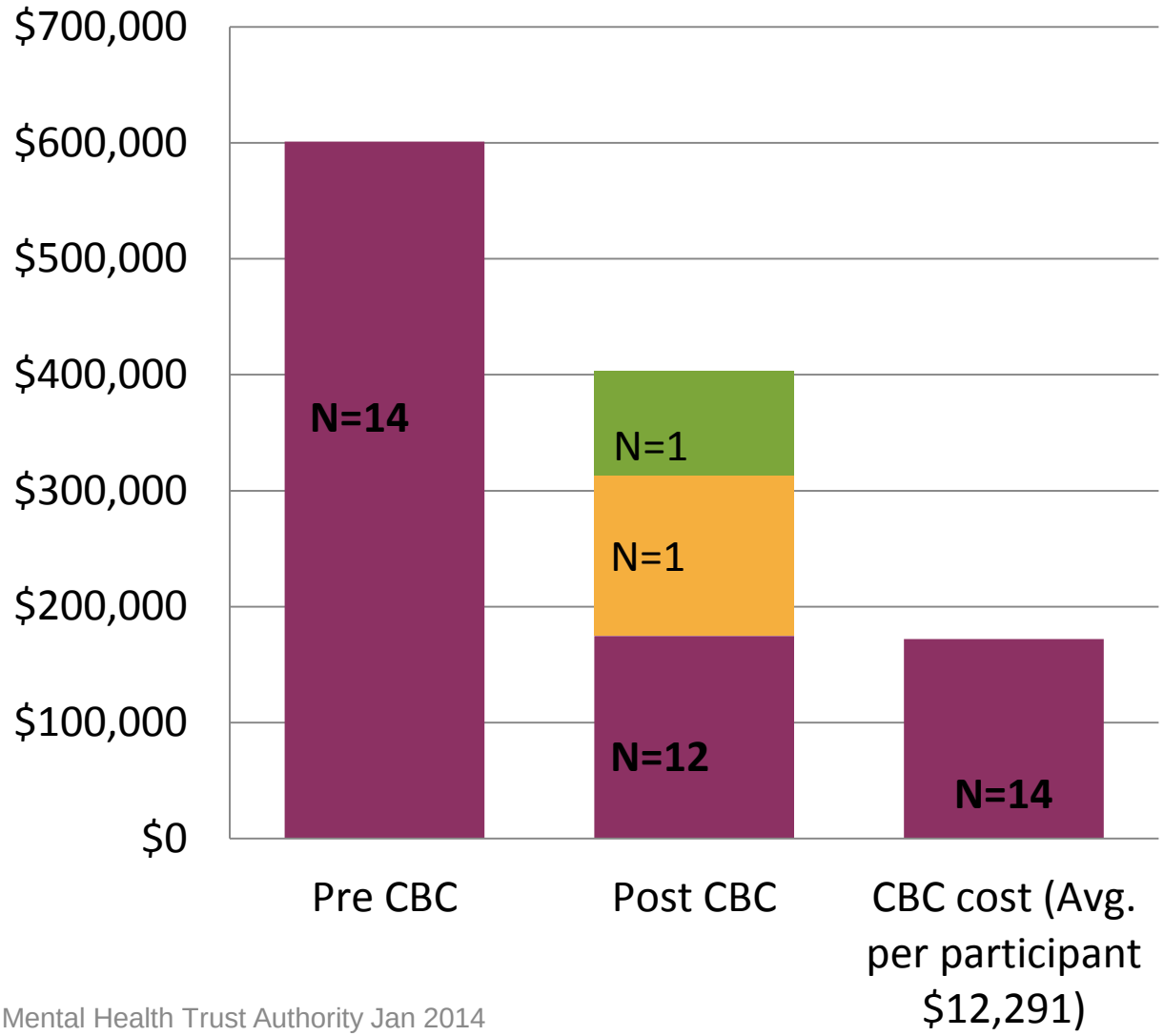
Complex Behavioral Collaborative

- Prevent inappropriate and costly institutional placements (API, correctional facilities, out-of-state placements)
- Build capacity and expertise within the state to serve individuals with complex behavioral needs who have multiple disabling conditions



Outcomes of CBC

- FY13: 14 participants discharged
- FY13: 76% participants avoided institutional care
- FY14: 86% of FY funded



FY15 GF/MH Recommendations

	MHTAAR	GF/MH
Complex Behavior Collaborative	0	450.0
DOC Mental Health Clinical Positions	0	230.0
Traumatic/Acquired Brain Injury Case	0	600.0
Area Health Education Centers	0	652.9
National Family Caregiver Grant Program	0	200.0
Nutrition, Transportation & Support Services	0	345.0
Transfers from MHTAAR to GF/MH		
DJJ Trauma Informed Care	0	75.0
Early Intervention for Young Children	100.0	100.0

Thank you