

# Parents as Teachers



RurAL CAP  
February 29, 2012

# PAT Goals

- **Increase parent knowledge** of early childhood development and improve parenting practices
- Provide **early detection** of developmental delays and health issues
- **Prevent child abuse** and neglect
- Increase children's **school readiness** and **school success**



# Parents as Teachers Program Components

Personal  
visits

Screening

Group  
connections

Resource  
referrals

# What does the PAT program do?

- Certified parent educators provide research-based information and utilize evidence-based practices by **partnering**, **facilitating** and **reflecting** with families
- Parent educators use the Parents as Teachers Foundational Curriculum in culturally sensitive ways to deliver services that emphasize:
  - Parent-Child Interaction
  - Development-Centered Parenting
  - Family Well-Being

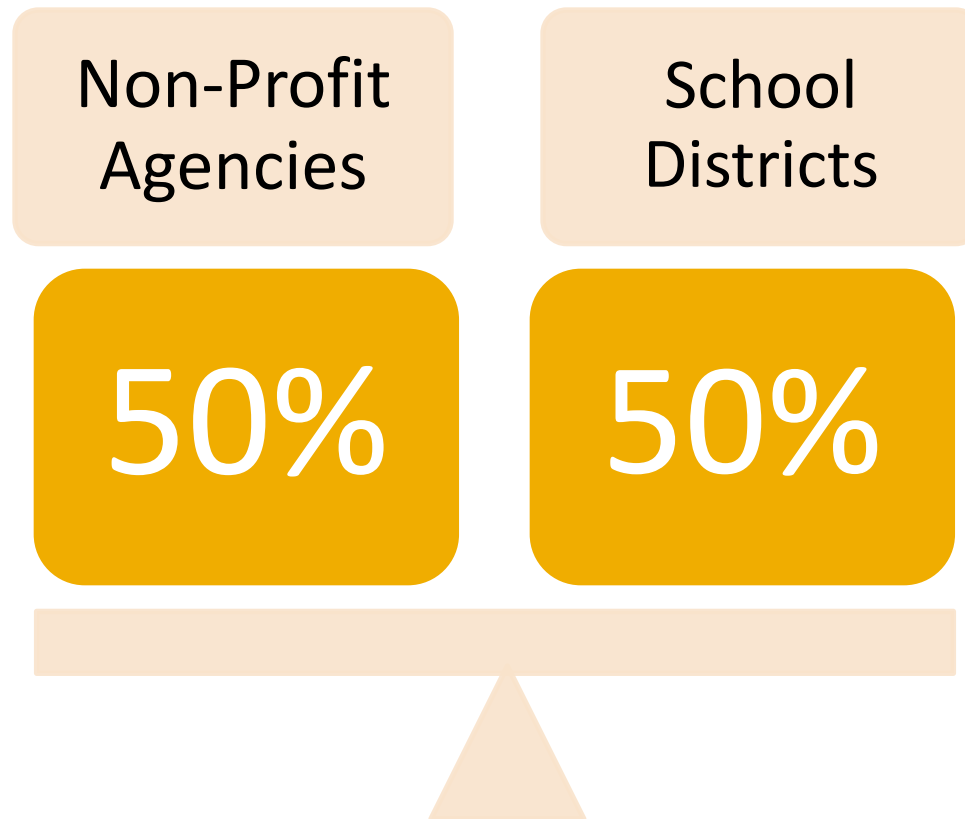




# Who Does the PAT Program Serve?

- Families with children **birth to five**
- **Special Populations:** teen parents, children with special needs, culturally & linguistically diverse families, military families, and families referred by OCS
- **Rural & urban** communities
- Families in **intervention school districts**

# Who Delivers the Program?



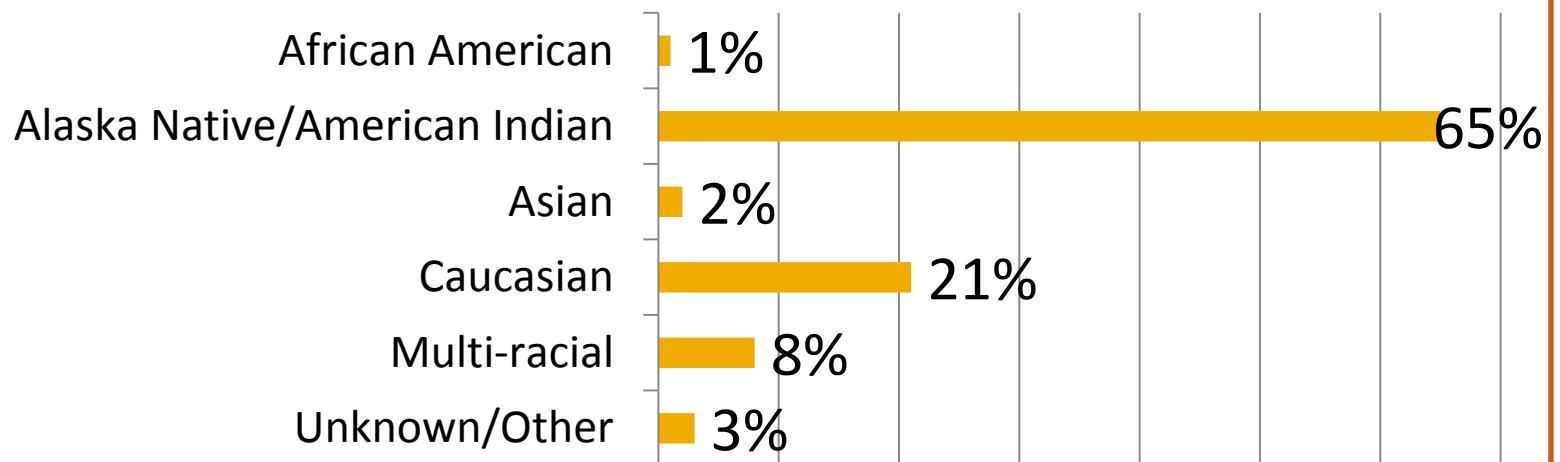
# Demographics (2010-2011)

## PAT Programs in Alaska Serve

41 communities

738 Families (3% Teen parents)

## Ethnicity of Children Served



# How is it different from other programs?

- **Parents as teachers**
- **Connects** parents to other parents
- Researched-based curriculum that incorporates **brain development** information
- Resources to **extend learning** opportunities for children in the home







- State Advisory Board
- Certified parent educators
- Universal access
- Modest investment for high returns/outcomes

# PAT Results

- PAT parents are **more involved** in their child's schooling
- PAT parents report a higher level of **confidence & engagement** in parenting
- PAT parents engage in more **language & literacy-promoting** activities with their children
- PAT children arrive at their next educational setting **developmentally on target**
- PAT children referred to **early intervention programs** have exited out before age three
- PAT program ensures workforce is **competent & knowledgeable**

# Continuum of Early Learning

in communities served by RurAL CAP







**Thank you for investing in their future...**

For more information please contact,

**Kristin Ramstad**

PAT Program Director,  
Rural Alaska Community Action Program

[kramstad@ruralcap.com](mailto:kramstad@ruralcap.com)

907-865-7207

