

Crystal Rogers

From: Rep. Paul Seaton
Sent: Tuesday, April 05, 2011 8:46 AM
To: Crystal Rogers
Subject: FW: HCR 5 - Vitamin D

From: Kirstie Shirey [mailto:kirstie_shirey@yahoo.com]
Sent: Friday, April 01, 2011 9:47 PM
To: Rep. Paul Seaton
Subject: HCR 5 - Vitamin D

To Paul Seaton,

Hello,
My name is Kirstie Shirey. I'm twenty years old and am in college to become a early childhood teacher. I'm writing this e-mail for both myself, and class. I was given a list of things to choose from, this was one that was easy and something I believe in. I am low in Vitamin D, and my father is also is low.

Vitamin D, something that everyone needs. I think that a lot of people don't know how little they are getting. Even those who go outside everyday and are active don't get a lot of sun. It's to cold, with clouds, snow, and bundled up with little skin showing for the little sun Alaska gets in the winter.

I support bill HCR 5.

Thank you for taking the time to read my little e-mail.

Sinisterly
Kirstie Shirey