

ALASKA DEPARTMENT OF CORRECTIONS PROGRAMS AND SERVICES

In keeping with its mission the Alaska Department of Corrections (ADOC) provides evidence-based rehabilitative programs that enhances the security of our institutions, safe guards the public, and reduces recidivism by providing prisoners with needed tools to assist them in becoming law-abiding citizens.

Below is a list of the ADOC programs and services and the institutions in which they are available.

SUBSTANCE ABUSE PROGRAMMING

Assessment and Referral: These services include an informational orientation in which the offender is offered information on substance abuse treatment options within ADOC institutions and in the community. Comprehensive substance abuse assessments are also available along with a referral based upon the assessment results.

- Available at the following institutions:
 - Anchorage Correctional Complex, Anchorage
 - Mat-Su Pretrial, Palmer

Life Success Substance Abuse Treatment (LSSAT): These programs are based on the Intensive Outpatient Treatment (ASAM PPC-2R Level II.1) criteria. The services provided use a cognitive behavioral approach. Inmates in the program are required to participate for a minimum of three to four months (however, provisions will be made to treat offenders who have less than three months and/or are transferring to another facility where they can continue their treatment). Program capacity is 25 participants at a time.

- Available at the following institutions:
 - Anvil Mountain Correctional Center, Nome
 - Fairbanks Correctional Center, Fairbanks
 - Lemon Creek Correctional Center, Juneau
 - Palmer Correctional Center, Palmer
 - Spring Creek Correctional Center, Seward
 - Wildwood Correctional Center, Kenai
 - Yukon-Kuskokwim Correctional Center, Bethel
 - In the community (Anchorage and Fairbanks)

Residential Substance Abuse Treatment (RSAT): These programs are based on the Residential/Intensive Inpatient Treatment (ASAM PPC-2R Level III.1 – III.5) criteria. The comprehensive and intensive program uses a cognitive behavioral approach designed to intervene and treat substance use disorders using a Therapeutic Community model. Inmates in this program are expected to participate for six months (modifications to the total length of stay are made based upon an individuals needs). Program capacity is between 32 and 45 participants at a time.

- Available at the following institutions:
 - Hiland Mountain Correctional Center, Eagle River

- Hudson Correctional Facility, Hudson, CO

Continuing care: These programs are based on the Outpatient Treatment (ASAM PPC-2R Level I) criteria. The services are designed to compliment the treatment that the offender has previously received while incarcerated. Length of the program, and the program requirements, are based upon individual needs.

- Available in the community (Anchorage and Fairbanks)

EDUCATIONAL PROGRAMS

Adult Basic Education (ABE): Classes include basic education instruction in reading, writing, and computational skills below the ninth-grade level.

- Available at the following institutions:
 - Anchorage Correctional Complex, Anchorage
 - Anvil Mountain Correctional Center, Nome
 - Fairbanks Correctional Center, Fairbanks
 - Hiland Mountain Correctional Center, Eagle River
 - Hudson Correctional Facility, Hudson, CO
 - Ketchikan Correctional Center, Ketchikan
 - Lemon Creek Correctional Center, Juneau
 - Mat-Su Pretrial, Palmer
 - Palmer Correctional Center, Palmer
 - Point Mackenzie Correctional Farm, Wasilla
 - Spring Creek Correctional Center, Seward
 - Wildwood Correctional Center, Kenai
 - Yukon-Kuskokwim Correctional Center, Bethel

Alaska Reentry course: Utilizing the Alaska Reentry manual, inmates prepare for reintegration and transition back into the community.

- Available at the following institutions:
 - Anchorage Correctional Complex, Anchorage
 - Anvil Mountain Correctional Center, Nome
 - Fairbanks Correctional Center, Fairbanks
 - Hiland Mountain Correctional Center, Eagle River
 - Hudson Correctional Facility, Hudson, CO
 - Ketchikan Correctional Center, Ketchikan
 - Lemon Creek Correctional Center, Juneau
 - Mat-Su Pretrial, Palmer
 - Palmer Correctional Center, Palmer
 - Point Mackenzie Correctional Farm, Wasilla
 - Spring Creek Correctional Center, Seward
 - Wildwood Correctional Center, Kenai
 - Yukon-Kuskokwim Correctional Center, Bethel

Computer lab: Basic computer instruction, using different aspects of Microsoft Office, Word, Excel, and PowerPoint.

- Available at the following institutions:
 - Anvil Mountain Correctional Center, Nome
 - Fairbanks Correctional Center, Fairbanks
 - Hiland Mountain Correctional Center, Eagle River
 - Hudson Correctional Facility, Hudson, CO
 - Ketchikan Correctional Center, Ketchikan
 - Lemon Creek Correctional Center, Juneau
 - Mat-Su Pretrial, Palmer
 - Palmer Correctional Center, Palmer
 - Point Mackenzie Correctional Farm, Wasilla
 - Spring Creek Correctional Center, Seward
 - Wildwood Correctional Center, Kenai

Criminal Attitude Program (CAP): A cognitive behavioral course (6 to 16 weeks in duration) designed to assist offenders with altering their criminal attitudes and behaviors.

- Available at the following institutions:
 - Anchorage Correctional Complex, Anchorage
 - Anvil Mountain Correctional Center, Nome
 - Fairbanks Correctional Center, Fairbanks
 - Hiland Mountain Correctional Center, Eagle River
 - Hudson Correctional Facility, Hudson, CO
 - Ketchikan Correctional Center, Ketchikan
 - Lemon Creek Correctional Center, Juneau
 - Mat-Su Pretrial, Palmer
 - Palmer Correctional Center, Palmer
 - Point Mackenzie Correctional Farm, Wasilla
 - Spring Creek Correctional Center, Seward
 - Wildwood Correctional Center, Kenai
 - Yukon-Kuskokwim Correctional Center, Bethel

General Education Diploma (GED) classes and testing: Secondary education in the form of instruction and testing opportunities leading to a GED.

- Available at the following institutions:
 - Anchorage Correctional Complex, Anchorage
 - Anvil Mountain Correctional Center, Nome
 - Fairbanks Correctional Center, Fairbanks
 - Hiland Mountain Correctional Center, Eagle River
 - Hudson Correctional Facility, Hudson, CO
 - Ketchikan Correctional Center, Ketchikan
 - Lemon Creek Correctional Center, Juneau
 - Mat-Su Pretrial, Palmer
 - Palmer Correctional Center, Palmer
 - Point Mackenzie Correctional Farm, Wasilla
 - Spring Creek Correctional Center, Seward

- Wildwood Correctional Center, Kenai
- Yukon-Kuskokwim Correctional Center, Bethel

Mavis Bacon Typing: A computer typing program that improves both typing speed and accuracy.

- Available at the following institutions:
 - Anvil Mountain Correctional Center, Nome
 - Fairbanks Correctional Center, Fairbanks
 - Lemon Creek Correctional Center, Juneau
 - Mat-Su Pretrial, Palmer

Parenting classes: A program that provides practical and innovative ways to help overcome the physical and psychological challenges that incarcerated parents face both inside and outside of prison.

- Available at the following institutions:
 - Anchorage Correctional Complex, Anchorage
 - Anvil Mountain Correctional Center, Nome
 - Fairbanks Correctional Center, Fairbanks
 - Hiland Mountain Correctional Center, Eagle River
 - Hudson Correctional Facility, Hudson, CO
 - Ketchikan Correctional Center, Ketchikan
 - Lemon Creek Correctional Center, Juneau
 - Mat-Su Pretrial, Palmer
 - Palmer Correctional Center, Palmer
 - Point Mackenzie Correctional Farm, Wasilla
 - Spring Creek Correctional Center, Seward
 - Wildwood Correctional Center, Kenai
 - Yukon-Kuskokwim Correctional Center, Bethel

Post-secondary academic service: This service allows inmates access to college-level academic classes, which may include correspondence classes, at their own expense. Remedial instruction, on-site tutorial assistance, and supplemental instruction is provided.

- Available at the following institutions:
 - Anchorage Correctional Complex, Anchorage
 - Anvil Mountain Correctional Center, Nome
 - Fairbanks Correctional Center, Fairbanks
 - Hiland Mountain Correctional Center, Eagle River
 - Hudson Correctional Facility, Hudson, CO
 - Ketchikan Correctional Center, Ketchikan
 - Lemon Creek Correctional Center, Juneau
 - Mat-Su Pretrial, Palmer
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 - Point Mackenzie Correctional Farm, Wasilla
 - Spring Creek Correctional Center, Seward
 - Wildwood Correctional Center, Kenai
 - Yukon-Kuskokwim Correctional Center, Bethel

Workplace and Community Transition Grant Program (WCT): An opportunity for incarcerated individuals age 35 and under to receive federal grant funds for tuition and books to assist in post secondary and vocation based educational pursuits.

- Available at the following institutions:
 - Hiland Mountain Correctional Center, Eagle River
 - Palmer Correctional Center, Palmer
 - Point Mackenzie Correctional Farm, Wasilla
 - Spring Creek Correctional Center, Seward

VOCATIONAL PROGRAMS

Alaska Department of Environmental Conservation Safe Food Handler program: Required by the State of Alaska of all food service workers, this credential enhances participants employment opportunities in the hospitality industry upon release.

- Available at the following institutions:
 - Anchorage Correctional Complex, Anchorage
 - Hiland Mountain Correctional Center, Eagle River
 - Hudson Correctional Facility, Hudson, CO
 - Ketchikan Correctional Center, Ketchikan
 - Lemon Creek Correctional Center, Juneau
 - Mat-Su Pretrial, Palmer
 - Palmer Correctional Center, Palmer
 - Point Mackenzie Correctional Farm, Wasilla
 - Spring Creek Correctional Center, Seward
 - Wildwood Correctional Center, Kenai
 - Yukon-Kuskokwim Correctional Center, Bethel

Alaska Marine Safety Association (AMSEA) marine survival and drill conductor training: Trains the students to be emergency drill conductors on commercial fishing boats.

- Available at the following institutions:
 - Anvil Mountain Correctional Center, Nome
 - Lemon Creek Correctional Center, Juneau
 - Spring Creek Correctional Center, Seward

Animal care vocational certification: The animal behavior and obedience and grooming training is designed to provide instruction in skills to obtain animal grooming related employment opportunities when inmates are released from incarceration.

- Available at the following institutions:
 - Hiland Mountain Correctional Center, Eagle River

Apprenticeship programs: Two year apprenticeship programs which are certified through the U.S. Department of Labor. Apprenticeship programs provided include Cook, Baker, Electrician, Plumber, Building Maintenance, and Material Management.

- Available at the following institutions:

- Hudson Correctional Facility, Hudson, CO
- Palmer Correctional Center, Palmer
- Point Mackenzie Correctional Farm, Wasilla
- Spring Creek Correctional Center, Seward
- Wildwood Correctional Center, Kenai

Building Trades: This program is registered with the Associated General Contractors of Alaska and certified by the National Center for Construction Education and Research (NCCER). Classes offered include the core requirements and the Carpentry Level I, II, and III.

- Available at the following institutions:
 - Hiland Mountain Correctional Center, Eagle River
 - Fairbanks Correctional Center, Fairbanks
 - Palmer Correctional Center, Palmer
 - Point Mackenzie Correctional Farm, Wasilla

Driver's license: Prepare inmates to take the written part of the general driver's license and to prepare inmates to take the written portion of the Class A or B commercial license test.

- Available at the following institutions:
 - Anvil Mountain Correctional Center, Nome
 - Lemon Creek Correctional Center, Juneau
 - Point Mackenzie Correctional Farm, Wasilla
 - Spring Creek Correctional Center, Seward

First Aid Certification: Basic first aid/CPR with automated defibrillator certification.

- Available at the following institutions:
 - Anvil Mountain Correctional Center, Nome
 - Lemon Creek Correctional Center, Juneau
 - Mat-Su Pretrial, Palmer
 - Spring Creek Correctional Center, Seward

Flagger Certification: Allows an inmate to earn a four year certification after completing the flagger course and exam.

- Available at the following institutions:
 - Hiland Mountain Correctional Center, Eagle River
 - Lemon Creek Correctional Center, Juneau

HAZWOPPER Certification: Emergency response training for general site workers engaged in hazardous substance cleaning-up operations. Each inmate will be certified as an individual who is OSHA certified.

- Available at the following institutions:
 - Hiland Mountain Correctional Center, Eagle River
 - Lemon Creek Correctional Center, Juneau

- Wildwood Correctional Center, Kenai

Master Gardener Certification: Alaska Master Gardener is an Alaska specific certification in gardening basics, botany basics, soil science, and pest management. This certification includes a State approved Pesticides Applicator license.

- Available at the following institutions:
 - Point Mackenzie Correctional Farm, Wasilla

Occupational Safety and Health Administration (OSHA) 10: 10 hour OSHA safety certification.

- Available at the following institutions:
 - Lemon Creek Correctional Center, Juneau
 - Spring Creek Correctional Center, Seward

Prisoner industry program: This program provides inmates an opportunity to work in a commercial laundry and laundry sterilization setting.

- Available at the following institutions:
 - Lemon Creek Correctional Center, Juneau

Small engine repair: A 50 hour, two and four cycle, small engine repair class offering classroom and hands on training.

- Available at the following institutions:
 - Anvil Mountain Correctional Center, Nome
 - Palmer Correctional Center, Palmer

Surface New Miner Certification: Delivered by Mine Safety and Health Administration (MSHA) approved cooperative instructors, provides instruction designed to train and certify person who work in a Part 48 surface mine.

- Available at the following institutions:
 - Lemon Creek Correctional Center, Juneau
 - Wildwood Correctional Center, Kenai

CHAPLAINCY SERVICES/PROGRAMS

Transformational Living Community (TLC): This is a multi-phase, intensive 12-18 month program that is designed to provide a spiritual based approach to correctional rehabilitation. The inmates live together in a supportive community environment and are expected to embrace personal accountability, responsibility, and commitment to change in all aspects of their life.

- Available at the following institutions:
 - Hiland Mountain Correctional Center, Eagle River
 - Hudson Correctional Facility, Hudson, CO
 - Palmer Correctional Center, Palmer

Alpha reentry: Participants in this Christian-based program are enrolled in various classes designed to foster spiritual growth, accountability and personal responsibility as well as moral and character development. Additionally, these courses focus on the issues of preparing for release and are designed to better equip prisoners for their return to community life. Prisoners are also matched with a mentor from the community who will work with them once per week during the pre-release phase to be a role model and a source of support and encouragement during incarceration and upon release to the community.

- Available at the following institutions:
 - Wildwood Correctional Center, Kenai

Chaplaincy core services: The goal of these services is to provide opportunities for prisoner reformation through religious programs, spiritual counseling, and pastoral care. All religious activities and programs are provided on a volunteer participation basis. Specific services include worship services, pastoral care and counseling, crisis intervention, death notifications, hospital/medical visitation, segregation visitation, religious literature distribution, and critical incidents stress management.

- Available at the following institutions:
 - Anchorage Correctional Complex, Anchorage
 - Anvil Mountain Correctional Center, Nome
 - Fairbanks Correctional Center, Fairbanks
 - Hiland Mountain Correctional Center, Eagle River
 - Hudson Correctional Facility, Hudson, CO
 - Ketchikan Correctional Center, Ketchikan
 - Lemon Creek Correctional Center, Juneau
 - Mat-Su Pretrial, Palmer
 - Palmer Correctional Center, Palmer
 - Point Mackenzie Correctional Farm, Wasilla
 - Spring Creek Correctional Center, Seward
 - Wildwood Correctional Center, Kenai
 - Yukon-Kuskokwim Correctional Center, Bethel

Faith wing: This is a short term 6 month faith-based residential program that provides inmates an opportunity to live in a positive, supportive, spiritual-based community environment with an emphasis on spiritual growth, personal responsibility, and accountability.

- Available at the following institutions:
 - Hiland Mountain Correctional Center, Eagle River

Kairos: This program addresses the spiritual needs of prisoners. Kairos volunteers go into prisons to pray and share meals and fellowship with inmates on a one-to-one basis. The first visit is a three-day event, during which time the team teaches a short introductory course on Christianity. Subsequent visits are monthly half-day reunions with the prisoners over a twelve-month period.

- Available at the following institutions:
 - Hiland Mountain Correctional Center, Eagle River

- Hudson Correctional Facility, Hudson, CO
- Wildwood Correctional Center, Kenai

MentorNet: This program utilizes community volunteers as mentors working on a one to one basis with inmates who have volunteered for the program. It is designed to be an intensive level of mentoring in which the mentors meet once per week with the inmate they are assigned to, including upon release from the institution. The focus is on spiritual formation, guidance, role modeling, encouragement, and accountability.

- Available at the following institutions:
 - Hiland Mountain Correctional Center, Eagle River
 - Hudson Correctional Facility, Hudson, CO
 - Palmer Correctional Center, Palmer
 - Wildwood Correctional Center, Kenai

MENTAL HEALTH SERVICES

48-Week Offender program: This program specifically targets antisocial attitudes, values and beliefs (personal cognitive supports for crime.) This program focuses on the specific dynamic risk factors of impulsivity, egocentrism, weak problem-solving / self-regulation skills, aggressiveness and deficits in critical reasoning and abstract thinking.

- Available at the following institutions:
 - Hiland Mountain Correctional Center, Eagle River
 - Lemon Creek Correctional Center, Juneau
 - Palmer Correctional Center, Palmer
 - Spring Creek Correctional Center, Seward
 - Wildwood Correctional Center, Kenai

Acute care psychiatric unit: This unit is an in-patient mental health treatment unit that provides 24-hour hospital-level psychiatric care for acutely and chronically mentally ill offenders. Inmates are placed on these units for stabilization, medication management, safety concerns and for observation and evaluation of diagnostic clarification. The unit is a highly structured therapeutic environment where patients are taught to build upon successes and prepare for functioning in other settings.

- Available at the following institutions:
 - Anchorage Correctional Complex, Anchorage
 - Hiland Mountain Correctional Center, Eagle River

Anger management: This is a structured, 8 to 12 week, program which assist the offender is identifying her/his anger and dealing with it in a health and productive manner.

- Available at the following institutions:
 - Anchorage Correctional Complex, Anchorage
 - Fairbanks Correctional Center, Fairbanks
 - Hiland Mountain Correctional Center, Eagle River
 - Hudson Correctional Facility, Hudson, CO
 - Lemon Creek Correctional Center, Juneau

- Mat-Su Pretrial, Palmer
- Palmer Correctional Center, Palmer
- Point Mackenzie Correctional Farm, Wasilla
- Spring Creek Correctional Center, Seward
- Wildwood Correctional Center, Kenai

Assess/Plan/Identify/Coordinate (APIC): This service provides case manager assistance with release planning and service coordination for offenders with mental illness who are returning to the community but who are not JAS or IDP+ eligible.

- Available in the community (statewide)

Contracted clinical services: Services are provided by a local community mental health clinician and include assessments, crisis intervention, and ongoing mental health treatment.

- Available at the following institutions:
 - Anvil Mountain Correctional Center, Nome
 - Ketchikan Correctional Center, Ketchikan

Jail Alternative Services (JAS): This service provides clinical supervision and case management for mentally ill misdemeanants released to court ordered community treatment.

- Available in the community (Anchorage and Fairbanks)

Institutional Discharge Project Plus (IDP+): This service provides legal and clinical supervision and case management to mentally ill felons released on parole/probation.

- Available in the community (statewide)

On-site clinical services: Services offered include suicide assessment and intervention, diagnostic assessment, psychiatric referral, treatment planning, counseling, community treatment referral, release planning, and medication monitoring.

- Available at the following institutions:
 - Anchorage Correctional Complex, Anchorage
 - Fairbanks Correctional Center, Fairbanks
 - Hiland Mountain Correctional Center, Eagle River
 - Hudson Correctional Facility, Hudson, CO
 - Lemon Creek Correctional Center, Juneau
 - Mat-Su Pretrial, Palmer
 - Palmer Correctional Center, Palmer
 - Spring Creek Correctional Center, Seward
 - Wildwood Correctional Center, Kenai
 - Yukon-Kuskokwim Correctional Center, Bethel

Sub-acute care unit: This unit is an in-patient mental health treatment unit that provides structured supportive environments for mentally ill offenders. Inmates are placed on this unit when they are not able to function well in general population due to their illness. The

sub-acute unit is a structured therapeutic environment that encourages individual growth and responsibility.

- Available at the following institutions:
 - Hiland Mountain Correctional Center, Eagle River
 - Palmer Correctional Center, Palmer
 - Spring Creek Correctional Center, Seward

Telepsychiatry: A system which enables qualified mental health providers to remotely deliver mental health services.

- Available at the following institutions:
 - Anvil Mountain Correctional Center, Nome
 - Fairbanks Correctional Center, Fairbanks
 - Ketchikan Correctional Center, Ketchikan
 - Lemon Creek Correctional Center, Juneau
 - Spring Creek Correctional Center, Seward
 - Wildwood Correctional Center, Kenai
 - Yukon-Kuskokwim Correctional Center, Bethel

SEX OFFENDER SERVICES

Residential sex offender treatment: This program is a two year; evidence-based group therapy that uses cognitive behavioral techniques to help convicted sex offenders lower their risk to re-offend. The therapist and offender identify criminogenic needs and high risk situations that lead to re-offending. The offender is then given skills or tools to avoid or deal with high risk situations. Program capacity is 24 participants at a time.

- Available at the following institutions:
 - Lemon Creek Correctional Center, Juneau
 - In the community (Bethel)

Outpatient sex offender treatment: This program, providing services up to two years, is an evidence based group therapy that uses cognitive behavioral techniques to help convicted sex offenders lower their risk to re-offend. The therapist and offender identify criminogenic needs and high risk situations that lead to re-offending. The offender is then given skills or tools to avoid or deal with high risk situations.

- Available at the following community locations:
 - Anchorage
 - Fairbanks
 - Juneau
 - Kenai
 - Ketchikan
 - Palmer

Sex offender assessments: These assessments consist of the latest validated risk scoring instruments, personality tests, IQ tests and mental health screening tools. The

information from the assessments is used to help monitor and provide the appropriate level of care for the offender.

- Available at the following institutions:
 - Anchorage Correctional Complex, Anchorage
 - Fairbanks Correctional Center, Fairbanks
 - Hiland Mountain Correctional Center, Eagle River
 - Hudson Correctional Facility, Hudson, CO
 - Lemon Creek Correctional Center, Juneau
 - Palmer Correctional Center, Palmer
 - Spring Creek Correctional Center, Seward
 - Wildwood Correctional Center, Kenai

OTHER PROGRAMS

Batter's intervention program: This 32-week program provides education for men serving time for a domestic violence conviction. The program is based on the Duluth Model which is a nationally recognized victim-safety centered program that uses skill building for the offender to learn how to have a healthy non-violent relationship.

- Available at the following institutions:
 - Fairbanks Correctional Center, Fairbanks
 - Lemon Creek Correctional Center, Juneau
 - Palmer Correctional Center, Palmer

Youthful Offender Program: This is an intensive program of rehabilitation for incarcerated youth up to 22 years of age. The program includes ongoing needs assessment, treatment planning, daily support, high school education programming operated by the Kenai School District, counseling and structured living. This program is available to pretrial and convicted youthful offenders.

- Available at the following institutions:
 - Spring Creek Correctional Center, Seward