



"Helping people live their own best lives."

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April 24, 2025

The Honorable Alyse Galvin
State Capitol Room 502
Juneau, AK 99801

RE: Letter of Support - HB 105 – Mental Health Education in K–12 Schools

Dear Representative Galvin,

JAMHI Health & Wellness is a non-profit, integrated health delivery system providing behavioral health, primary care, housing and wellness services in Juneau and throughout Alaska. As both a Federally Qualified Health Center Look-Alike (FQHC-LAL) and Certified Community Behavioral Health Clinic (CCBHC), delivering over 36,000 client services annually—JAMHI supports House Bill 105, which seeks to elevate the role of mental health education within Alaska's K–12 public school system.

For 40 years, JAMHI has observed how early, informed attention to mental health can change the trajectory of a young person's life. Many mental health conditions take root in childhood and adolescence. Without timely support, these challenges can escalate and impact every aspect of life. HB 105 addresses this by embedding age-appropriate, evidence-based mental health education into the K–12 curriculum—giving students the tools to understand and manage their mental well-being.

We applaud the bill's collaborative approach and emphasis on parental engagement. Its structured rollout and reporting requirements reflect thoughtful planning and accountability.

JAMHI is proud to support HB 105 as a meaningful investment in the resilience and future health of Alaska's youth. Thank you for your leadership and commitment to this vital issue.

Sincerely,

Joan Cahill
Joan Cahill (Apr 30, 2025 12:19 AKDT)

Joan Cahill
Chairman of the Board
JAMHI Health & Wellness, Inc.

Will Jemison

Will Jemison (Apr 30, 2025 12:26 PDT)

Dr. Will Jemison
Chief Executive Officer
JAMHI Health & Wellness, Inc.