

ALASKA STATE LEGISLATURE

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Serving Chugiak-Eagle River & Peters Creek

Sponsor Statement

House Concurrent Resolution 4, Version A

Proclaiming May 2025 as Myositis Awareness Month

Myositis is a rare autoimmune disease that causes a person's immune system to attack their muscles, resulting in chronic inflammation, weakness and pain. Myositis affects more than 50,000 Americans.

Myositis is often difficult to diagnose, causing treatment delays and diminished quality of life. Left untreated, some forms of myositis can be fatal.

While there is currently no cure, early detection, followed by appropriate and timely treatment, can put the disease into remission and improve quality of life for those with this disease.

House Concurrent Resolution 4 would raise Alaskans' awareness of this rare disease, by proclaiming May 2025 as "Myositis Awareness Month," and encouraging activities to build awareness.

Here in Alaska, HCR 4 could play a role in helping individuals recognize the symptoms of myositis and get treatment sooner. At the national level, it could also help promote further research into this rare disease, help doctors better understand its symptoms and treatment options, and bring hope to those affected.