

(CARRIE) ELAINE BORDER

OBJECTIVE FOR SERVING ON A BOARD: To assist the state of Alaska with maintaining and improving the mental health community by ensuring the highest standards of care and excellence in the mental health profession. I am a native-born Alaskan and want the state that I was born in, that I run a business in, and that I value to reach the highest potential of professional excellence.

Education

Masters of Education/Counseling May 2013 University of Alaska, Anchorage AK
Bachelors of Arts Elementary Education May 2009 University of Alaska, Anchorage AK

Professional Certifications and Licensure

- Licensed Professional Counselor: State of Alaska 1/30/ 2017 -to current (10/31/25)
- Special Services Certificate Endorsement: School Counselor: State of Alaska 9/11/13 - 5/30/19
- Professional Teacher Certificate: State of Alaska 6/17/12 - 5/30/18
- Hospice Compassion Care Training 2013
- Medical Billing Certification: 1992

Professional Identification Information

- Personal NPI # 1972906089 Border Counseling Services LLC NPI# 1689193740 (type II)
- LPC License # 118148 LPC-S 118148 CAQH # 13944132

Professional Training

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- Effective Group facilitation
- Safeguarding Supervision within the CE-CERT Model 1&2
- Dan Siegel Attachment
- Enhancing Clinician Experience and Reducing Trauma
- Serious Impact of ACES
- Personal Disclosure and Ethics
- Internal Family Systems Therapy (IFS)
- Working with the shadow in clinical practice
- Person-Centered Experiential Therapy
- Decolonizing Supervision
- APA Teletherapy Best Practices/ Teletherapy across state lines/ teletherapy knowledge.
- Clinical Supervision
- Treating the ADD Brain /ADHD beyond med 1&2
- Alaska Legal and Ethical Issues
- Oppositional, Defiant & Disruptive Children and Adolescents
- ADHD, ASD, ODD & Mood Disorders
- Treating Anxiety Disorders
- EMDR certification
- Alaskan Advanced Trauma Treatment Institute

Year	
2023	
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2016 2017	2024

- Dialectical Behavior Therapy
- The Power of Play: Proven Strategies for Trauma and Attachment in Children & Adolescents
- Sensory Motor Arousal Regulation Treatment Training (S.M.A.R.T)
- A Step by Step Approach to Treating Dissociative Children and Adolescents
- Sexual Addiction Seminar

2016	
2016	
2015	
2015	
2010	

Work History

Owner/Clinical Director/ LPC -Supervisor & therapist Border Counseling Services LLC

March 2017- to current

Provide clinical supervision for 6 therapists, clinical management regarding adheres to ethical legal and contractual documentation, clinic therapeutic training for skill development understand diagnostic criteria and ongoing professional development. Maintaining clinic HIPPA compliance. Oversight of all billing practices and compliance to contracts. Assigning clients to correct provider and oversight of clinical treatments. Providing therapy to individuals, children and couples.

Facilitation of group therapy for children and adults. Primary facilitator and supervising "Parenting the Love and Logic Way ®" parenting programs for clinic and community resource projects.

Family Services Clinician Anchorage Community Mental Health (ACMH) June 2015 - March 2017

Completed initial intake, and mental health assessments, determined appropriate DSM V diagnoses and created an effective treatment plan to assist children who are classified with severe emotional disturbance. Provide therapeutic interventions that support clients and their families with processing trauma, increasing parenting skills, developing improved interpersonal communication skills, and gaining emotional regulation. Coordinate care with other community professionals and agencies: case managers, OCS, school personnel, medical providers, and foster parents to assist clients with regulation across settings. Maintain client records, and treatment plans in an electronic healthcare system per compliance requirements.

On Target Directing Clinician Russian Jack Elementary (ACMH) Sept. 2014 - May 2015

Complete initial intake, mental health assessments, assign level of care and determine appropriate diagnoses and created effective treatment plan. Worked with school personnel and managed clinical associates to provide treatment objectives to clients to improve school behavior, and increasing social skills, and processing past trauma. Maintain accurate client records, and treatment plans.

School Interventionist Northwood ABC Elementary Aug. 2013 - May 2014

Provided educational and emotional support for grades 2nd through 6th grades. Created customized groups to meet learning objectives for identified students across all grade levels. Collaborated with teachers to support learning for specified classroom needs and assist students in achieving academic success and improve behavior issues.

5th grade teacher Susitna Elementary School Aug. 2010 – May 2011

Responsible for full-charge lesson planning, grading, and classroom instruction for highly diverse Title I classroom that included focus on social-emotional learning. Conducted quarterly parent-teacher conferences.

Substitute Teacher: Variety Anchorage Schools Aug. 2008 – May 2010

Substituted throughout the Anchorage School District on both short-term and long-term assignments across a wide variety of grades and subjects including special education life skill students with emotional disturbance.

President/Owner Advantage Medical Billing Services, Inc., 1998 – 2004

Owned operated and maintained a full-charge medical billing service and medical billing and training company. Managed full charge billing service with 7-10 employees. Expert knowledge of DSM/IV, ICD9 and CPT billing codes, specializing in Medicaid and Medicare billing procedures. Provided HIPPA compliance training to providers across the state of Alaska. Provided technical support and network services for 250 clients throughout the state of Alaska. Conducted medical billing training seminars and provided insurance billing solutions and expertise; Medisoft Billing Software Certified Platinum Dealership for the state of Alaska.

Internships

Hospice of Anchorage **Anchorage, AK.** **Jan. 2013 - Apr. 2013**

Bereavement Counselor Intern/Compassion Companion

Assist family and clients with end of life process and grief counseling. Helped facilitate adult grief group and worked with children ages 4-12 during grief group in the Forget Me Not Program.

Kincaid/ Campbell Elementary School **Anchorage, AK.** **Aug. 2012 - Apr. 2013**

School Counselor Internship Provided full-charge individual and group counseling for two school elementary schools, grades K-6. Worked with a diverse group of students which included ED students who were facing a wide range of issues including grief, divorce, death, trauma, emotional dysregulation and conflict with peers. Created and led specialized guidance lessons that met the needs of individual classrooms; formed and facilitated specialized student groups. Assisted teachers with behavior management of students, assisted with IEP meetings, mediator training and facilitation.

Scenic Park Elementary School, **Anchorage, AK** **Aug. 2008- Apr. 2009**

3rd & 4th Grade Classroom Intern Teacher: Lesson planning, grading and teaching for two grade levels. Managed a highly diverse student population. Taught social emotional learning which was integrated within all teaching lessons and format of classroom management.

Volunteer Experience

AKEELA: **Anchorage AK** **May 2018 to present**

Board Member: Attend quarterly meetings that define and oversee the mission of this organization and keep it relevant to the needs of our community. Approve programs and services and monitor their effectiveness. Provide strategic guidance to the organization and the CEO and ensure financial solvency and help raise resources. Serve on the program committee that provides clinical oversight to all programs and ensures efficacy. Chairman of the recruitment committee which includes coordinating meetings, recruitment communication with possible members, and creating documentation for committee need assessments.

Healing the Heart **Anchorage AK** **Oct. 2008 - Apr. 2015**

Group Facilitator: Assisted with teaching trauma-focused week-long, multi-faith workshop focused on assisting participants with addressing past emotional trauma affecting current life relationships. Lead and facilitate group discussions that promote acceptance and personal self-awareness. Assist with administrative planning and organizing workshops every quarter.

New Directions Alternative High School **Anchorage AK** **Aug. - Dec. 2011**

Volunteer U.S. History Teacher Taught a bi-weekly U.S History class for 12 high-needs students in Grades 9-12; provided emotional counseling and assistance when necessary. Responsible for all lesson planning, curriculum development, and classroom management and instruction

Personal Advocate for client with DID **Anchorage AK** **2005 – 2010**

Assisted one individual to complete a wide range of social and life skills, including shopping, personal finances, self-care and appropriate social interactions. Coordinated care with physical and mental health care providers, state financial agencies, and social security.