

#### **EDUCATION:**

Southern New Hampshire University- December 2016 Graduate Master's in Clinical Mental Health Counseling

Missouri University of Science and Technology - December 2012 Graduate Bachelor of Science in Psychology, with an emphasis in Psychology of Leadership Minor in Mathematics & Philosophy

#### **CERTIFICATION:**

Licensed Professional Counselor - Alaska

Licensed Professional Counselor Supervisor - Alaska

Master Addiction Counselor Certification NAADAC

Alaska Commission for Behavioral Health Certification in Chemical Dependency Counselor Supervisor (CDCS)

State of Alaska Qualified Addiction Professional

Foraker Group Lead Up Cohort 2023

**BLS Certified** 

#### QUALIFICATIONS SUMMARY:

- Excellent listening and leadership skills
- Detail oriented and strong decision-making skills
- Demonstrated skill in managing change and maintaining flexibility in a variety of challenging environments
- Ability to work in diverse teams and to communicate well with others.
- Trained in EMDR

#### **WORK HISTORY**

Catholic Social Services

#### **Chief Behavioral Health Officer**

Jan 25- Current

- Team leadership and staff mentoring
- · Strategic planning and policy development
- · Clinical leadership and quality improvement
- Integrating behavioral health services throughout programming

## Catholic Social Services

#### **Clinical Director of Behavioral Health Services**

April 23-Jan 25

- Assisting in the development and implementation of behavioral health services
- Managed a diverse team and provide clinical supervision to staff
- · Provide individual psychotherapy and crisis intervention to clients

#### Southcentral Foundation

# **Directing Clinician- Dena A Coy**

Aug 19- April 23

- Facilitate weekly group psychotherapy- Beyond Trauma and Progress and Barriers
- Provide individual psychotherapy to customer owners
- Complete comprehensive assessments
- Provide trauma informed care to customer owners

#### Providence Health & Services Anchorage, AK

April 17- Aug 19

# Mental Health Therapist- Providence Breakthrough

- Complete Intake Assessments
- Facilitate weekly process and psycho education groups for youth and adults
- Provide individual sessions for youth and adults
- Provide treatment recommendations to assessed clients
- Manage the assessment team and conduct Hospital Assessments
- Facilitate SAP assessments

#### Providence Health & Services Anchorage, AK

Jan 17- April 17

#### Mental Health Therapist - Crisis Recovery Center

# Facilitate daily group counseling sessions

- Tacilitate daily group counseling sessi
- Complete intake assessment

#### Providence Health & Services Anchorage, AK

#### Mental Health Specialist- Crisis Recovery Center

- Facilitate daily group counseling sessions
- Answer crisis calls and assist with crisis management
- Provide structure and safety by setting limits and developing therapeutic rapport

#### Rural Cap Anchorage, AK

# **Case Management Specialist**

May 15- Aug 15

Aug 15- Jan 16

- Assist with program development and implementation
- Outreach at shelters, camps, community resources
- Assist individuals with completing intake application and state housing voucher application
- Administer and score the Vulnerability Assessment Tool (VAT)

# Narcotic Drug Treatment Center, Inc Anchorage, AK

#### **Chemical Dependency Counselor**

Feb 13 - April 15

- Trained New Employees
- Facilitated weekly Relapse Prevention Group Counselling sessions
- Creates person centred treatment plans with clients
- Identify client needs based on the substance abuse assessment
- Knowledge of the principles of group and individual counseling and interviewing; local social service agencies; state management information system; and methadone treatment program philosophy and operation

## **VOLUNTEERING HISTORY**

Hospice of Anchorage

Sept 15- Sept 19

#### **Board of Directors Member** Secretary

May 17-Sept 19

- Volunteer Board Member
- **Attend Quarterly Meetings**
- Volunteer at HOA Events

Alaska Commission for Behavioural Health Certification (ACBHC)

Nov 16- Nov 18

#### Commissioner

- Approve ACBHC Certification Applications
- Deliberate on topics such as ethics, confidentiality, background checks, licensing and training requirements
- Attend ACBHC Commissioner Meetings and Special Teleconference Meetings

**REFERENCES:** Available upon request