



BEST BEGINNINGS
Alaska's Early Childhood Investment

RESOURCES

to help ensure all Alaska children begin school ready to succeed



Read, talk, sing, and play with your child - every day. The more words children are exposed to in their first few years, the better they fare in school and in life. Best Beginnings offers printable resources on its website as well as refrigerator magnets (free to Alaska residents) with this message to encourage families to make their words count!

StoryTRACKS are picture books on parade! Perfect for indoor and outdoor use, StoryTRACKS combines reading and physical activity to form the perfect fun-for-the-whole-family experience. Individual signs, each with a page from a children's book, are put up to create the story's path. Ten unique stories are free to check out. Pick up StoryTRACKS at Anchorage office.



Early Learning Activity Guides are filled with fun, brain-building activities for babies, toddlers, and preschoolers. Activities are based on Alaska's Early Learning Guidelines and use household items to make the most of early learning opportunities. Available in Yup'ik, Spanish, and English, Activity Guides are free and can be mailed within Alaska at no charge.

Help foster early learning and healthy development at home with *Babies on Track*. Featuring delightful imagery and video of Alaska babies and families, two board books and a short DVD give guidance to parents and caregivers and model behaviors that will give children the best possible start. A box of 40 sets is \$225 (includes shipping).



Resource Requests

To place an order for resource or request additional information, please visit BestBeginningsAlaska.org, email info@bestbeginningsalaska.org, or call 907.297.3300.