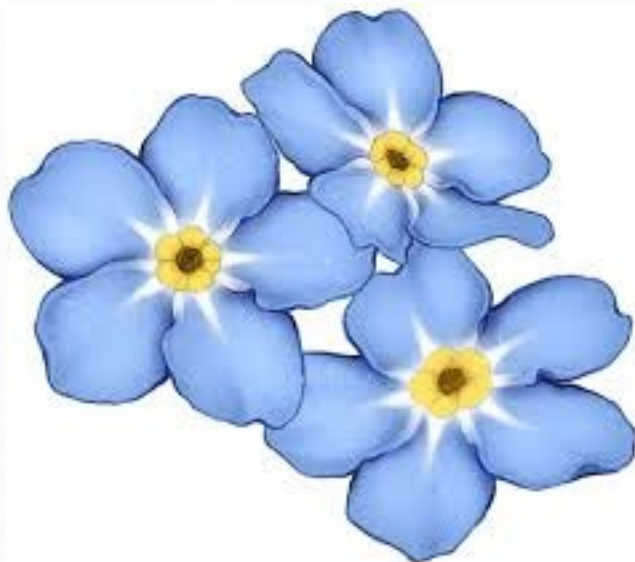

Lunch & Learn: Alzheimer's Disease & Related Dementias in Alaska

February 4, 2025

Presented by Kay Papakristo

Outreach Director

Alzheimer's Resource of Alaska



ADRD in Alaska

- Introduction
- Dementia & Alzheimer's Disease Overview
- National, State & Local Statistics
- Alzheimer's Resource of Alaska
- Questions

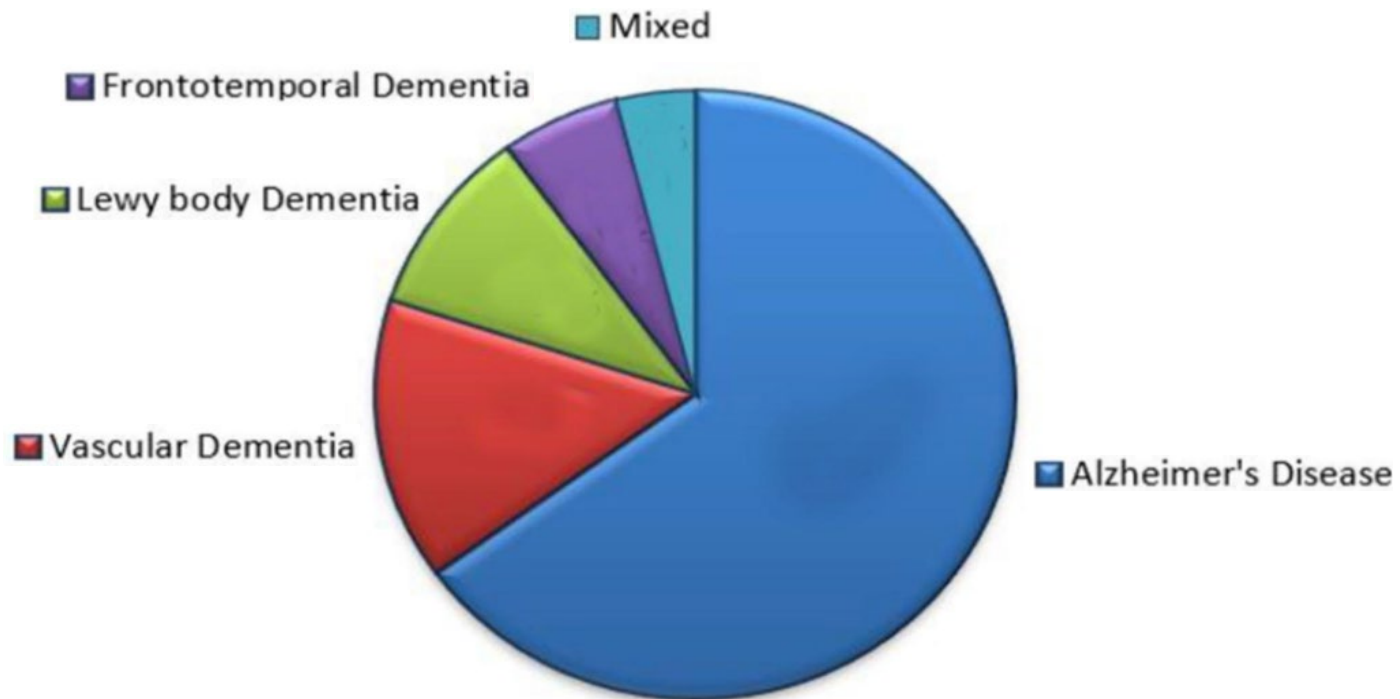
Why I'm here...



Dementia & Alzheimer's

What's the Difference?

- Dementia
- Alzheimer's disease
- ADRD (***Alzheimer's Disease & related dementias***)



SOURCE: Seniors First, <http://seniorsfirstbc.ca/for-professionals/dementia/>, 2021



National Statistics

- 4 million women & 2.5 million men live with Alzheimer's disease
- The number of individuals experiencing Alzheimer's disease is projected to increase to 13.8 million by 2060
- In 2022 the cost of Alzheimer's disease in the US was \$321 billion

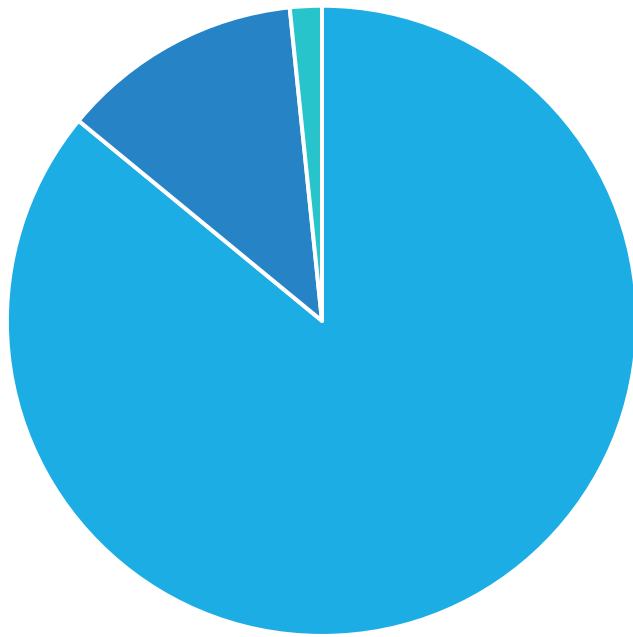


SOURCE: Alzheimer's Association, <https://www.alz.org/alzheimers-dementia/facts-figures>, 2024

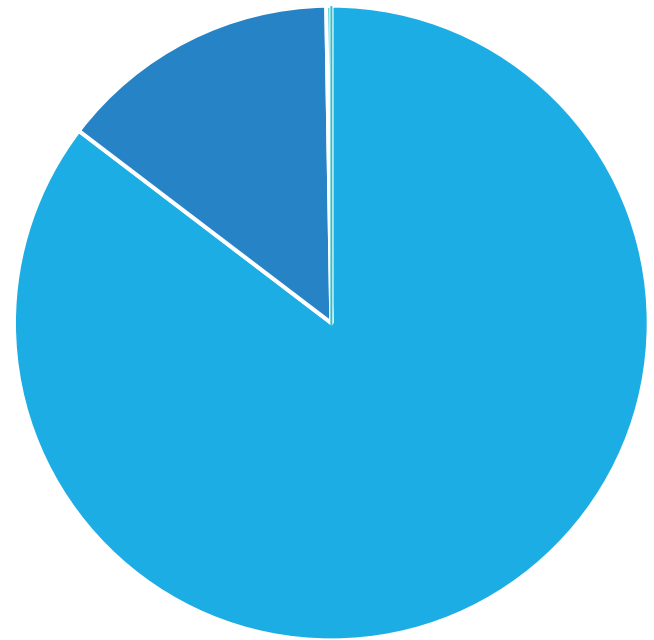


Elder Statistics in Alaska

Alaska has the fastest growing elder population per capita in the nation. Increased 68% between 2010 and 2022.



- Alaska General Population 2020
- Alaska Population Age 65+
- Indigenous Population in Alaska Age 65+



- US General Population 2020
- US Population Age 65+
- Indigenous Population in US Age 65+

SOURCE: ACOA, Senior Snapshot Older Alaskans, https://health.alaska.gov/acoa/Documents/ACoA_seniorsnapshot_2022.pdf, 2022. US Census Bureau, 2024.



Dementia in Alaska

- A 2016 study in *Alzheimer's & Dementia* found the incidence of dementia was highest among American Indians/Alaska Natives and African Americans compared to non-Hispanic whites.
- In 2021, **25 thousand** caregivers of people living with ADRD provided over **39 million** hours of care, valued at **\$795 million**.
- In 2023, the average cost of nursing home care in Alaska was over **\$400 thousand per year**, while the U.S. average was just under \$109 thousand per year.
- By 2030, Alzheimer's Disease and Related Dementias (ADRD) is projected to affected an estimated **23,900 Alaskan elders**.



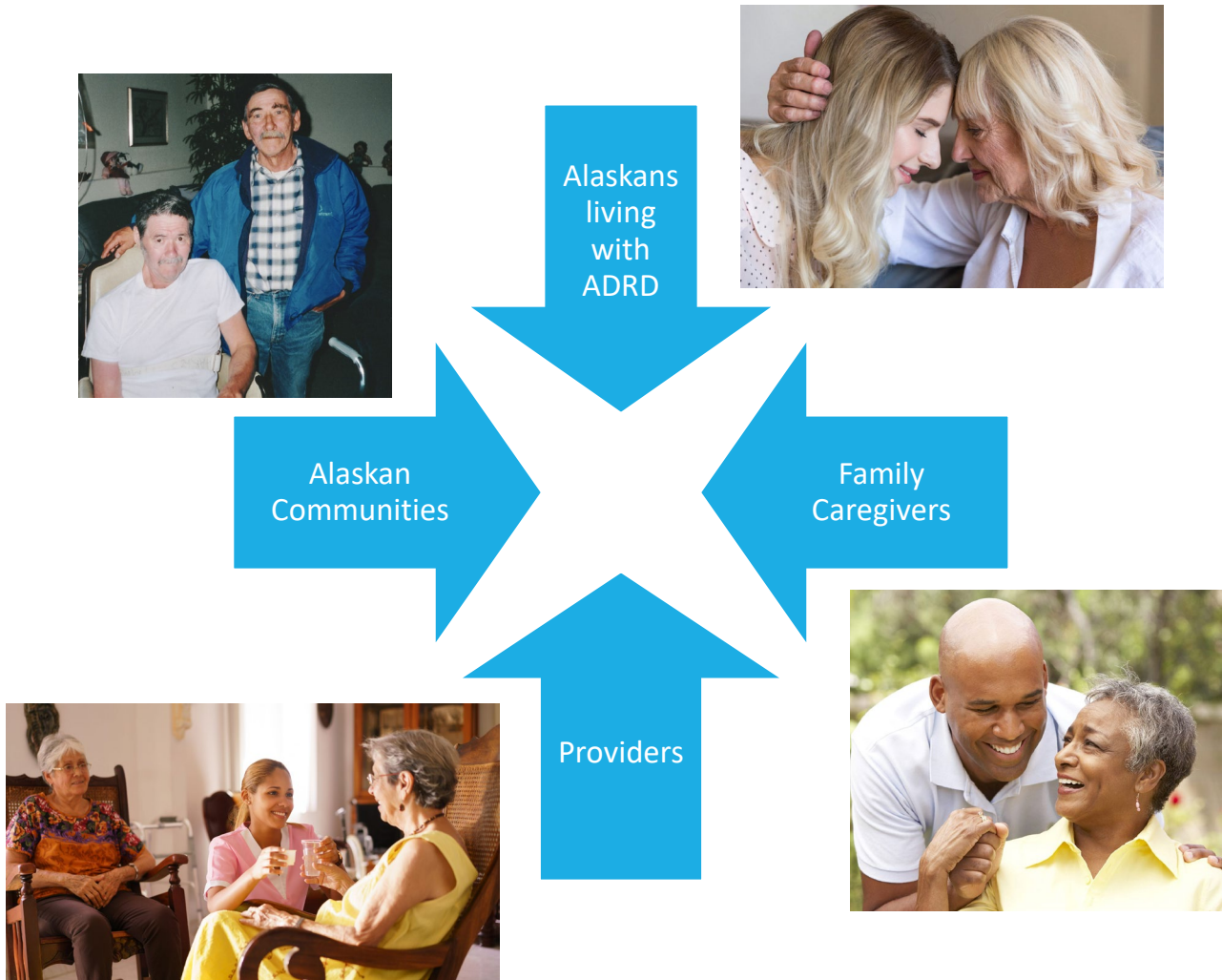
SOURCE: State of Alaska Department of Health and Human Services Alaska Commission on Aging. (June 24, 2019). The Alaska State Plan for Senior Services FFY 2020 – FFY 2023. Retrieved from http://dhss.alaska.gov/acoa/Documents/ACoA_StatePlan_FY2020-FY2023.pdf





Alzheimer's
Resource
of Alaska

Who We Serve



Where We Serve

- Anchorage, Matanuska-Susitna Valley, Fairbanks, Copper River Basin are staffed locations
- Care Coordination is offered in Anchorage and Matanuska-Susitna Valley
- Support, Education, Engagement Activities, Resource & Referral, Outreach, and Customized Presentations & Trainings offered **STATEWIDE**

Alaskans serving Alaskans since 1984!



What We Do

- Free Consultations
- Non-Dx Memory Screenings
- Resources & Referral
- Support Groups
- Education
- Engagement Activities
- Mini-Grants
- Virtual Dementia Tour
- Community Outreach
- Customized Presentations & Trainings
- Care Coordination



What we're doing to the growing ADRD Need in Alaska

- Expansion & Organizational Growth
- Collaboration with the Alzheimer's Association
- Program Enhancements & Accessibility
- Integrative Risk Reduction Strategies for Alaska
- Caregiver & Community Support Growth



Questions?

Thank you

Ahtna: *Mahsi'*

Alutiiq (Sugpiaq): *Quyanaa*

Siberian Yupik: *Yuyan*

Cup'ig: *Quyana*

Deg Xinag: *Mahsi'*

Dena'ina: *Chin'an*

Eyak: *'Awa'ahdah*

Gwich'in: *Mahsi' choo*

Haida: *Haw'aa*

Han Athabaskan: *Mahsi'*

Holikachuk: *Mahsi'*

Inupiaq: *Quyanaqpak*

Koyukon: *Baasee'*

Siberian Yupik: *Quyana*

Tanana: *Mahsi'*

Tanacross: *Tsin'ęę!*

Tlingit: *Gunalchéesh*

Tsimshian: *Nt'oyaxsn*

Unangam Tunuu: *Qağaasakung*

Upper Tanana: *Mahsi'*

Wet'ał: *If you know, please teach us. We are grateful.*

Yup'ik: *Quyana caknek*



Contact us



**Alzheimer's
Resource
of Alaska**



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ALL funds raised in Alaska, stay in Alaska to serve Alaskans. Support our Elders!

