

Suicide Data: United States

Suicide is a public health problem and leading cause of death in the United States. Suicide can also be prevented – more investment in suicide prevention, education, and research will prevent the untimely deaths of thousands of Americans each year. Unless otherwise noted, this fact sheet reports 2020 data from the CDC, the most current verified data available at time of publication (February 2022).

45,979 Americans

died by suicide making it the **12th leading cause of death**.



- **3rd** leading cause of death for ages 10-19
- **2nd** leading cause of death for ages 20-34
- **4th** leading cause of death for ages 35-44
- **Over one third** of people who died by suicide were 55 or older



10% of adult Americans have thought about suicide.

1.2 million Americans attempted suicide.

54% of Americans have been affected by suicide in some way.

Men died by suicide **3.9x** more often than females.

Females were **1.8x** more likely to attempt suicide.

54% of firearm deaths were suicides.

53% of all suicides were by firearms.

In 2019, the suicide rate was **1.5x higher for Veterans** than for non-Veteran adults over the age of 18.



90% of those who died by suicide had a **diagnosable mental health condition** at the time of their death.

46% of Americans ages 18+ living with a mental health condition received treatment in the past year.

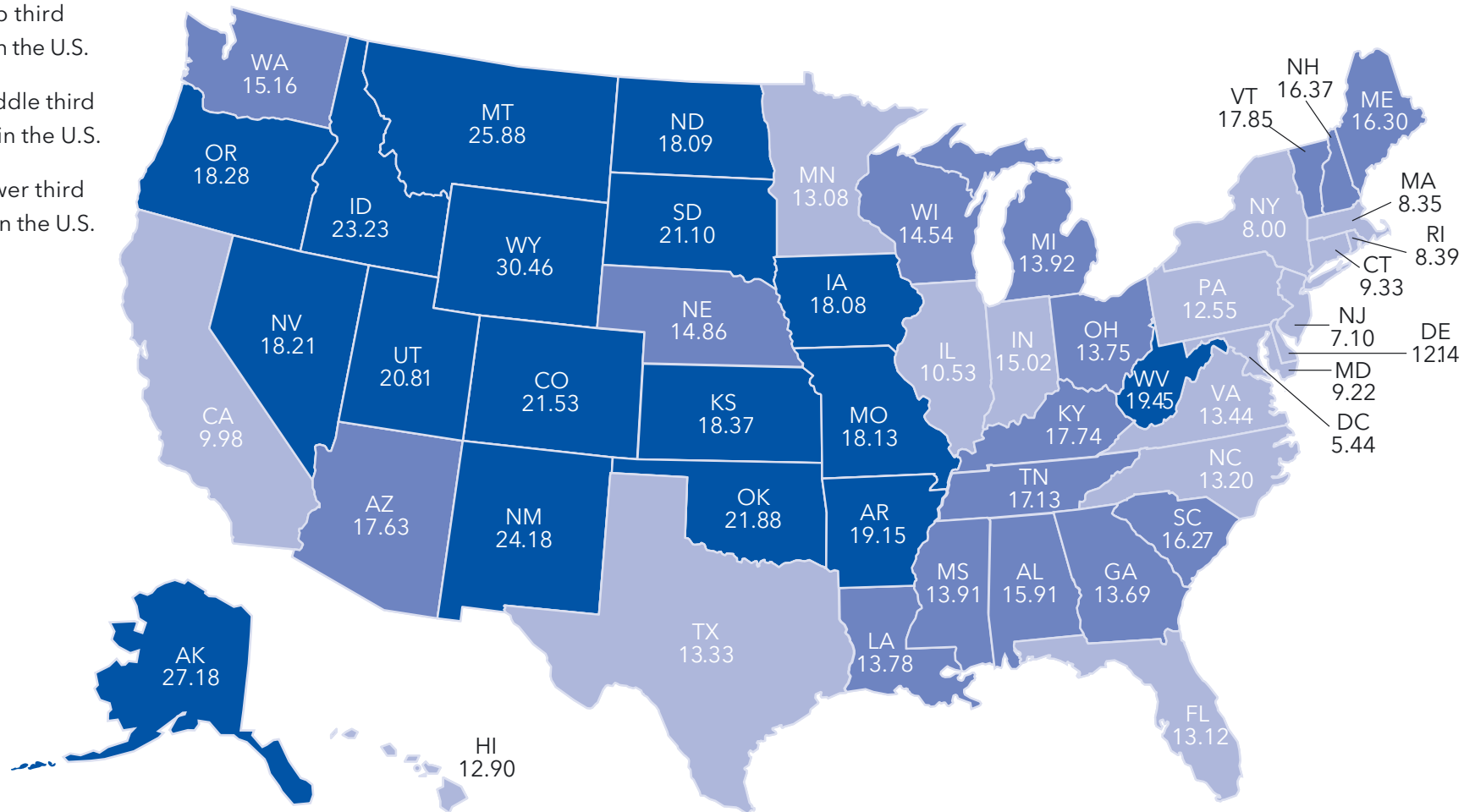
72% of communities in the United States did not have enough mental health providers to serve residents in 2021, according to federal guidelines.



See full list of citations at afsp.org/statistics.

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- States in the top third of suicide rates in the U.S.
- States in the middle third of suicide rates in the U.S.
- States in the lower third of suicide rates in the U.S.



See full list of citations at afsp.org/statistics.