

Arizona

**AC R4-19-802. CNA Program Requirements**

10. Care of the cognitively impaired patient or resident including;
  - a. Understanding and addressing the unique needs and behaviors of patients or residents with **dementia** or other cognitive impairment,
  - b. Communicating with cognitively impaired patients or residents,
  - c. Reducing the effects of cognitive impairment, and
  - d. Appropriate responses to the behavior of cognitively impaired individuals.

Delaware

**16-3000-3220 Del. Admin. Code § 3.0 CNA Training Program Requirements.**

3.3.3.1 Demonstrate basic skills by identifying the psychosocial characteristics of the populations being served in the nursing facility including persons with mental retardation, mental illness and persons with **dementia, Alzheimer's disease**, developmental disabilities and other related disorders.

**Section 2.0 General Training Requirements and Competency Test.**

2.4 In order to qualify for recertification, a CNA must, during each 24 month certification period: (1) complete 24 hours of approved continuing education including **6 hours of dementia training** and 2 hours of patient abuse prevention training

2.4.1 The CNAs dementia specific training shall include:

2.4.1.1 communicating with persons diagnosed as having **Alzheimer's disease or other forms of dementia**; the psychological, social, and physical needs of those persons; and

2.4.1.2 safety measures which need to be taken with those persons; and

2.4.1.3 prevention of patient abuse that shall include: definitions and signs and symptoms of abuse and neglect, reporting requirements and prevention strategies.

Illinois

**AC Title 77 Section 395.300 Basic Nursing Assistant Training Program**

2) **Alzheimer's Disease.** Objectives: upon completion of this unit, the student will be able to:

A) Describe the physical changes that occur as the person progresses through **Alzheimer's Disease**; and  
B) List the signs and symptoms of **Alzheimer's Disease**.

3) Impacts of Cognitive Impairments. Objectives: upon completion of this unit, the student will be able to describe the impact of cognitive impairment on society, the family and the individual.

4) State and Federal Regulations. Objectives: upon completion of this unit, the student will be able to discuss current State and federal regulations related to the care of the person with **dementia**.

Iowa

**81.16(3) Requirements for approval of a nurse aide training and competency evaluation program.**

(4) Mental health and social service needs:

1. Modifying aide's behavior in response to residents' behavior.
2. Awareness of developmental tasks associated with the aging process.
3. How to respond to resident behavior.
4. Allowing the resident to make personal choices, providing and reinforcing other behavior consistent with the resident's dignity.

(5) Care of cognitively impaired residents:

1. Techniques for addressing the unique needs and behaviors of persons with dementia (Alzheimer's and others).
2. Communicating with cognitively impaired residents.
3. Understanding the behavior of cognitively impaired residents. Appropriate responses to the behavior of cognitively impaired residents.
4. Methods of reducing the effects of cognitive impairments.

Missouri

**198.082. Nursing assistant training programs**

(1) A training program consisting of at least seventy-five classroom hours of training on basic nursing skills, clinical practice, resident safety and rights, the social and psychological problems of residents, and the methods of handling and caring for mentally confused residents such as those with Alzheimer's disease and related disorders, and one hundred hours supervised and on-the-job training.

Nebraska

**172 AC Chapter 108 Section 003 Nursing Assistant Training Programs**

5. Care of cognitively impaired residents:

- a. Techniques for addressing the unique needs and behaviors of individual with dementia (Alzheimer's and others);
- b. Communicating with cognitively impaired residents;
- c. Understanding the behavior of cognitively impaired residents;
- d. Appropriate responses to the behavior of cognitively impaired residents; and
- e. Methods of reducing the effects of cognitive impairments.

## Rhode Island

### **Code 31-5-26 Appendix II. Curriculum Outline Basic Nursing Assistant Training Program**

#### **PART V CARE OF PATIENTS WITH SPECIFIC PROBLEMS**

- Techniques for addressing the unique needs and behaviors of individuals with dementia (Alzheimer's disease and others)
- Communicating with patients
- Understanding behavior
- Appropriate responses to behavior
- Methods for reducing the effects of cognitive impairment

## Wisconsin

### **441-81.16(249A) Nurse aide requirements and training and testing programs.**

#### **(5) Care of cognitively impaired residents:**

1. Techniques for addressing the unique needs and behaviors of persons with dementia (Alzheimer's and others).
2. Communicating with cognitively impaired residents.
3. Understanding the behavior of cognitively impaired residents.
4. Appropriate responses to the behavior of cognitively impaired residents.
5. Methods of reducing the effects of cognitive impairments.

## Texas

### **§ 19.1929. Required Training of Nurse Aides**

(2) Each registered nurse, licensed vocational nurse, and nurse aide (nurse assistant) who provides nursing services must receive at least one hour of training each year in caring for people who have dementia.

(3) Nursing staff, licensed nurses, and nurse aides must receive annual in-service training which includes components, appropriate to their job responsibilities, from one or more of the following categories:

- (A) communication techniques and skills useful when providing geriatric care, such as skills for communicating with the hearing impaired, visually impaired and cognitively impaired; therapeutic touch; and recognizing communication that indicates psychological abuse;

### **§ 250.0035. Training Requirements; Continuing Education**

(c) To renew a nurse aide's listing on the registry, the nurse aide must complete at least 24 hours of in-service education every two years, including training in geriatrics and, if applicable, in the care of patients with Alzheimer's disease.

Virgina

**18VAC90-26-40 Regulations for Nurse Aide Education Programs**

2. Care of the cognitively impaired client.

- a. Signs and symptoms of dementia;
- b. Concepts and techniques for addressing the unique needs and behaviors of individuals with dementia, including agitation, combativeness, sundown syndrome, wandering, and forgetfulness;
- c. Basic concepts of communication with cognitively impaired clients, including techniques to reduce the effects of cognitive impairment;
- d. Basic concepts of behavior management with cognitively impaired clients; and
- e. Recognizing changes in the client's condition and reporting and documenting such changes.

Washington

**AC 246-841-400 Standards of practice and competencies for nursing assistants.**

- (4) Care of cognitively impaired residents. A nursing assistant demonstrates basic care of cognitively impaired clients or residents. A nursing assistant:
  - (a) Uses techniques for addressing the unique needs and behaviors of individuals with cognitive impairment including Alzheimer's, dementia, delirium, developmental disabilities, mental illnesses and other conditions.
  - (b) Communicates with cognitively impaired clients or residents in a manner appropriate to their needs.
  - (c) Demonstrates sensitivity to the behavior of cognitively impaired clients or residents.
  - (d) Appropriately responds to the behavior of cognitively impaired clients or residents.