

# ACT Policy Framework – CDC Prevention of ACEs

Strategy	Approach
<b>Strengthen economic supports to families</b>	<ul style="list-style-type: none"> <li>• Strengthening household financial security</li> <li>• Family-friendly work policies</li> </ul>
<b>Promote social norms that protect against violence and adversity</b>	<ul style="list-style-type: none"> <li>• Public education campaigns</li> <li>• Legislative approaches to reduce corporal punishment</li> <li>• Bystander approaches</li> <li>• Men and boys as allies in prevention</li> </ul>
<b>Ensure a strong start for children</b>	<ul style="list-style-type: none"> <li>• Early childhood home visitation</li> <li>• High-quality child care</li> <li>• Preschool enrichment with family engagement</li> </ul>
<b>Teach skills</b>	<ul style="list-style-type: none"> <li>• Social-emotional learning</li> <li>• Safe dating and healthy relationship skill programs</li> <li>• Parenting skills and family relationship approaches</li> </ul>
<b>Connect youth to caring adults and activities</b>	<ul style="list-style-type: none"> <li>• Mentoring programs</li> <li>• After-school programs</li> </ul>
<b>Intervene to lessen immediate and long-term harms</b>	<ul style="list-style-type: none"> <li>• Enhanced primary care</li> <li>• Victim-centered services</li> <li>• Treatment to lessen the harms of ACEs</li> <li>• Treatment to prevent problem behavior and future involvement in violence</li> <li>• Family-centered treatment for substance use disorders</li> </ul>



# What is Afterschool?

Structured activities and programs:

- Occur during the out-of-school time hours
- Group setting
- Connections with a supportive adult that build skills for life



# ACT Policy Recommendations

## Family Economic Well-Being

- One-Stop Portal (South Carolina – First Five)
- Paid Family Leave
- Family Resource Centers
- Build on the work of the Child Care Task Force by developing recommendations for families with school-age children

## Healthy Kids and Families

- Multi-year continuous eligibility for Medicaid
- Expand access to youth mental health and wellness programming in out-of-school times



# ACT Policy Recommendations

## Educational Foundations for Success

- Expand AK Reads Pre-K opportunities to include child care and Head Start providers
- Include comprehensive afterschool in AK Read and align interventions with community-based summer enrichment programs
- Expand access to comprehensive afterschool and summer enrichment programs through education funding and reform bills



# ACT Policy Recommendations

## Strengthening Communities and Families

- Ensure the Marijuana Education Treatment Fund is funded and prioritizes youth prevention grants
- Leverage afterschool as a career pathway for teacher preparation programs to address statewide teacher shortage
- Online safety curriculum added to the Alaska Safe Children's Act

## Accountable and Sustainable Systems

- Incorporate afterschool into digital equity plan
- Increase accountability and stakeholder involvement in the design and quality improvement of Alaska's youth behavioral health system

