

ACT Policy Framework – CDC Prevention of ACEs

Strategy	Approach
Strengthen economic supports to families	<ul style="list-style-type: none">• Strengthening household financial security• Family-friendly work policies
Promote social norms that protect against violence and adversity	<ul style="list-style-type: none">• Public education campaigns• Legislative approaches to reduce corporal punishment• Bystander approaches• Men and boys as allies in prevention
Ensure a strong start for children	<ul style="list-style-type: none">• Early childhood home visitation• High-quality child care• Preschool enrichment with family engagement
Teach skills	<ul style="list-style-type: none">• Social-emotional learning• Safe dating and healthy relationship skill programs• Parenting skills and family relationship approaches
Connect youth to caring adults and activities	<ul style="list-style-type: none">• Mentoring programs• After-school programs
Intervene to lessen immediate and long-term harms	<ul style="list-style-type: none">• Enhanced primary care• Victim-centered services• Treatment to lessen the harms of ACEs• Treatment to prevent problem behavior and future involvement in violence• Family-centered treatment for substance use disorders





What is Afterschool?

Structured activities and programs:

- Occur during the out-of-school time hours
- Group setting
- Connections with a supportive adult that build skills for life



ACT Policy Recommendations

Family Economic Well-Being

- One-Stop Portal (South Carolina – First Five)
- Paid Family Leave
- Family Resource Centers
- Build on the work of the Child Care Task Force by developing recommendations for families with school-age children

Healthy Kids and Families

- Multi-year continuous eligibility for Medicaid
- Expand access to youth mental health and wellness programming in out-of-school times



ACT Policy Recommendations

Educational Foundations for Success

- Expand AK Reads Pre-K opportunities to include child care and Head Start providers
- Include comprehensive afterschool in AK Read and align interventions with community-based summer enrichment programs
- Expand access to comprehensive afterschool and summer enrichment programs through education funding and reform bills



ACT Policy Recommendations

Strengthening Communities and Families

- Ensure the Marijuana Education Treatment Fund is funded and prioritizes youth prevention grants
- Leverage afterschool as a career pathway for teacher preparation programs to address statewide teacher shortage
- Online safety curriculum added to the Alaska Safe Children's Act



Accountable and Sustainable Systems

- Incorporate afterschool into digital equity plan
- Increase accountability and stakeholder involvement in the design and quality improvement of Alaska's youth behavioral health system

