

Senate Bill 221

CPR Curriculum



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SENATE EDUCATION

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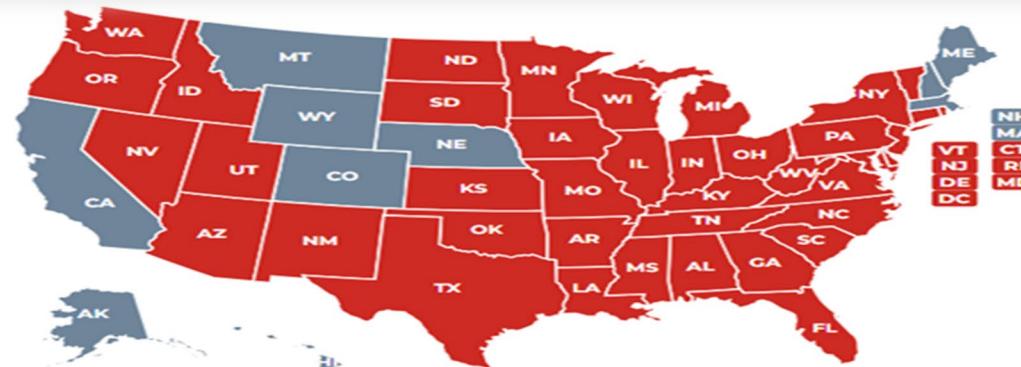


What is CPR? Importance of Early CPR

- **Cardiopulmonary Resuscitation** is a first aid technique to help people who suffer a cardiac arrest (their heart stops beating).
- It involves doing chest compressions.
- Aids in the circulation of oxygenated blood around the body to maintain the brain and vital organs until advance medical help arrives .
- If performed immediately, CPR can double or triple a victim's chances of survival.

A little background

- Currently 40 states have a bill that requires students to have CPR training before graduating high school.
- Alabama passed a similar bill in 1984.
- Florida was the last state to adopt a similar bill in 2021.



* CA - California passed legislation requiring students enrolled in a health class learn CPR. This legislation covers 89% of the student population.

TRAINED STUDENTS SAVE LIVES

- Sudden Cardiac Arrest is a leading cause of death in the US—but bystander CPR can double or triple the survival rate.
- Training students in CPR requires minimal investment in time and cost. According to the latest science, trainees can achieve acceptable levels of CPR skills proficiency in 30 minutes or less.
- Pierson High School in Sag Harbor, NY began its CPR program in 1994. Amazingly, at least 16 lives have been saved so far because these students used their CPR skills in the real world!

What does SB 221 do?

- It will require schools to develop and implement curricula to instruct public school students on hands-only cardiopulmonary resuscitation (CPR).
- The curricula must :
- Be based on current national, evidence-based emergency cardiovascular care guidelines for cardiopulmonary resuscitation.
- Incorporate hands-on practice in addition to cognitive learning.
- Include instruction in the appropriate use of an AED (automated external defibrillator), which may be taught using video or other means if in-person instruction is not available.

Resources

- www.cpr.heart.org

Thank you