Provider Network Minimum Standards for Health Insurers

Ensuring Needed Health Care for Alaskans

What is a Narrow Provider Network?

A narrow provider network includes only a subset of available providers:

Typically, no or very limited benefits provided for nonnetwork providers

Insurers use this tactic to reduce costs oby:

Sometimes up to 80% of available providers excluded

Pitting providers against one another to get lower contract rates

Making it more difficult for patients to access needed care

Why Does Alaska Need Minimum Network Standards?

- All of Alaska is a federally designated healthcare professional shortage area.
- With provider availability already limited, a subset of providers is unlikely to meet patients' needs for care.
- National Association of Insurance Commissioners (NAIC) found network minimums the most important factor to promote well- functioning health care and health insurance markets – 38 states and territories have standards.
- Alaska has no state-defined minimum network standards.
- A leading insurer has publicly stated a desire for narrow network products in Alaska.

Impact of Narrow Networks

- Limits access to needed care, particularly specialists, causing Alaskans to travel Outside.
- Creates long waits for care, harming patients by delaying needed treatment.
- Difficult for consumers to judge if a network is adequate when buying a plan especially hard to predict what specialists they may need.
- Financially harms providers excluded from networks leading to practice closures.
- Inevitable closure of practices would make provider shortages worse



- State can adopt network minimum standards as recommended by the NAIC:
 - Simple standards adapted to geography, population distribution and availability of providers in Alaska.
 - Provisions made for phase in of standards for insurers to become compliant.
 - Standards defined to maintain access across specialties.
 - Helps restore balance at the bargaining table.
- SB 122 provides for the adoption of Alaska-specific standards.