

Lunch & Learn

Alaska's Health Care System: Perspectives on Access

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ALASKA STATE **HOSPITAL &
NURSING HOME** ASSOCIATION

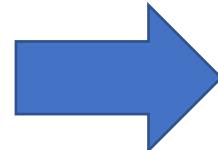


What are we working with?

26 Hospitals in Alaska

- 3 general acute care hospitals
- 5 sole community hospitals
- 13 critical access hospitals
- 5 specialty hospitals

1,500 acute care beds (160 ICU)

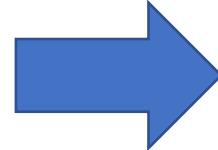


Takeaways

- 2.0 beds per 1,000 Alaskans (national avg is 2.5)
- >50% of AK hospitals are CAHs
- 21% beds not accessible by road

20 Nursing Homes in Alaska

- 6 standalone facilities
- 14 co-located facilities



Takeaways

- Fewest facilities, beds per facility, beds per capita in U.S.

Limitations don't stop there

Alaska ranks next to last in the country for I/P psychiatric beds

- 11 beds per 100,000 residents (national average is 53)

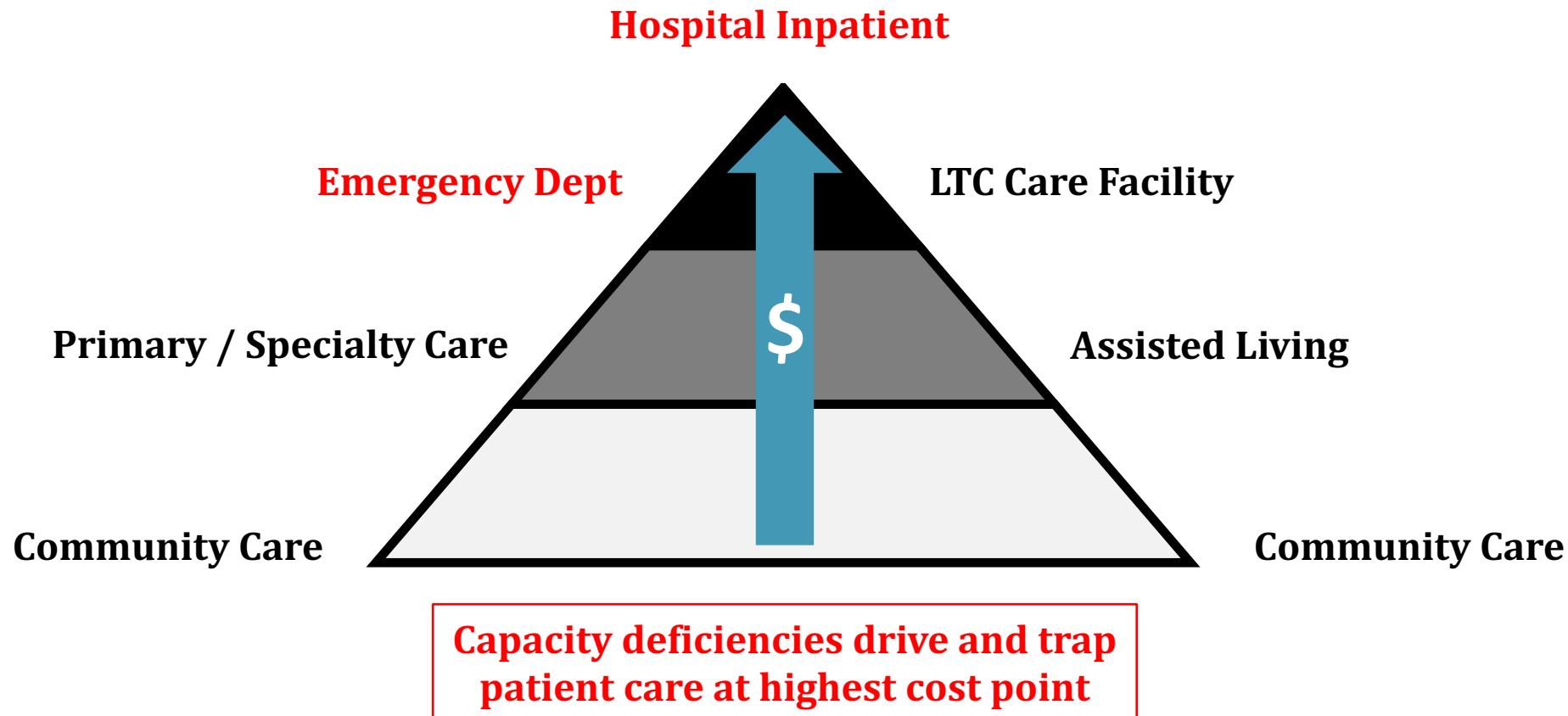
0 adolescent psychiatric beds for involuntary commitments since 2019

- API is gradually reopening 10-bed unit starting this May

0 specialty long-term care facilities

- Alzheimer's memory care facilities
- Geriatric psychiatric and chemical dependency

Alaska's Continuum



How to balance access with budget

Health care is a viable sector for economic recovery

- Pre-COVID, hospitals and nursing homes contributed \$4.5 billion to Alaska's economy

Medicaid reimbursement is always hot topic

- “Government programs [i.e. Medicare and Medicaid] often pay hospitals less than the actual cost of patient treatment, causing hospitals to lose revenue.” -Definitive HealthCare, August 2019

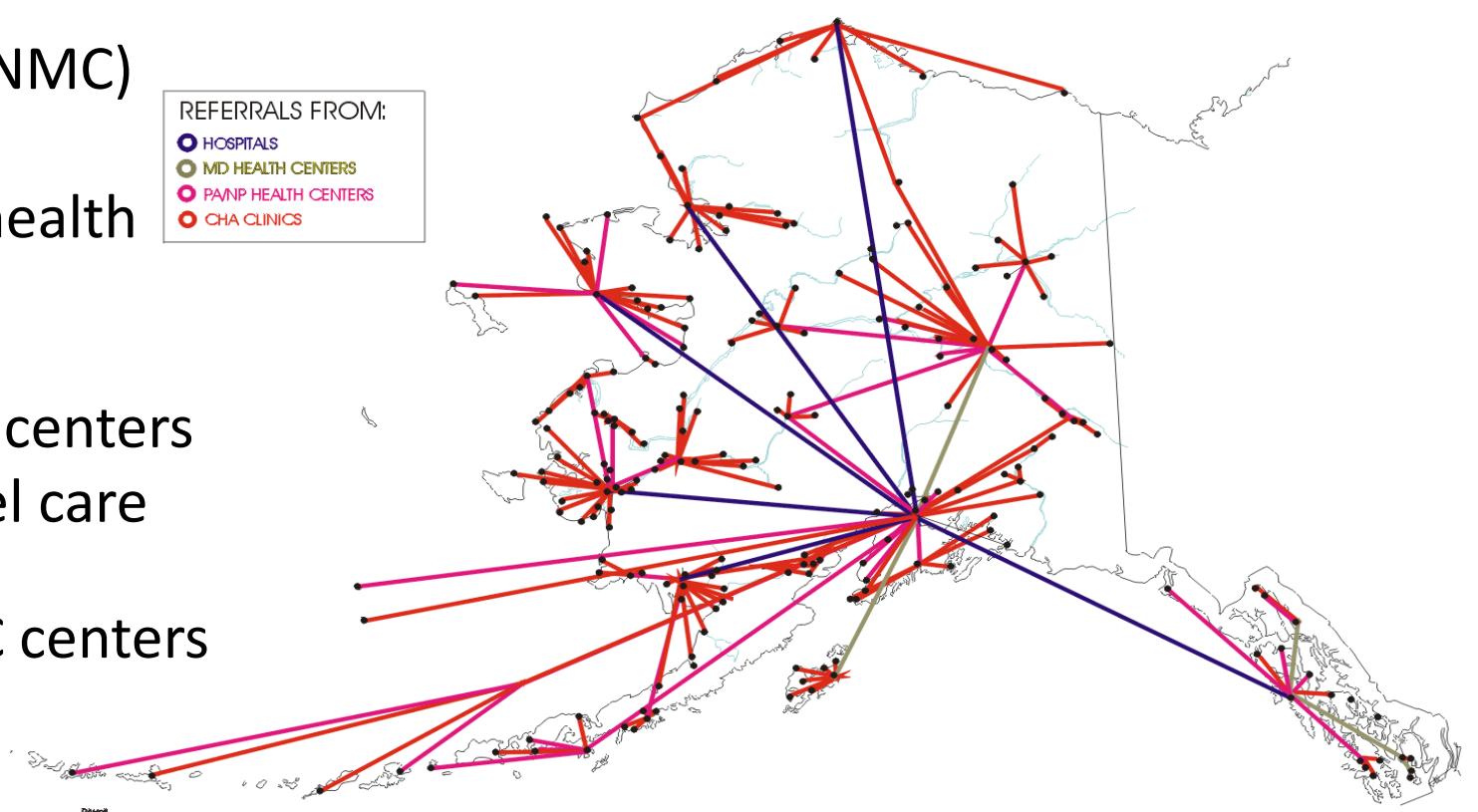
Prioritize Medicaid demonstration projects

- Approximately 25% of the Medicaid population accounts for 75% of the spend
- Example: care coordination for high utilizers
- Ready to partner with DHSS to pursue at least 2 full-scale projects

Alaska Tribal Health System

- ATHS serves over 177,000 Alaska Natives or American Indians
- ATHS is made up of
 - 1 tertiary care center (ANMC)
 - 6 regional hospitals
 - 4 dedicated behavioral health centers
 - 5 LTC Facilities
 - 4 multi-physician health centers
 - 27 sub-regional mid-level care centers
 - 171 small community PC centers
- State Partner

Typical Referral Patterns



ATHS & the Alaska Public Health System

- The ATHS is a vital part of the Alaska Public Health System.
- Vaccination Administrators
- Public Health Monitoring
- Water and Sanitation
- Epidemiology
- COVID-19 Response
 - Testing
 - Vaccination
 - Data Reporting





Serving More Alaskans

- Partnership with Alaska VA Health System
 - From 6 points of care to over 200 points of care for AK Veterans
- Working to expand services in Rural Alaska
- Economic Driver (Data from 2017)
 - 5% of the AK economy
 - 18,000 jobs generated
 - \$2.4 billion output into State Economy

