

## The Alaska Department of Corrections Sex Offender Management Program

### The Containment Model

In 2002, the Alaska Department of Corrections (ADOC) adopted the nationally recognized evidence based Containment Model for supervision of convicted sex offenders released into the community. The ADOC mandates that sex offender treatment and management be based on a cognitive-behavioral approach with relapse prevention measures. The Containment Model consists of a team that at a minimum consists of a Probation/Parole Officer, the sex offender treatment provider and a polygrapher. This enables the offender to be surrounded or contained on all sides by specialized trained professionals. This model produces a more comprehensive picture of the offender's problems, needs, strengths and progress through active communication between the team and the information learned through the polygraph.

- The majority of states use this model for sex offender supervision.
- The Association for the Treatment of Sexual Abusers, the nationally organization of experts in this field, recommends that the Containment Model be used in community supervision.
- Recognized studies show that this type of treatment was the most effective in lowering an offender's risk to reoffend.
- Cognitive behavioral treatment with relapse prevention models are nationally recognized as the best tools available to lower an offender's risk to reoffend.

Additional studies support the efficacy of the ADOC's Containment Model:

- Maricopa County Probation Office, Arizona found sex offenders who completed cognitive-behavioral treatment and were supervised using the Containment Model re-offended sexually at a rate of 2.2% with a general recidivism rate of 13.1%.
- A meta-analysis by Hanson (2002) found sex offenders re-offended sexually on average of 9.9% and had a 32% rate of violating general conditions of probation or parole when supervised by the Containment Model and involved in sex offender treatment. If not involved in treatment, the risk to re-offend sexually rises to 17% and general re-offending rising to 51%.
- A December 2002, article in Psychiatry News concluded that more than 80% of 626 convicted sex offenders who had undergone treatment, do not re-offend within 15 years.
- When treatment programs are compared with criminal justice sanctions, the findings show treatment is more likely to reduce sexual recidivism. Detailed analyses of types of sanctions show no one particular sanction as effective in reducing risk. (Bonta 1997-2001)
- An Abrams and Ogard study demonstrated recidivism for group **without polygraph** examinations at **74 %** compared to recidivism rate of **31%** for group **with polygraph** examination.

**Polygraph Examinations are currently being conducted on sex offender probationers two-times per year in the following communities:**

Anchorage (polygraper present approximately twice a month)  
Palmer (polygraper present approximately three times a year)  
Kenai (polygraper present approximately twice a year)  
Fairbanks (polygraper present approximately four times a year)  
Juneau (polygraper present approximately three a year)  
Ketchikan (polygraper present twice a year)  
Bethel (polygraper present approximately four times a year)  
Barrow (polygraper present approximately twice a year)

Will be used statewide by May of 2011 (scheduled twice a year for Nome, Dillingham, Kotzebue and Sitka).

**Paying for Treatment:**

The Director of Probation & Parole requires that effective February 1, 2011, the first 90 days of treatment will be paid by ADOC. After that, probation will conduct an extensive financial review so with the expectation that the offender will pay for a portion, if not all, of his treatment costs. The ADOC will review an offender's ability to pay every 90 days.

**Treatment:**

Prison Program: Lemon Creek Correctional Complex Started in January 2010  
Serves: 19 men with one sex offender therapist. Wait list is approximately 5 men long.

Tundra Center: CRC program in Bethel Alaska  
Serves: 24 men with 1 treatment provider. Wait list is approximately 10 men long

Community Groups:

*Anchorage:* 65 offenders served by 4 providers. Wait list is approximately 12 months long (also serve sex offenders who have been diagnosed with FAS, FASD, or developmentally delayed)

*Palmer:* 10 offenders served by 1 provider. Wait list is approximately 4 months long

*Ketchikan:* 10 offenders served by 1 provider. No wait list

*Fairbanks:* 20 offenders served by 1 provider. Wait list is approximately 3 months

*Bethel:* 8 men served by 1 provider. No wait list

Total men in treatment in the community Statewide: 137

Total number of men on a wait list for sex offender treatment statewide: 150 men

**Future treatment plans:**

Female Sex Offender Program to begin at Hiland Mountain in approximately 90 days.  
Juneau community treatment provider: The ADOC will be hiring in the next 30 days.  
Kenai: The ADOC has been unable to fill this position as no qualified provider has applied.

**Department of Corrections  
Sex Offender Management  
Polygraph Counts**

**Sex Offender Polygraphs - FY 2010**

**Anchorage**

MM	362
SH	22
SI	14
Total:	398

**Fairbanks**

MM	31
SH	21
SI	26
Total:	78

**Palmer**

MM	37
SH	14
SI	2
Total:	53

**Juneau**

MM	36
SH	0
SI	2
Total:	38

**Kenai**

MM	27
SH	13
SI	4
Total:	44

**Ketchikan**

MM	8
SH	13
SI	1
Total:	22

**Bethel**

MM	26
SH	8
SI	1
Total:	35

**Lemon Creek Correctional Center**

MM	0
SH	68
SI	0
Total:	68

Institutional Sex Offender Management Program

**FY2010 Total Polygraphs completed :**

MM	527
SH	159
SI	50
Total:	736

Types of Polygraphs:

MM = Maintenance & Monitoring

SH = Sex History

SI = Specific Issue

**FY '10 Sex Offender Treatment: DOC Pay & Self Pay Count**

**Kenai**

DOC Pay: 0  
Self Pay: 0  
Total : 0  
Tx Prov: None  
**% Self Pay: 0%**

**Juneau**

DOC Pay: 0  
Self Pay: 0  
Total: 0  
Tx Prov: None  
**% Self Pay: 0%**

**Palmer**

DOC Pay: 25  
Self Pay: 3  
Total: 28  
Tx Prov: Martin  
**% Self Pay: 11%**

**Ketchikan**

DOC Pay: 24  
Self Pay: 0  
Total: 24  
Tx Prov: Dempsey  
**% Self Pay: 0%**

**Fairbanks**

DOC Pay: 48  
Self Pay: 15  
Total: 63  
Tx Prov: Fried  
**% Self Pay: 24%**

**Bethel Community Group**

DOC Pay: 12  
Self Pay: 0  
Total: 12  
Tx Prov: Dempsey/Dewey  
**% Self Pay: 0%**

**Anchorage**

DOC Pay: 47  
Self Pay: 28  
Total: 75  
Tx Prov: Graves  
**% Self Pay: 37%**

**Bethel CRC Tundra Center**

DOC Pay: 28  
Self Pay: 0  
Total: 28  
Tx Prov: Dempsey/Dewey  
**% Self Pay: 0%**

**Anchorage**

DOC Pay: 44  
Self Pay: 24  
Total: 68  
Tx Prov: Loughlin  
**%Self Pay: 35 %**

**Anchorage**

DOC Pay: 19  
Self Pay: 3  
Total: 22  
Tx Prov: Dufur  
**% Self Pay: 14%**

**Anchorage**

DOC Pay: 29  
Self Pay: 8  
Total: 37  
Tx Prov: Martin  
**% Self Pay: 22%**

**Anchorage**

DOC Pay: 27  
Self Pay: 0  
Total: 27  
Tx Prov: Daly  
**% Self Pay: 0 %**