

THE LINK TO AGING SUCCESSFULLY:

FAIRBANKS RESOURCE AGENCY HAS A SOLUTION

January 2014



FRA History

FRA has been caring for individuals with intellectual and developmental disabilities and seniors with disabling conditions in the Fairbanks area for over 45 years.



FRA Senior Services

- **Care Coordination** – brokering needed services
- **Respite Care** – giving caregivers a break
- **Adult Day Center** – out of home respite care
- **Chore Services** – in-home services
- **Family Caregiver Services** – support the caregiver
- **Senior Outreach, Assessment and Referral (SOAR)** – public education
- **Future: Assisted Living** – more to come

Residential Options for Seniors

- **Independent Senior Housing**
 - Able to live independently
 - Raven Landing, South Hall
- **Assisted Living Homes**
 - Requires support with Activities of Daily Living (ADL)
 - Fairbanks Pioneer's Home
 - Caring Bridges
- **Nursing Homes**
 - Requires skilled nursing care
 - Denali Center



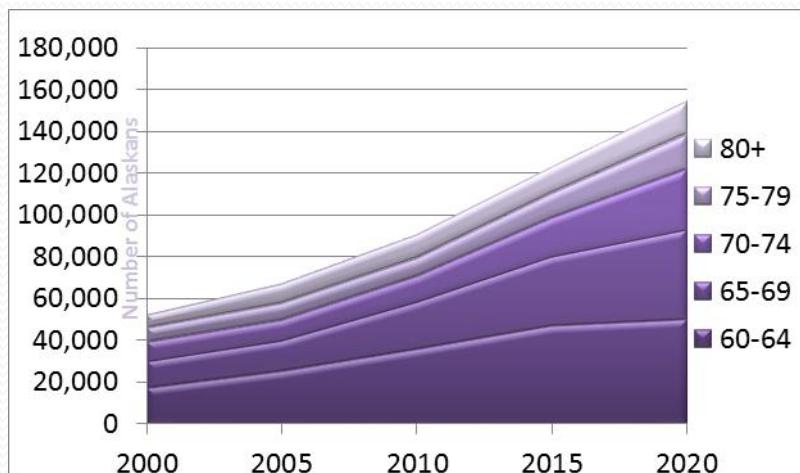
Assisted Living Services

- **Community-based residence in home-like setting**
- **Full-time staff support**
- **Assistance with Activities of Daily Living (ADL)**
- **Accommodation for Alzheimer's disease and related disorders (ADRD)**
- **Social, recreational and therapeutic services**
- **Age-in-place living and continuity of care**

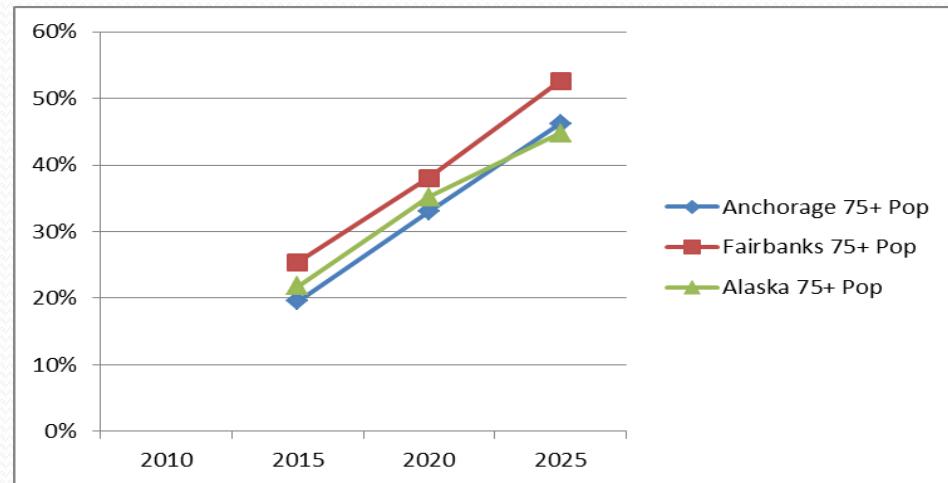
Senior Population Facts

*Alaska Senior Population Rates Increasing Four Times
Rest of Nation*

Projected Senior-Alaskan Population By Age



Comparing Fairbanks, Anchorage, and Alaska Projected Population Growth by Percentage for Ages 75+



Alaska Regional Data

Anchorage/Mat-Su Region

Anchorage Borough
Matanuska-Susitna Borough

Gulf Coast Region

Kenai Peninsula Borough
Kodiak Island Borough
Valdez-Cordova Census Area

Interior Region

Denali Borough
Fairbanks North Star Borough
Southeast Fairbanks Census Area
Yukon-Koyukuk Census Area

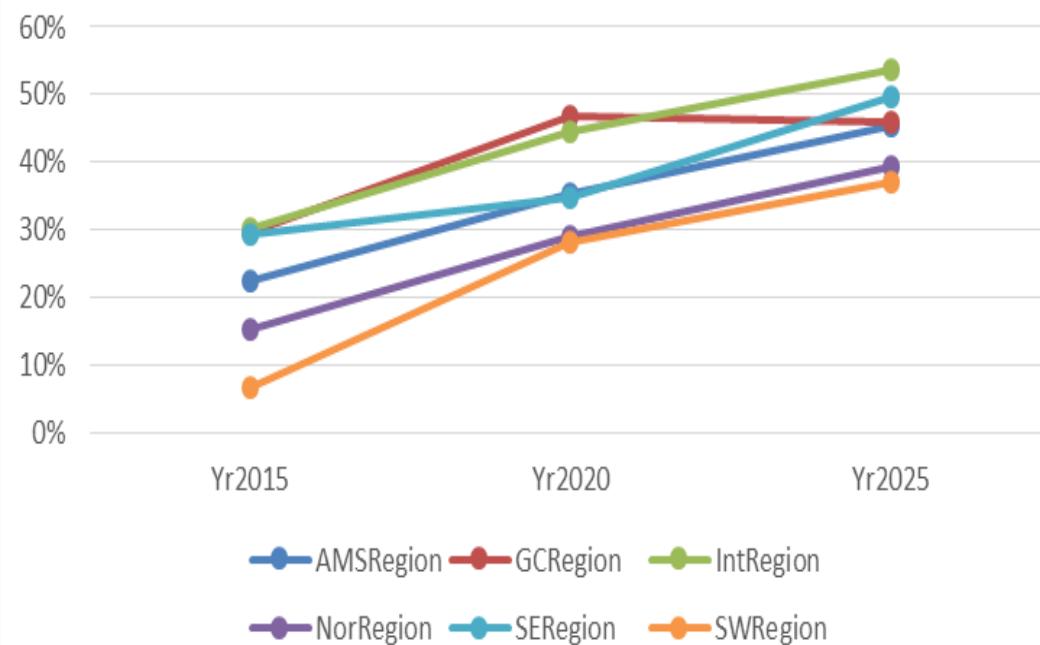
Northern Region

Nome Census Area
North Slope Borough
Northwest Arctic Borough

Southeast Region

Haines Borough
Hoonah-Angoon Census Area
Juneau Borough
Ketchikan Gateway Borough
Petersburg Census Area
Prince of Wales-Hyder Census Area
Sitka Borough
Skagway Borough
Wrangell Borough
Yakutat Borough

Comparing Alaska's Six Regions Projected Population Growth by Percentage for Ages 75+



Alaska Regional Data

	YEAR 2015	YEAR 2020	YEAR 2025
AMS Region	23%	35%	45%
GC Region	30%	47%	46%
Int Region	30%	45%	54%
Nor Region	15%	29%	39%
SE Region	29%	35%	50%
SW Region	7%	28%	37%
Fairbanks	31%	44%	57%

Source: Alaska Department of Labor and Workforce Development, Research and Analysis Section

The Fairbanks Area Picture

- 2012 est. seniors needing assisted living: 1,100
- 2020 est. seniors needing assisted living: 2,000



Fairbanks Assisted Living Residences

RESIDENCES	CAPACITY	OCCUPANCY**
Pioneers' Home	93	full
Caring Bridges	16	15
Eagles Wings LLC	15	14
Hope Haven	10	8
Let Us Care	5	full
Lilley Lodge	5	4
Rocking Years I	5	4
Rocking Years II	10	9
Wild Iris Comfort Care	5	4
	164	
Borealis Assisted Living Home NEWLY OPENED NOT LICENSED	10	0
Agewise Alaska NEWLY OPENED NOT LICENSED	8	0
**majority of vacancies are private pay	Total Available	182

Challenges to Assisted Living Development

- **Economic risks to developers / owners**
- **High cost of construction and renovation**
- **Workforce shortages**
- **State public rates are considered inadequate**
- **Private pay costs are extremely high**
- **Careful mix of private and public funding is essential**

The Solution

FRA has the solution to address our senior housing needs and public health crisis!

- Facility design
- Development strategy
- Sustainable operational plan
- Model that can be replicated across the state



Added Community Benefit

- **Economic boost to our community**
- **New jobs**
- **Purchasing power**
- **Families and seniors remain in Fairbanks**

Next Steps

- Let's have a conversation!
- Where do we go from here?
- What are the next steps?

“THERE ARE ONLY FOUR KINDS OF PEOPLE IN THIS WORLD.

**THOSE WHO HAVE BEEN CAREGIVERS,
THOSE WHO ARE CAREGIVERS,
THOSE WHO WILL BE CAREGIVERS,
AND THOSE WHO WILL NEED CAREGIVERS.”**

ROSALYNN CARTER, FORMER FIRST LADY