

Jillanne M. Garrity



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**Education:**

Chugiak High School – Chugiak Alaska – Diploma  
University of Alaska Anchorage – Associate of Science – General Studies  
University of Alaska Anchorage – BA – Psychology  
Northern Vermont University & Southern New Hampshire University – MS – Clinical Mental Health Counseling (August 2020)

**Core Competencies:**

A positive and upbeat attitude and demeanor.  
Four years of clinical mental health experience.  
Fourteen years of human resources experience with a heavy emphasis on labor and employee conduct.  
Calm demeanor during stress and conflict situations.  
Exceptional customer service skills.  
Outstanding written and oral communication abilities.  
Competent in the Americans with Disabilities Act in all areas.  
Ability to build rapport quickly

**Providence Alaska Psychiatric Emergency Department  
Senior Mental Health Therapist  
October 2024 to Present**

Complete risk assessments on vulnerable people who are experiencing suicidal/homicidal ideation or severe mental illness. Experience with substance use also. Complete Title 47 documentation for involuntary hospitalization.

**Jillanne Garrity, LLC  
Private Practice  
February 2024 to Present**

I have experience working with Veterans, adolescents, couples, men and women suffering from depression, suicidal ideation, relationship issues, family conflict anxiety, trauma, PTSD, etc. I am credentialed with several insurance companies. I conduct in -person and telehealth sessions. Complete psychosocial assessments and refer to higher level of care as needed.

**Jillanne Garrity, LLC  
Aurora Counseling and Neurotherapy  
Private Practice  
July 2022 – February 2024**

I carry a small case load in private practice in an existing practice located in Fairbanks. I have experience working with Veterans, adolescents, couples, men and women suffering from depression, suicidal ideation, relationship issues, family conflict anxiety, trauma, PTSD, etc. I am credentialed with several insurance companies. I conduct in-person and telehealth sessions. Complete psychosocial assessments and refer to higher level of care as needed.

**Military and Family Life Counselor  
Leidos and Goldbelt Glacier  
January 2022 thru August 2024**

Worked as a clinician with the military. Conduct individual and group counseling with adults and couples. Present various psychoeducation topics to units and work with command on various issues in the unit. Meet with community partners and command on a regular basis regarding benefits, resources and other needs of the military community. Short term solution focus counseling as well as general assessments for higher level of service. 2 years and 8 months of clinician experience.

**State of Alaska  
Department of Corrections  
Mental Health Therapist  
November 2020 – January 2022**

Work on the acute mental health unit for men and women. Conduct brief solution focused therapy and discharge planning. Conduct group therapy. In addition, meet with individuals in the general population and help with general mental health needs. I generally work with adult men and women who are experiencing serious mental illness such as bi-polar, schizophrenia, MDD, psychosis, and various personality disorders. 1 year and 2 months experience.

**North Star  
Anchorage, Alaska  
October 2020 – December 2022  
Clinical Therapist  
Reason for Leaving – New opportunity.  
Supervisor Dannon Mims – 907-865-7100**

Work with adolescent girls in an acute hospital setting. Conduct individual, family and group therapy. Complete discharge planning, treatment plans, and notes as required. Work with various outpatient providers, psychiatrist, clinicians, residential treatment facilities in and out of state. Clients are generally diagnosed with MDD, PTSD, ODD, RAD, substance abuse disorder and parental and family relationship issues. 2 years and 2 months of clinical experience.

**Providence Alaska  
Anchorage, Alaska  
September 2019 – September 2020  
Mental Health Specialist  
Brandy Stratman – 907-350-4016**

Work within Providence Adolescent Residential Treatment facility for girls. Monitor residents and conduct groups and short individual sessions as needed. Set limits and build therapeutic rapport. In addition, between July 2020 – September 2020 I worked on the mental health unit with adults conducting 1:1 sessions and group therapy.  
1 year experience.

**North Star  
Anchorage, AK.  
July 2019 – September 2020  
Mental Health Specialist  
Dannon Mims – 907-865-7100**

Work in a residential treatment facility for adolescent girls. The facility is a secure – semi-secure setting treating girls with acute needs and long-term residential treatment. Continuously monitor the clients and provide structure and safety. Set limits and build therapeutic rapport with the clients. Provide input to the treatment team regarding identification of clinical problems of the individual clients. Strong interpersonal communication skills and assessment skills. I have knowledge of mental health issues in theory and practice. Clients are generally diagnosed with PTSD, ODD, RAD, substance abuse disorder and parental and family relationship issues. 1 year and 2 months experience.

**Providence Hospital Mental Health Unit  
Internship  
January 2020 – May 2020**

I worked on the acute mental health unit at the hospital with adults and adolescent boys and girls who are experiencing a mental health crisis to include suicide behaviors and intentions. Conducted brief solution focused therapy and group therapy. 5 months experience.

**Akeela House (internship)  
Anchorage, AK. May 2019 – December 2019  
Primary Counselor  
Internship-Masters Level Mental Health Clinician**

Provide therapeutic services to primary care clients. This includes assessment of clients to establish level of services needed, the provision of clinical skill-based and process groups, as well as individual counseling. Provide crisis management services as needed. Familiar with the therapeutic community model. Conduct MRT, coping skills, relapse prevention, parenting and other groups as needed. Primarily work with clients with substance abuse and criminal backgrounds. 7 months experience.

**Municipality of Anchorage****Anchorage, AK Labor Relations Strategic Partner September 2015 – May 2019 Municipal ADA Coordinator**

Advise core leaders on all areas of human resources. Assist employees and supervisors with requests for job related workplace accommodations in order to assist them to remain employed with accommodations to do the essential functions of their position. Implemented and maintain the Municipal Americans with Disabilities Act (ADA) public grievance process.

Conduct employee investigations and recommend discipline when needed. Resolve both employee and public disputes. Maintain calm demeanor during when working with hostile employees and/or members of the public. Facilitate meetings and develop strategies that would positively influence workplace relationships. Consult and advise staff on various contract negotiations, contract and personnel rules interpretations, and letters of agreement. Provide feedback and recommendations for SAP (financial and human resources software) to the Executive Steering Committee. Actively involved in creating and updating policies and procedures. Develop and conduct training. Develop employee surveys' and analyze the results. alcohol and drug compliance program. Project coordination. Union contract negotiations.

**Municipality of Anchorage****AK Engineering Technician IV December 2012 – September 2015 Lead Land Use Plan Reviewer**

Supervised, directed, trained and assigned/reviewed work to subordinate staff. Extensive public outreach and meetings. Worked with professionals in the field of planning and engineering on development plans and code interpretation. Presented various appeals, and planning cases before the boards and commissions. Problem solved and collaborated with multiple Municipal, Federal and State agencies. Vast knowledge of Anchorage Municipal Code (AMC) Title 21 to include historical knowledge. Handled intense and controversial zoning appeals such as Assisted Living Facilities, towers, strip clubs. Attended many community council meetings and Board and Commission meetings.

**Municipality of Anchorage****Anchorage, AK Acting Planning Supervisor February 2011 – December 2012**

Supervised, directed, trained and assigned/reviewed work of subordinate staff. Prepared and presented cases before the various boards and commissions. Public speaking before the assembly and community councils. Prepared and executed multiple parking, access, drainage and no build easements. Facilitated meetings with the public, engineers and planners. Code interpretation and land use determinations.

**Municipality of Anchorage****Anchorage, AK Engineering Technician I/II/III June 2001 – February 2011 Plan Reviewer III**

Enforced AMC Title 21, 10, and 15. Drafted enforcement orders and charging documents and executed them. Prepared and presented enforcement orders before the Zoning Board of Examiners and Appeals and charging documents before the Municipal Hearing Officer. Provided senior level planning support to the Current Planning Division. Wrote multiple nonconforming determinations and executed multiple parking, access, drainage, and no build easements. Reviewed and commented on development plans that were presented before the

various boards and commissions. Six years of lead and mentorship experience over five employees. Experience with conflict management with citizens not in agreement with MOA decisions and conclusions.

### **Municipality of Anchorage**

#### **Anchorage, AK Clerical Position February 1996 – May 2001**

Clerical positions with the Department of Health and Human Services. Educated parents on the importance of immunizations and administered directly observed therapy for TB. Worked with clients from multi-cultural backgrounds. Updated files with medical notes for my clients as needed. (Two years). While at the Development Services Department I processed multiple permits and routed plans through the various review processes. Administered the elevator certification program and the contractor licensing program. (3 Years)

### **Army & Airforce Exchange Services (AAFES) and Morale and Welfare**

**Germany -Multiple Locations 1988 – 1995** Numerous positions in retail, morale and welfare, and recreation while living in different locations across Germany. This included three years of supervisor experience in the retail environment. In addition, accounting, and payroll experience.

### **United States Army**

**Various Locations Combat Medic 1986- 1988 (Honorable Service)** Triage and administered emergency medical attention. Administered immunizations and tested soldiers for HIV. Maintained medical documentation and notes. Experienced in emergency care in the field and in an Emergency Room setting. Experience working as a medic in the labor and delivery wing of the hospital.

### **Education and Certificates:**

- Chugiak High School Diploma – 1985
- University of Alaska, Anchorage – AS General Studies
- University of Alaska, Anchorage – BA Psychology
- Certified ADA Coordinator – Expires June, 2020
- Mediation Training
- Contract Negotiation Training
- Northern Vermont University/Southern New Hampshire University – MS Clinical Mental Health Counseling (2022)