

Rebekah D. Balmes

EMPLOYMENT EXPERIENCE

- Sep 2020 – Present **Pharmacist in Charge**
Infuse Alaska LLC
6250 Tuttle Pl Suite 7, Anchorage, AK 99507
Owner: James Henderson RPh
- Sep 2020 – Present **Consultant Pharmacist**
Balmes Consulting
Various drug rooms in Anchorage and Wasilla, Alaska
- Sep 2018 – Aug 2020 **Infusion Pharmacist**
Great Land Infusion Pharmacy
2421 E Tudor Rd Suite 107, Anchorage, AK 99507
Pharmacist in Charge: Rod Gordon, RPh
- Jun 2018 – Sep 2018 **Graduate Intern Pharmacist**
Fred Meyer Pharmacy
1000 E Northern Lights Blvd, Anchorage, AK 99508
Pharmacist in Charge: Jin Lee, PharmD
- Mar 2017 – May 2018 **Ambulatory Care Intern Pharmacist**
Denver Indian Health and Family Services
1633 Fillmore St # G11, Denver, CO 80206
Pharmacist in Charge: Connie Valdez, PharmD, BCPS, MSED
- Feb 2015 – May 2018 **Community Intern Pharmacist**
King Soopers Pharmacy
2810 Quebec Street, Denver, CO 80207
Pharmacist in Charge: Morgan Ye, PharmD
- Jun 2011 – Jul 2014 **Community Pharmacy Technician**
Fred Meyer Pharmacy
1000 E Northern Lights Blvd, Anchorage, AK 99508
Pharmacist in Charge: Jin Lee, PharmD

EDUCATIONAL BACKGROUND

- Aug 2014 – May 2018 **Doctor of Pharmacy (PharmD)**
University of Colorado Skaggs School of Pharmacy and Pharmaceutical Sciences
Aurora, CO
- Aug 2010 – May 2014 **Bachelor of Science: Mathematics**
Washington State University
Pullman, WA

LICENSURE AND CERTIFICATIONS

Apr 2023	ASHP Compounded Sterile Preparations Professional Certificate for Pharmacists
Sep 2018 – Present	Alaska Pharmacist License License no. 135854
May 2017 – Present	APhA Delivering Medication Therapy Management Services
Apr 2015 – Present	APhA Pharmacy-Based Immunization Delivery
Jul 2014 – 2019	American Red Cross CPR/BLS Provider Certification

PROFESSIONAL PRACTICE EXPERIENCE

Advanced Practice Pharmacy Experience:

Mar 2018 – May 2018	University of Colorado Hospital – Aurora, CO <i>Health System Pharmacy:</i> Inpatient Pharmacy Preceptor: Kendra Gage, PharmD
Feb 2018 – Mar 2018	St. Mary's Hospital – Grand Junction, CO <i>Health System Pharmacy:</i> Inpatient Pharmacy Preceptor: Michelle Ackar, PharmD, BCPS, BA, MA
Nov 2017 – Dec 2017	Providence Family Medicine Clinic – Anchorage, AK <i>Ambulatory Care:</i> Multi-Disease State Preceptor: Craig Skinner, PharmD, BCACP
Sep 2017 – Nov 2017	Salud Family Health Center - Commerce City, CO <i>Ambulatory Care:</i> FQHC Community Health Preceptor: Emily Kosirog, PharmD, BCACP
Aug 2017 – Sept 2017	Skaggs School of Pharmacy & Pharmaceutical Sciences – Aurora, CO <i>Ambulatory Care:</i> Clinical research in endocrinology Preceptor: Sam Ellis, PharmD
Jul 2017 – Aug 2017	Walgreens – Children's Hospital, Aurora, CO <i>Community Pharmacy:</i> Specialty Compounding Preceptor: Stephanie Holst, PharmD
May 2017 – Jun 2017	King Soopers – Denver, CO <i>Community Pharmacy:</i> Medication Therapy Management (MTM) Preceptor: June Pak, RPh

RESEARCH

Aug 2017 – 2018	Diabetes Regimen Adherence Questionnaire <i>University of Colorado Skaggs School of Pharmacy and Pharmaceutical Sciences</i> Principle Investigator: Sam Ellis, PharmD Role: Student investigator
Aug 2017	Hypoglycemic Risk Associated with Glucose Variability T1DM <i>University of Colorado Skaggs School of Pharmacy and Pharmaceutical Sciences</i> Principle Investigator: Sam Ellis, PharmD Role: Chart analysis and data collection

CLINICAL PROJECTS

- Feb 2017 – Jun 2017 **340B Formulary Assessment**
Denver Indian Health and Family Services – Preceptor: Connie Valdez, PharmD, BCPS, MSED
Compiled clinic reports on prescription data, insurance data, and disease state prevalence for a grant proposal in order to develop an “outlet pharmacy” with a relevant formulary for clinic patients.
- Mar 2016 – Sept 2016 **DAWN Clinic MedAccess Workgroup**
DAWN Clinic – Preceptor: Sarah Scoular, PharmD, BCPS
Authored Standard Operating Procedure for receiving, storing, accessing, dispensing, and disposing of medications from the pharmacy in DAWN Clinic.

HONORS AND AWARDS

- May 2017 **Erwin-Vincent Scholarship**
University of Colorado
Skaggs School of Pharmacy and Pharmaceutical Sciences
- May 2015 - 2017 **King Soopers Scholarship**
University of Colorado
Skaggs School of Pharmacy and Pharmaceutical Sciences
- Aug 2014 **Dean’s Academic Scholarship**
University of Colorado
Skaggs School of Pharmacy and Pharmaceutical Sciences
- Aug 2010 – May 2014 **Cougar Academic Award**
Washington State University

PRESENTATIONS

- Dec 2019 **Low Dose Atropine for Myopia**
Alaska Area Optometry Meeting 2019, Anchorage AK
- Dec 2018 **Caring for the Transgender and Gender Non-Conforming Patient**
Great Land Infusion Pharmacy, Anchorage AK
- Oct 2017 **Anticoagulation in Pulmonary Embolism and Atrial Fibrillation.**
Salud Family Health Center, Denver CO
- Oct 2017 **Polypharmacy in COPD.**
Salud Family Health Center, Denver CO
- Oct 2017 **Becattini, Cecilia, et al. "Aspirin for Preventing the Recurrence of Venous Thromboembolism." *New England Journal of Medicine* 366.21 (2012).**
Salud Family Health Center.
- Jul 2017 **Transplant in Pediatrics.** Patient presentation and topic discussion. Walgreens.
- Feb 2017 **ADA Standards of Care Changes.** “Lunch and learn” - provider education.
Denver Indian Health and Family Services. Ambulatory Care.

- Nov 2016 **Cannabinoids in Refractory Neuropathic Pain: Protocol Development.** Seminar Poster Presentation. University of Colorado Skaggs School of Pharmacy and Pharmaceutical Sciences.
- Apr 2016 **Vaporized Delta-9 THC in Neuropathic Pain.** Seminar Presentation. University of Colorado Skaggs School of Pharmacy and Pharmaceutical Sciences.

PROFESSIONAL ASSOCIATIONS AND LEADERSHIP

- Sep 2018 – Present **National Home Infusion Association (NHIA)**
Member
- Sep 2018 – Present **Alaska Pharmacists Association (AKPhA)**
Member
- Sep 2018 – Present **American Pharmacists Association (APhA)**
Member
- Sep 2019 - 2020 **Policies and Procedures Committee**
Member – Modify and update policies and procedures to meet standards
- Jul 2017 – May 2018 **King Soopers Head Intern**
Mentor to P1 – P3 pharmacy interns from University of Colorado and Regis University
- Jul 2016 – 2019 **American Society of Health System Pharmacist (ASHP)**
Member
- Aug 2015 – 2018 **Pediatric Pharmacy Advocacy Group (PPAG)**
P3 Liaison for CU Pediat-Rx (2016-2017)
- Nov 2014 – Nov 2016 **Assessment Committee (SSPPS)**
Student member of Curriculum Improvement Focus Group
- Aug 2014 – 2018 **American Pharmacists Association (APhA)**
Student Member
- Aug 2014 – 2018 **American College of Clinical Pharmacists (ACCP)**
Student Member

PROFESSIONAL SERVICE ACTIVITIES

- Nov 2016 **Medicare Service - AMCP (Colorado Gerontological Society)**
- Sept 2016 **Skaggs School of Pharmacy and Pharmaceutical Sciences Admission Interviews**
- Apr 2016 **Global Village Academy Health Fair - PPAG**
- Apr 2016 **DEA Drug Take Back**
- Sept 2015 **Skaggs School of Pharmacy and Pharmaceutical Sciences Interviews**
- Sept 2015 **Blood Pressure and Vitals Education - APhA**
- Aug 2015 **Arapahoe House Counseling Sessions**