

Robert D. Skala, D.O.

True North Medicine, LLC
12641 Old Glenn Highway #102
Eagle River, Alaska 99577

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Medical Training

Residency	Family Medicine at Doctors Hospital Columbus, Ohio 1996-1998.
Internship	Special Emphasis Family Medicine at Doctors Hospital Columbus, Ohio 1995-1996.

Education

Medical	D.O. obtained from Chicago College of Osteopathic Medicine, Midwestern University, Downers Grove, Illinois 1995.
Undergraduate	Bachelor of Science, Chemistry, cum laude, Kenyon College, Gambier, Ohio 1991.

Licenses and Certifications

BC/BE in Family Medicine, 1998
National Committee for Quality Assurance recognition for excellence in diabetes
care, 2011
Completed Masters in Lipidology, National Lipid Association, 2005.
Federal Motor Carrier Examiner, 2014-present.

Professional Experience

Private Practice, Family Medicine and Diabetes, True North Medicine, LLC, Eagle
River, Alaska, 2004 to present.

- First clinic in Alaska to receive the National Committee for Quality Assurance (NCQA) recognition for diabetes. Earned a superior rating in diabetes.

Private Practice, Diabetes and Lipid Disorders, Diabetic Consultants of Alaska, LLC, Anchorage, Alaska, 2005 to 2008.

- Established Alaska's first outpatient clinic focused solely on diabetes and cholesterol disorders.

Guest Lecturer, Diabetes, Hypertension, and Lipid Disorders, Western states, 2004 to present.

- Sanofi-Aventis, Pacific Northwest Regional Speaker in Diabetes, Soliqua, Tuojeo, and Lantus insulin.
- Glaxo Smith-Kline, Pacific Northwest Regional Speaker in Diabetes, Hypertension, and Lipid Disorders, Avandia, Avandamet, Coreg, Coreg CR and Lovaza.
- Merck, Pacific Northwest Regional Speaker Diabetes, Januvia, Janumet XR and Janumet.
- Novartis, Pacific Northwest Regional Speaker in Diabetes and Hypertension, vildagliptin and Diovan, Diovan HCT.
- Lilly, Local Speaker in Diabetes, Humalog.
- Lilly, Device Development Team, Kwik Pen.
- Abbott Laboratories/Ab-Vie, Local speaker in lipid disorders, Tricor, Trilipix, Niaspan, Advicor, and Simcor.
- Astra-Zeneca, Local speaking in diabetes, Byetta, Bydureon, Onglyza, Farxiga, and Xigduo XR.
- Lilly/Boeringer Ingelheim, Local Speaker for Jardiance, Synjardy, Tradjenta, and Glyxambi.
- Takeda Pharmaceuticals, Local Speaker Kazano, Nesina, Oseni, Actos.
- Speaker, Alaska Native Medical Center--Diabetes and the Federal Motor Carrier.
- Speaker, Federal Aviation Administration--Diabetes in the Commercial Pilot.

Private Practice, Family Medicine, Chugach Family Medicine Clinic, 2002-2004.

- Member, Alaska Medicaid Formulary

Private Practice, Family Medicine, Hardin Family Medical Associates, 2001-2002.

Private Practice, Family Medicine, United State Army, Reynolds Army Community Hospital, Fort Sill, Oklahoma, 1998-2001

Publications/Television

Alaska Business Monthly, June 2007, Diabetes: The Quiet Thief.

HGTV, Buying Alaska, September 2015, "Bob the Deckhand".

AI-Assisted Application: "Your Saint Revealed" for launch, June 2026.