

# CURRICULUM VITAE

**Michael G. McNamara M.D.**

**Anchorage, Alaska 99508**

(Updated May 2025)

## **EDUCATION**

### **Colleges:**

Wenatchee Valley College  
Wenatchee, Washington  
Business & General Studies  
7/79'-6/80'  
Pacific Lutheran University  
Tacoma, Washington  
Biology, B.A.  
7/80'-6/83'

### **Medical School:**

University of Washington  
Seattle, Washington  
Medicine  
7/83'-6/87'

### **Internship:**

Family Practice  
Tacoma General Hospital  
Tacoma, Washington  
7/87'-6/88'  
Categorical Orthopaedics  
University of Texas Health Science Center,  
San Antonio  
San Antonio, Texas  
7/88'-6/89'

### **Residency:**

Orthopaedic Surgery  
University of Texas Health Science Center,  
San Antonio  
San Antonio, Texas  
7/89'-6/93'

### **Fellowship:**

Hand Surgery, Microvascular  
David P. Green, Eugene OBrien,  
William Sanders & William Pederson  
The Hand Center of San Antonio  
San Antonio, Texas  
8/93'-7/94'

## WORK HISTORY

Hand and Upper Extremity Surgery  
Chief of Orthopaedics (97'-99')  
Department of Orthopaedics  
3<sup>rd</sup> Medical Group Hospital  
Elmendorf, AFB Alaska  
8/94'-6/99'

Hand and Upper Extremity Surgery  
The Everett Clinic  
Chief of Orthopaedics (2001-2002)  
Everett, Washington  
7/99'- 6/02'

Hand, Elbow, and Shoulder Surgery  
Alaska Orthopaedic Specialists  
4100 Lake Otis Parkway, Suite 320  
Anchorage, Alaska 99508  
7/02' to 7/07'

Hand, Elbow, and Shoulder Surgery  
Alaska Orthopedic Specialists (Previously Alaska Hand-Elbow-Shoulder)  
4015 Lake Otis Parkway, Suite 201  
Anchorage, Alaska 99508  
7/07' to 4/24'

Hand, Elbow, and Shoulder Surgery  
McNamara Hand, LLC  
4015 Lake Otis Parkway, Suite 100  
Anchorage, Alaska 99508  
5/24' to Present

## LICENSURE

State of Alaska #3448 3/24/95 Current  
State of Washington #025209 11/30/89'  
**ABOS Board Certification** July 12, 1996; Recertified through 12/31/2036  
ABOS Certificate of **Added Qualifications in Hand Surgery** 8/31/98; Recertified  
through 12/31/2036

## REFERENCES

Kevin Paisley, M.D. (Previous Partner & Orthopedic Surgeon)  
Alaska Shoulder & Orthopaedic Institute LLC  
4015 Lake Otis Parkway, Suite 100  
Anchorage, AK 99508  
(907) 646-7846

Steve Tower, M.D. (Orthopedic Surgeon)  
Tower & Orthopedic and Joint Replacement  
2401 East 42<sup>nd</sup> Avenue, Suite 101  
Anchorage, AK 99508  
(907) 222-2924

Robert Arnold, M.D. (Partner & Board Member, Alaska Surgery Center)  
3500 Latouche, Suite 280  
Anchorage, AK 99508  
(907) 561-1917

## **CONTRIBUTIONS to MEDICAL LITERATURE**

**Blood Loss in Lumbar Surgery: Prevention and Replacement.** Spine: State of the Art Review. Vol. 5(1):53-65, Jan., 1991

**Dislocation of the Carpal Scaphoid: An Eight Year Follow-up.** The Journal of Hand Surgery. 97A(3): 496-497, May, 1992

**Severe Open Fractures of the Lower Extremity: A Retrospective Evaluation of the Mangled Extremity Severity Score.** (Abstract) Southern Medical Journal, 35-36, Sept., 1992

**Severe Open Fractures of the Lower Extremity: A Retrospective Evaluation of the Mangled Extremity Severity Score (MESS).** Journal of Orthopaedic Trauma. 8(2): 81-87, 1994.  
Presented at 86<sup>th</sup> Annual Scientific Assembly of the Southern Medical Association, Residents and Fellows Section. Nov. 15, 1992.  
Presented at the Association of Bone and Joint Surgeons. Forty-Fifth Annual Meeting, Santa Fe, New Mexico. May 22, 1993.  
Presented at the American Orthopaedic Association 26<sup>th</sup> Annual Residents Conference. March 17, 1993.

**Alaskan Three-Dimensional Osteotomy: Surgical Correction for Long Bone Malunions.** The Journal of Hand Surgery, Volume 33A, May-June 2008  
Presented at American Society for Surgery of the Hand. September 2007

**Shoulder Arthritis, A Newer More Conservative Surgical Option: Surface Replacement Arthroplasty.** Physicians Practice, Volume 19, Number 7, July/August 2009.

## **OTHER SCIENTIFIC WORK and CONTRIBUTIONS**

**Giant Cell Tumor of the Hand with Lung Metastasis:** A Case Report.  
Submitted to Journal of Hand Surgery.

**Retrocarpal Radial Artery Thrombosis: A Review of Eight Cases.**  
Submitted to Hand Society Meeting, Cincinnati, Ohio 1994  
Published British Journal of Hand Surgery, 1998

**Treatment of Severe Congenital Pronation and Ulnar Drift Deformities Utilizing a Ring External Fixator Combined with a New Rotation Device.**  
Presented at the Thirty Eighth Annual SOMOS Meeting, San Diego, Calif., Nov. 1996  
Presented at 1999 ASSH Annual Meeting, .Waikoloa Village, Hawaii, Jan, 14 1999

**Review of One-Hundred Cases of Combined Radial Tunnel and Tennis Elbow. A Retrospective and Prospective Review.**  
Work in progress.

**Three Dimensional Osteotomy Device and Method for Treating Mal-Unions.** May 2004.  
Patent Pending.

**Method and Device for Stabilizing Joints with Limited Axial Movement.** April 2007.  
Patent Pending.

**(How) Do You Treat Forearm Mal-Unions? Help Your Patients Out of Hibernation With The Alaskan 3-D Osteotomy.**  
Poster Presentation. ASSH Annual Meeting, Seattle, WA, September 2007.

## **OTHER SCIENTIFIC WORK and CONTRIBUTIONS Cont.**

### **Mini-open OATS Technique For The OCD Elbow.**

Work in progress.

### **Our Two Year Experience With The RASL Procedure In Scapho-Lunate Ligament Injuries.**

Presented at Dr. David P. Green Fellowship Reunion, Oahu, Hawaii, July 16, 2008.

### **Scapholunate Ligament Repair: Operative Technique of Acute Injuries. A Small Joint Series Technique Guide.** As described by Michael G. McNamara, MD, March 2009.

[www.smith-nephew.com](http://www.smith-nephew.com)

**Method for Aligning Upper Extremity Bones and Inserting Guide Device.** U.S. Patent 8,382,758, filed March 8, 2012, and issued February 26, 2013. Source: USPTO database. (For placement and alignment of augmentation devices across Scapho-Lunate in wrist.)

**Cannulated Anchor and System.** U.S. Patent 8,679,168, filed March 2, 2009, and issued March 25, 2014. Source: USPTO database.

**Method and Device for Stabilizing Joints with Limited Axial Movement.** U.S. Patent 8,715,348, filed April 25, 2008, and issues May 6, 2014. Source: USPTO database.

## **LECTURES**

Shoulder Arthroplasty Techniques Learning Center, Faculty with Charles Rockwood III. August 25-26, 2000

Management of Common Fractures. Staff Grand Rounds. July, 25 2000.  
Everett Clinic. Lecturer.

Open Fracture Classification, Treatment and Pitfalls. Medical Surgical Symposium.  
June 2, 2000. Providence Everett Medical Center

Compressive Neuropathies of the Upper Extremity. 7<sup>th</sup> Annual Sports Medicine Conference.  
Sun Mountain Lodge. Winthrop, Washington. January 25, 2001.

Frostbite and Cold Injury: Classification and Treatment. Experience from Alaska. 7<sup>th</sup> Annual  
Sports Medicine Conference. Sun Mountain Lodge. Winthrop, Washington. January 26, 2001.

Clinical Evaluation of Shoulder Problems. 8<sup>th</sup> Annual Sports Medicine Conference, Sun Mountain  
Lodge. Winthrop, Washington. January 24, 2002.

Wrist Pain: Making the Diagnosis. 8<sup>th</sup> Annual Sports Medicine Conference, Sun Mountain  
Lodge. Winthrop, Washington. January 24, 2002.

Scapho-Lunate Targeting Device. 68<sup>th</sup> Annual Meeting of the American Society for Surgery of the Hand, Moscone  
West Convention Center. San Francisco, California. October 3, 2013.

Management of Clavicle Fractures, Malunion, and Nonunions. Acumed Upper Extremity Surgeon Bioskills Course.  
San Diego, California. February 7, 2014.

Humanitarian & Medical Missions Opportunities Abroad. Zoom Presentation to medical students at Nova  
Southeastern University in Fort Lauderdale, Florida. October 18, 2021.

## **MILITARY EXPERIENCE**

Medical School funded by Health Professional Scholarship Program (HPSP)

Orthopaedic Residency: Civilian program funded by Air Force

Active Duty: 7/88'-7/93': Residency

8/94'-8/96': Staff Hand Surgeon, Elmendorf AFB, Alaska

8/96'-11/98': Chief of Orthopaedic Surgery, Elmendorf AFB, Alaska

11/98'-6/99': Physical Medicine Flight Commander (in charge of Orthopaedic Surgery, Physical Therapy, and Occupational Therapy, Elmendorf AFB, Alaska.

Military Awards: Meritorious Service Award 1999

"CORE" Physician of the Year Award 1998

## **COMMUNITY SERVICE**

Co-Director of Medical Care Team, International Arctic Winter Games, Chugiak Alaska, Winter 1996.

Assistant Coach, Youth league soccer team. Summer 1998, 2000

Coach and Vice President, Hillberg Ski Team. 1997, 1998, 1999.

President, Anchorage Orthopaedic Society. September 1998-1999.

Physician Consultant, Steven's Pass Ski Area. 2001-2001.

Grace Christian School Anatomy Class Upper Extremity Cadaver dissections of hand, forearm, and elbow. Anchorage, Alaska. December 2002.

Hosted Hand Cadaver workshop using Ascension Orthopaedic Implants for the PIP and MCP joints. Workshop for those in the Anchorage area interested in Hand joint replacements, Anchorage Surgical Center. April 2, 2002.

Mt. Huntington Award, Anchorage Project Access, November 2011. The Mount Huntington Award is an element of recognition by Anchorage Project Access to thank providers for their exceptional service.

President, Medical Advisory Board, Alaska Surgery Center. 2002-2015.

UW School of Medicine Alaska WWAMI Program Visiting Professor for anatomy class and cadaver dissections of hand, forearm, elbow, and shoulder. Anchorage, Alaska. September 2016-2017.

Physician Project Manager, Alaska Surgery Center. Oversaw design, build-out, and move to new state-of-the-art surgical facility. 2020-2021.

Executive Director, Medical Advisory Board, Alaska Surgery Center. March 2015 – June 2024.

## **OVERSEAS MEDICAL MISSIONS**

Nepal, Tansen. United Mission Hospital Tansen. 4-month trip as 4<sup>th</sup> year medical student. 1993.

Honduras, Tegucigalpa. Holy Family Surgery Center. 10-day humanitarian medical trip with Surgical Care Affiliates from Anchorage, Alaska. Performed shoulder, elbow, and hand surgeries. January 2017.

Guatemala, San Pedro La Laguna. Clinica Comunitaria Frutos de Fe. Lead and organize 10-day long medical missions teams to Guatemala with Proyecto Fe International from Anchorage, Alaska. Medical missions teams included dentists, hygienists, dental assistants, nurses, in addition to family practice, ENT, ophthalmology, audiology, and orthopedic physicians. November 2012, April 2013, November 2013, April 2014, April 2015, April 2016, and April 2018.