

# Rebekah D. Balmes

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Anchorage, AK 99515

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## EMPLOYMENT EXPERIENCE

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- Sep 2020 – Present      **Pharmacist in Charge**  
**Infuse Alaska LLC**  
6250 Tuttle Pl Suite 7, Anchorage, AK 99507  
Owner: James Henderson RPh
- Sep 2020 – Present      **Consultant Pharmacist**  
**Balmes Consulting**  
Various drug rooms in Anchorage and Wasilla, Alaska
- Sep 2018 – Aug 2020      **Infusion Pharmacist**  
**Great Land Infusion Pharmacy**  
2421 E Tudor Rd Suite 107, Anchorage, AK 99507  
Pharmacist in Charge: Rod Gordon, RPh
- Jun 2018 – Sep 2018      **Graduate Intern Pharmacist**  
**Fred Meyer Pharmacy**  
1000 E Northern Lights Blvd, Anchorage, AK 99508  
Pharmacist in Charge: Jin Lee, PharmD
- Mar 2017 – May 2018      **Ambulatory Care Intern Pharmacist**  
**Denver Indian Health and Family Services**  
1633 Fillmore St # G11, Denver, CO 80206  
Pharmacist in Charge: Connie Valdez, PharmD, BCPS, MSED
- Feb 2015 – May 2018      **Community Intern Pharmacist**  
**King Soopers Pharmacy**  
2810 Quebec Street, Denver, CO 80207  
Pharmacist in Charge: Morgan Ye, PharmD
- Jun 2011 – Jul 2014      **Community Pharmacy Technician**  
**Fred Meyer Pharmacy**  
1000 E Northern Lights Blvd, Anchorage, AK 99508  
Pharmacist in Charge: Jin Lee, PharmD

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## EDUCATIONAL BACKGROUND

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- Aug 2014 – May 2018      **Doctor of Pharmacy (PharmD)**  
University of Colorado Skaggs School of Pharmacy and Pharmaceutical Sciences  
Aurora, CO
- Aug 2010 – May 2014      **Bachelor of Science: Mathematics**  
Washington State University  
Pullman, WA

## LICENSURE AND CERTIFICATIONS

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| Apr 2023           | <b>ASHP Compounded Sterile Preparations Professional Certificate for Pharmacists</b> |
| Sep 2018 – Present | <b>Alaska Pharmacist License</b><br>License no. 135854                               |
| May 2017 – Present | <b>APhA Delivering Medication Therapy Management Services</b>                        |
| Apr 2015 – Present | <b>APhA Pharmacy-Based Immunization Delivery</b>                                     |
| Jul 2014 – 2019    | <b>American Red Cross CPR/BLS Provider Certification</b>                             |

## PROFESSIONAL PRACTICE EXPERIENCE

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### *Advanced Practice Pharmacy Experience:*

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| Mar 2018 – May 2018  | <b>University of Colorado Hospital</b> – Aurora, CO<br><i>Health System Pharmacy:</i> Inpatient Pharmacy<br>Preceptor: Kendra Gage, PharmD                                |
| Feb 2018 – Mar 2018  | <b>St. Mary's Hospital</b> – Grand Junction, CO<br><i>Health System Pharmacy:</i> Inpatient Pharmacy<br>Preceptor: Michelle Ackar, PharmD, BCPS, BA, MA                   |
| Nov 2017 – Dec 2017  | <b>Providence Family Medicine Clinic</b> – Anchorage, AK<br><i>Ambulatory Care:</i> Multi-Disease State<br>Preceptor: Craig Skinner, PharmD, BCACP                        |
| Sep 2017 – Nov 2017  | <b>Salud Family Health Center</b> - Commerce City, CO<br><i>Ambulatory Care:</i> FQHC Community Health<br>Preceptor: Emily Kosirog, PharmD, BCACP                         |
| Aug 2017 – Sept 2017 | <b>Skaggs School of Pharmacy &amp; Pharmaceutical Sciences</b> – Aurora, CO<br><i>Ambulatory Care:</i> Clinical research in endocrinology<br>Preceptor: Sam Ellis, PharmD |
| Jul 2017 – Aug 2017  | <b>Walgreens</b> – Children's Hospital, Aurora, CO<br><i>Community Pharmacy:</i> Specialty Compounding<br>Preceptor: Stephanie Holst, PharmD                              |
| May 2017 – Jun 2017  | <b>King Soopers</b> – Denver, CO<br><i>Community Pharmacy:</i> Medication Therapy Management (MTM)<br>Preceptor: June Pak, RPh  |

## RESEARCH

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|-----------------|---|
| Aug 2017 – 2018 | <b>Diabetes Regimen Adherence Questionnaire</b><br><i>University of Colorado Skaggs School of Pharmacy and Pharmaceutical Sciences</i><br>Principle Investigator: Sam Ellis, PharmD<br>Role: Student investigator                                 |
| Aug 2017        | <b>Hypoglycemic Risk Associated with Glucose Variability T1DM</b><br><i>University of Colorado Skaggs School of Pharmacy and Pharmaceutical Sciences</i><br>Principle Investigator: Sam Ellis, PharmD<br>Role: Chart analysis and data collection |

## CLINICAL PROJECTS

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- Feb 2017 – Jun 2017      **340B Formulary Assessment**  
*Denver Indian Health and Family Services – Preceptor: Connie Valdez, PharmD, BCPS, MSED*  
Compiled clinic reports on prescription data, insurance data, and disease state prevalence for a grant proposal in order to develop an “outlet pharmacy” with a relevant formulary for clinic patients.
- Mar 2016 – Sept 2016      **DAWN Clinic MedAccess Workgroup**  
*DAWN Clinic – Preceptor: Sarah Scoular, PharmD, BCPS*  
Authored Standard Operating Procedure for receiving, storing, accessing, dispensing, and disposing of medications from the pharmacy in DAWN Clinic.

## HONORS AND AWARDS

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- May 2017      **Erwin-Vincent Scholarship**  
University of Colorado  
Skaggs School of Pharmacy and Pharmaceutical Sciences
- May 2015 - 2017      **King Soopers Scholarship**  
University of Colorado  
Skaggs School of Pharmacy and Pharmaceutical Sciences
- Aug 2014      **Dean’s Academic Scholarship**  
University of Colorado  
Skaggs School of Pharmacy and Pharmaceutical Sciences
- Aug 2010 – May 2014      **Cougar Academic Award**  
Washington State University

## PRESENTATIONS

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- Dec 2019      **Low Dose Atropine for Myopia**  
Alaska Area Optometry Meeting 2019, Anchorage AK
- Dec 2018      **Caring for the Transgender and Gender Non-Conforming Patient**  
Great Land Infusion Pharmacy, Anchorage AK
- Oct 2017      **Anticoagulation in Pulmonary Embolism and Atrial Fibrillation.**  
Salud Family Health Center, Denver CO
- Oct 2017      **Polypharmacy in COPD.**  
Salud Family Health Center, Denver CO
- Oct 2017      **Becattini, Cecilia, et al. "Aspirin for Preventing the Recurrence of Venous Thromboembolism." *New England Journal of Medicine* 366.21 (2012).**  
Salud Family Health Center.
- Jul 2017      **Transplant in Pediatrics.** Patient presentation and topic discussion. Walgreens.
- Feb 2017      **ADA Standards of Care Changes.** “Lunch and learn” - provider education.  
Denver Indian Health and Family Services. Ambulatory Care.

- Nov 2016                      **Cannabinoids in Refractory Neuropathic Pain: Protocol Development.** Seminar Poster Presentation. University of Colorado Skaggs School of Pharmacy and Pharmaceutical Sciences.
- Apr 2016                      **Vaporized Delta-9 THC in Neuropathic Pain.** Seminar Presentation. University of Colorado Skaggs School of Pharmacy and Pharmaceutical Sciences.

**PROFESSIONAL ASSOCIATIONS AND LEADERSHIP**

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- Sep 2018 – Present            **National Home Infusion Association (NHIA)**  
Member
- Sep 2018 – Present            **Alaska Pharmacists Association (AKPhA)**  
Member
- Sep 2018 – Present            **American Pharmacists Association (APhA)**  
Member
- Sep 2019 - 2020                **Policies and Procedures Committee**  
Member – Modify and update policies and procedures to meet standards
- Jul 2017 – May 2018           **King Soopers Head Intern**  
Mentor to P1 – P3 pharmacy interns from University of Colorado and Regis University
- Jul 2016 – 2019                **American Society of Health System Pharmacist (ASHP)**  
Member
- Aug 2015 – 2018               **Pediatric Pharmacy Advocacy Group (PPAG)**  
P3 Liaison for CU Pediat-Rx (2016-2017)
- Nov 2014 – Nov 2016           **Assessment Committee (SSPPS)**  
Student member of Curriculum Improvement Focus Group
- Aug 2014 – 2018               **American Pharmacists Association (APhA)**  
Student Member
- Aug 2014 – 2018               **American College of Clinical Pharmacists (ACCP)**  
Student Member

**PROFESSIONAL SERVICE ACTIVITIES**

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- Nov 2016                      **Medicare Service - AMCP (Colorado Gerontological Society)**
- Sept 2016                      **Skaggs School of Pharmacy and Pharmaceutical Sciences Admission Interviews**
- Apr 2016                      **Global Village Academy Health Fair - PPAG**
- Apr 2016                      **DEA Drug Take Back**
- Sept 2015                      **Skaggs School of Pharmacy and Pharmaceutical Sciences Interviews**
- Sept 2015                      **Blood Pressure and Vitals Education - APhA**
- Aug 2015                      **Arapahoe House Counseling Sessions**