

# **RurAL CAP**

## **CHILD DEVELOPMENT DIVISION**



Rural Alaska Community Action Program, Inc.

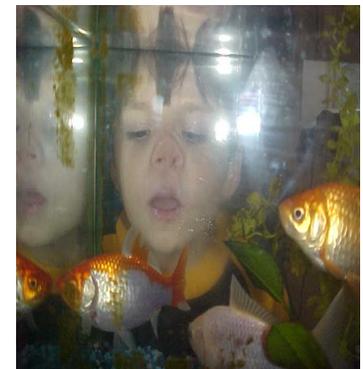
September 10, 2013



# RurAL CAP Early Education Programs

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To provide high quality child development programs that involve and serve communities and families prenatal through five; which respect Alaskan's cultural diversity and individuals innate potential for personal and professional growth



# RurAL CAP Parents as Teachers

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- Increase parent knowledge of early childhood development
- Improve parenting practices
- Provide early detection of developmental delays and health issues
- Prevent child abuse and neglect
- Increase children's school readiness and school success

# RurAL CAP Parents as Teachers Programs

Alakanuk

Anchorage\*

Chevak

Copper Basin

Emmonak

Haines

Hydaburg

Kake

Ketchikan\*

Kodiak

Marshall

Mt. Village

Napaskiak

Savoonga

Seward\*

Stebbins

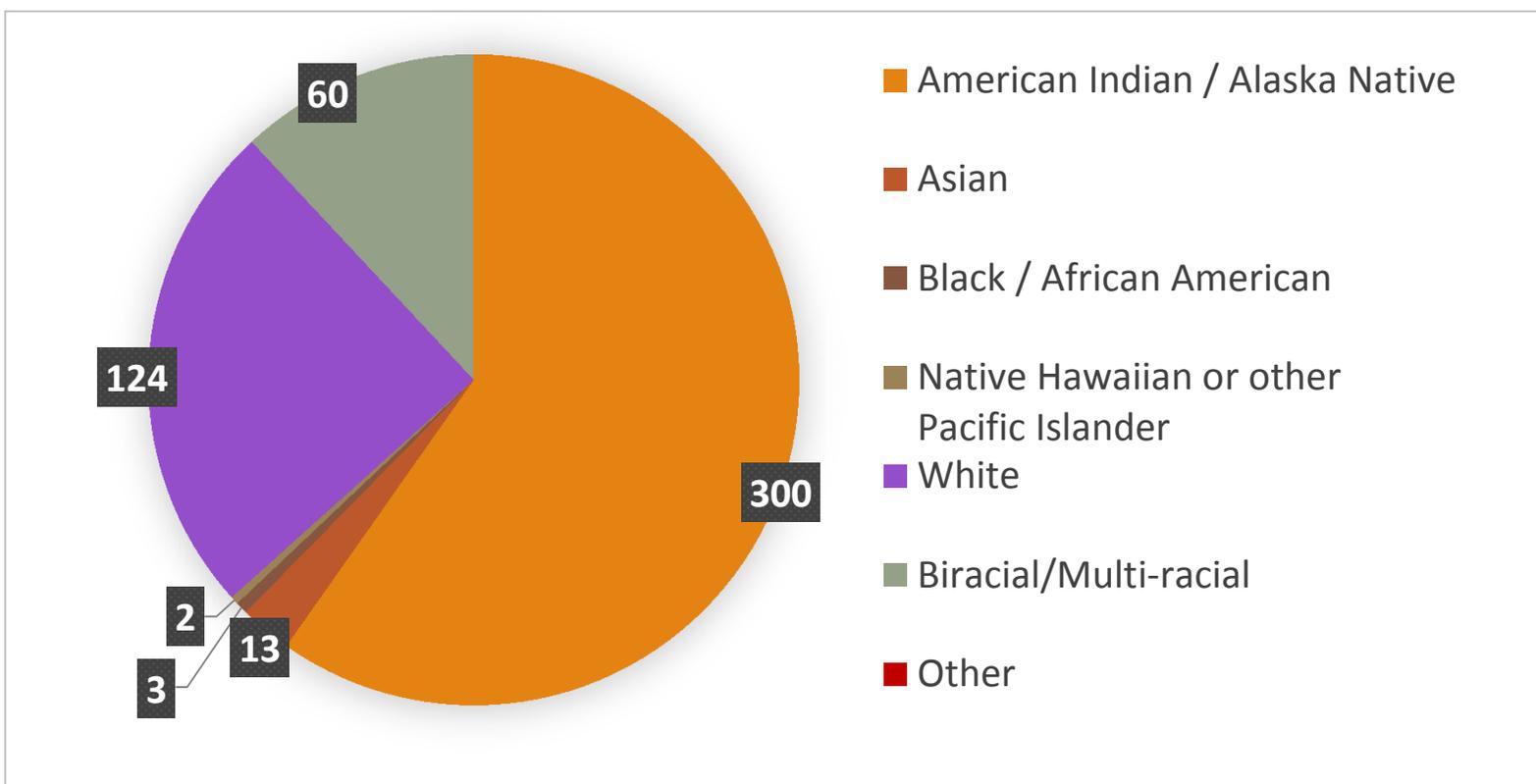
Tok

Toksook Bay

\*State funded

# RurAL CAP Parents as Teachers

PY 2012-2013



Slots: 452

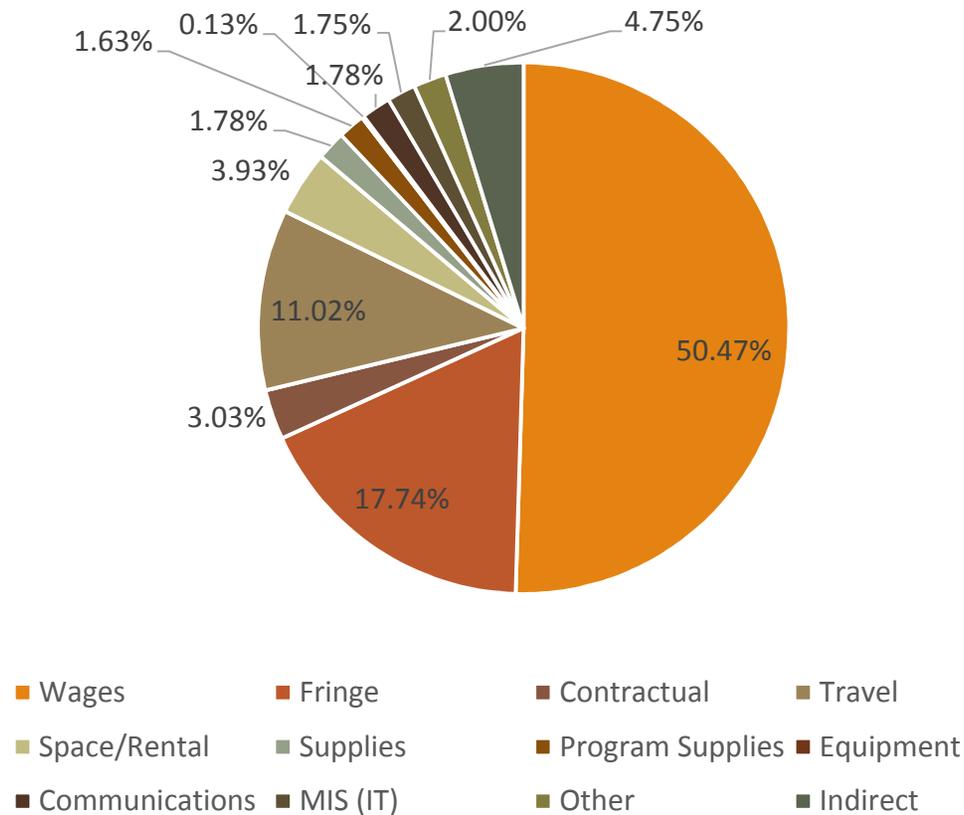
Cumulative Enrollment: 502



## RurAL CAP Parents as Teachers PY 2012-2013

	2013		2013
<b>Enrollment</b>		<b>Families</b>	
<b>Total</b>	502	<b>Total</b>	393
<b>Children</b>	475	<b>Two-Parent</b>	335
<b>Prenatal</b>	27	<b>Single-Parent</b>	61
<b>Health Treatments</b>		<b>Family Services</b>	
<b>Hearing Difficulties</b>	1	<b>Emergency/Crisis Intervention</b>	37
<b>Vision Problems</b>	0	<b>Housing Assistance</b>	50
<b>Disabilities</b>		<b>Mental Health Services</b>	25
<b>Professionally Diagnosed</b>	20	<b>Health Education</b>	164
<b>Speech/Language Impairment</b>	4	<b>Parenting Education</b>	141
<b>Visual Impairment</b>	1	<b>Insurance</b>	
<b>Non-Categorical / Developmental Delay</b>	15	<b>Uninsured</b>	31
<b>Potential or Suspected</b>	52		

# 2004 Parents as Teachers Expenses

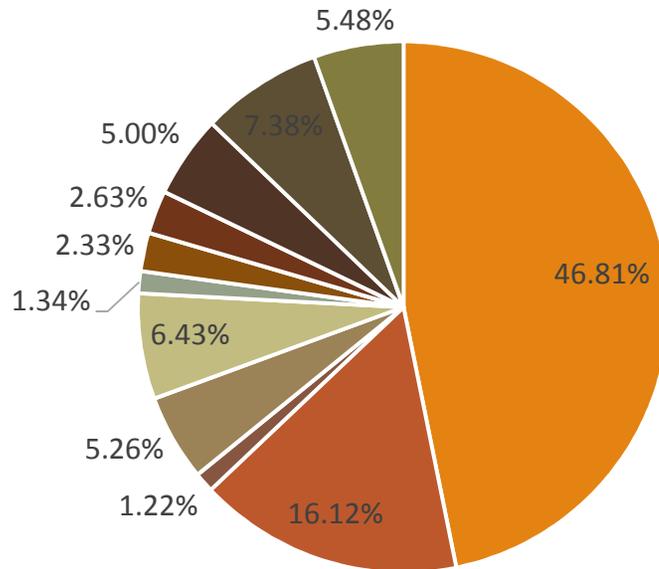


Wages	\$ 352,414
Fringe	\$ 123,869
Contractual	\$ 21,157
Travel	\$ 76,924
Space/Rental	\$ 27,421
Supplies	\$ 12,403
Program Supplies	\$ 11,354
Equipment	\$ 928
Communications	\$ 12,456
MIS (IT)	\$ 12,207
Other	\$ 13,973
Indirect	\$ 33,175

Federal Revenue	\$ 698,282
Expenses	\$ 698,282



# 2013-2014 Parents as Teachers Budget



Wages	\$ 803,480
Fringe	\$ 276,703
Contractual	\$ 20,905
Travel	\$ 90,304
Space/Rental	\$ 110,436
Supplies	\$ 22,951
Program Supplies	\$ 40,030
Communications	\$ 45,167
MIS (IT)	\$ 85,871
Other	\$ 126,591
Indirect	\$ 94,019

Total Revenue	\$ 1,610,080
State Revenue	\$ 337,000
Federal Revenue	\$ 1,273,080

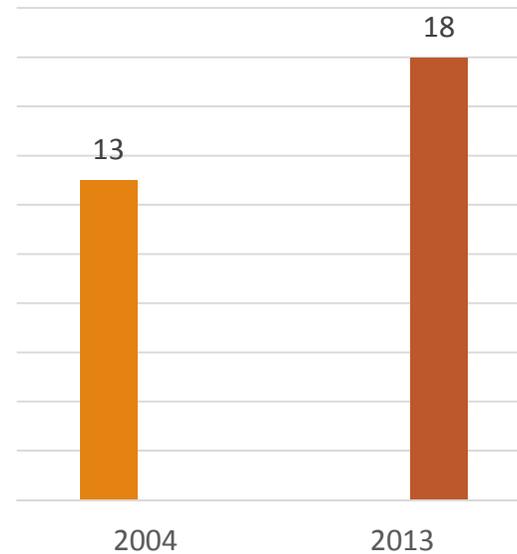


# Parents as Teachers: Families and Communities Served

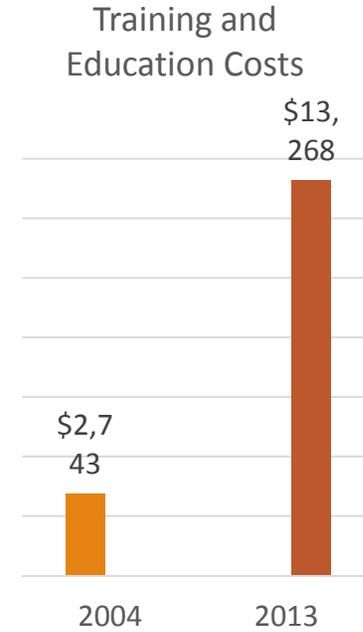
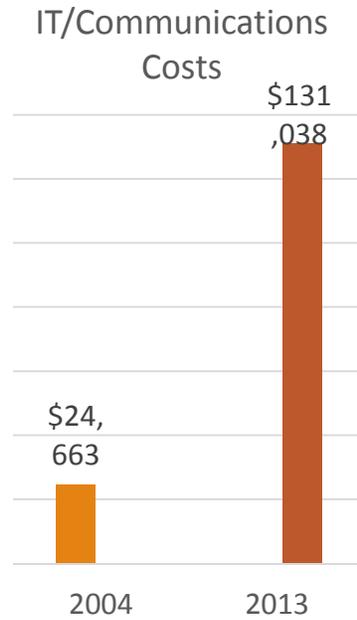
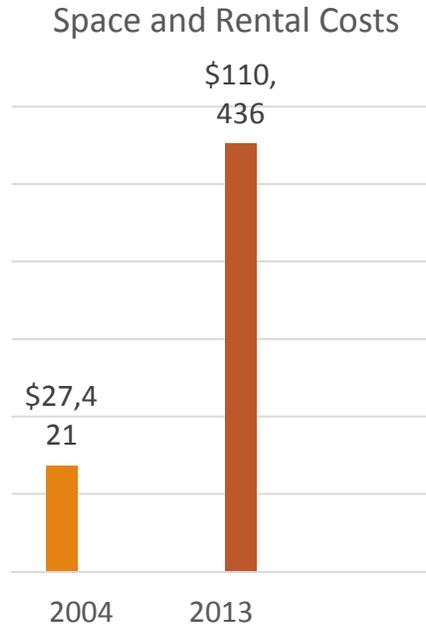
Cost per Family  
Served



Communities Served



# Parents as Teachers: Cost Drivers



## Other Cost Drivers:

- Increased requirements
- Enhanced services
- Increased personnel



# Parents as Teachers Outcomes

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- 221 parents completed at least 75% of scheduled personal visits
  - 211 parents reported an increase in activities promoting literacy and language development
  - 210 parents reported improved parenting skills related to positive discipline
  - 377 children demonstrated age appropriate developmental skills
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# RurAL CAP Head Start Programs

Akiak \*  
Alakanuk  
Chevak  
Emmonak  
Haines  
Homer  
Hooper Bay \*  
Hydaburg \*\*  
Kake  
Ketchikan  
Kluti-kaah  
Kodiak  
Kwethluk \*

Marshall  
Mountain Village  
Napaskiak  
Nunapitchuk \*  
Pilot Station  
Savoonga \*  
Selawik \*\*\*  
St. Mary's \*  
Stebbins  
Sterling  
Tok  
Toksook Bay

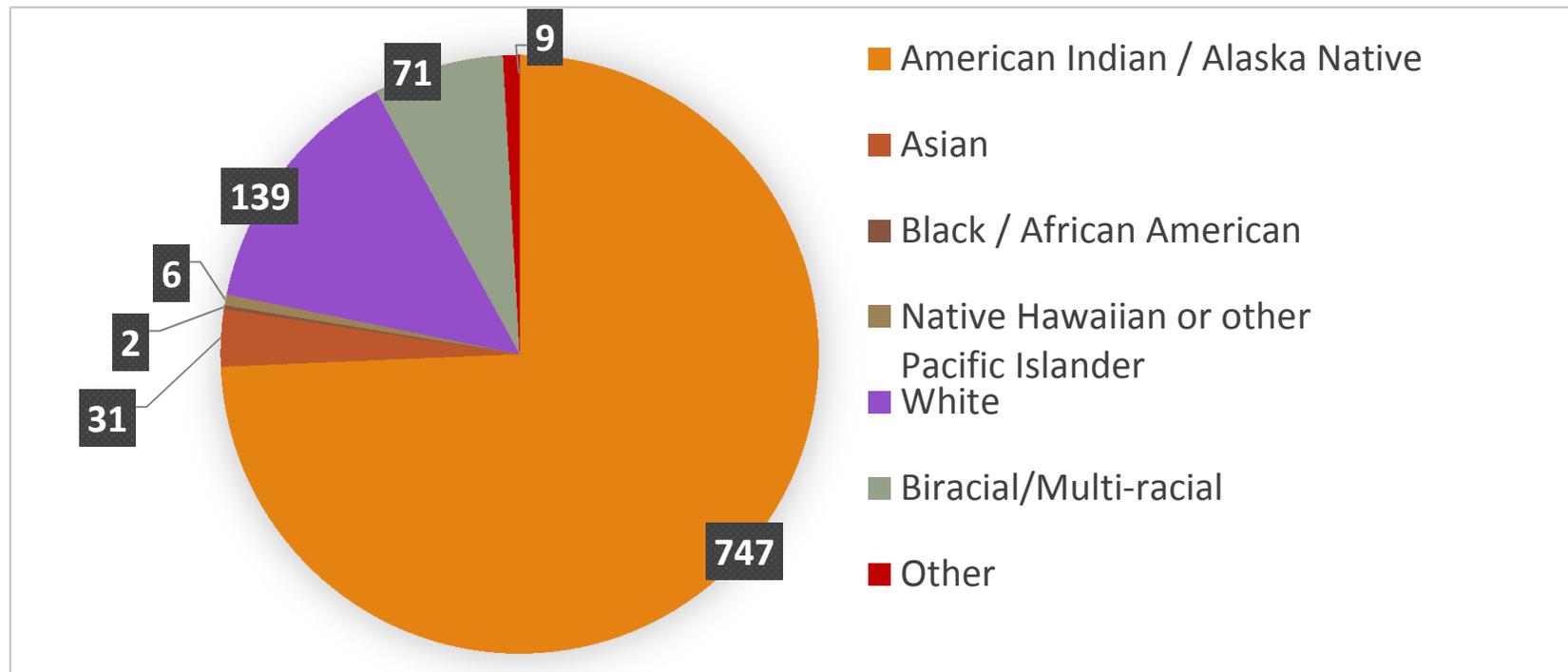
\* Head Start & Early Head Start

\*\* Sequestration Cut

\*\*\* Pending for 2013-2014

# RurAL CAP Early/Head Start

## PY 2012-2013



Slots: 803

Cumulative Enrollment: 1005



## RurAL CAP Head Start PIR Comparison 2004 & 2013

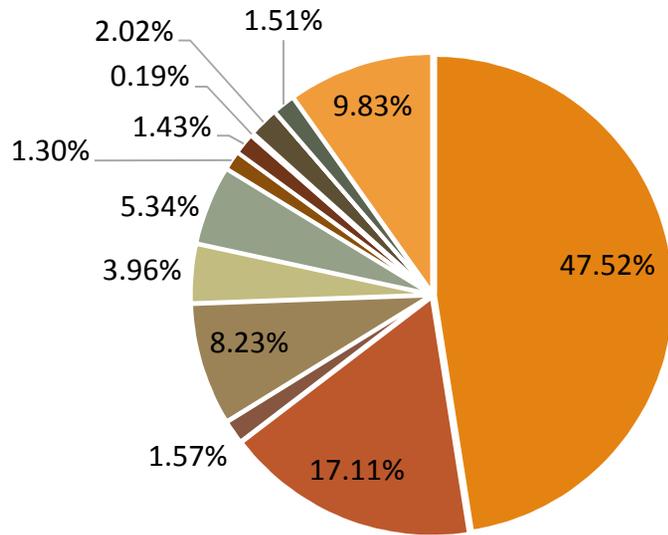
	2004	2013		2004	2013
<b>Enrollment</b>			<b>Families</b>		
<b>Total</b>	761	768	<b>Total</b>	709	717
<b>Health Treatments/Concerns*</b>			<b>Two-Parent</b>	574	504
<b>Anemia</b>	31	80	<b>Single-Parent</b>	135	213
<b>Asthma</b>	1	1	<b>Family Services</b>		
<b>Hearing Difficulties</b>	45	40	<b>Emergency/Crisis Intervention</b>	51	34
<b>Vision Problems</b>	51	28	<b>Housing Assistance</b>	77	52
<b>Overweight*</b>	171	168*	<b>Mental Health Services</b>	101	8
<b>Obesity*</b>	-	232*	<b>Health Education</b>	88	38
<b>Disabilities</b>			<b>Parenting Education</b>	116	22
<b>Children with IEP</b>	77	67	<b>Volunteers</b>		
<b>Diagnosed with Disability</b>	78	67	<b>Total</b>	1190	911
<b>Health Impairment</b>	0	2	<b>Staff</b>		
<b>Speech/Language Impairment</b>	51	42	<b>Total</b>	235	192
<b>Hearing Impairment</b>	1	0	<b>Teachers</b>	38	30
<b>Visual Impairment</b>	1	0	<b>Assistant Teachers</b>	35	30
<b>Specific Learning Disability</b>	0	1	<b>Staff Education</b>		
<b>Non-Categorical / Developmental Delay</b>	25	22	<b>Graduate/Advanced</b>	0	0
			<b>Baccalaureate</b>	3	11
			<b>Associate</b>	6	13
			<b>Child Development Associate Credential</b>	33	20

\* Obesity and Overweight were calculated with BMI for the 2012-2013 program year and are considered concerns.

## RurAL CAP Early Head Start PIR Comparison 2004 & 2013

	2004	2013		2004	2013
<b>Enrollment</b>			<b>Families</b>		
<b>Total</b>	194	237	<b>Total</b>	137	181
<b>Children</b>	172	211	<b>Two-Parent</b>	115	130
<b>Prenatal</b>	22	26	<b>Single-Parent</b>	22	51
<b>Health Treatments</b>			<b>Parent/Guardian Education</b>		
<b>Anemia</b>	11	32	<b>Advanced/Baccalaureate</b>	1	5
<b>Asthma</b>	0	1	<b>Associate/Vocational</b>	13	15
<b>Hearing Difficulties</b>	0	2	<b>HSG/GED</b>	84	139
<b>Vision Problems</b>	0	3	<b>Less than HSG</b>	39	22
<b>Overweight</b>	8	-	<b>Family Services</b>		
<b>Disabilities</b>			<b>Emergency/Crisis Intervention</b>	2	2
<b>Children with IFSP</b>	10	20	<b>Housing Assistance</b>	4	17
<b>Staff</b>			<b>Mental Health Services</b>	9	2
<b>Total</b>	28	57	<b>Health Education</b>	4	10
<b>Home Visitors</b>	13	16	<b>Parenting Education</b>	13	25
<b>Staff Education</b>			<b>Volunteers</b>		
<b>Graduate/Advanced</b>	0	0	<b>Total</b>	179	156
<b>Baccalaureate</b>	0	0			
<b>Associate</b>	0	2			
<b>Child Development Associate Credential</b>	5	3			

# 2004 Head Start Expenses



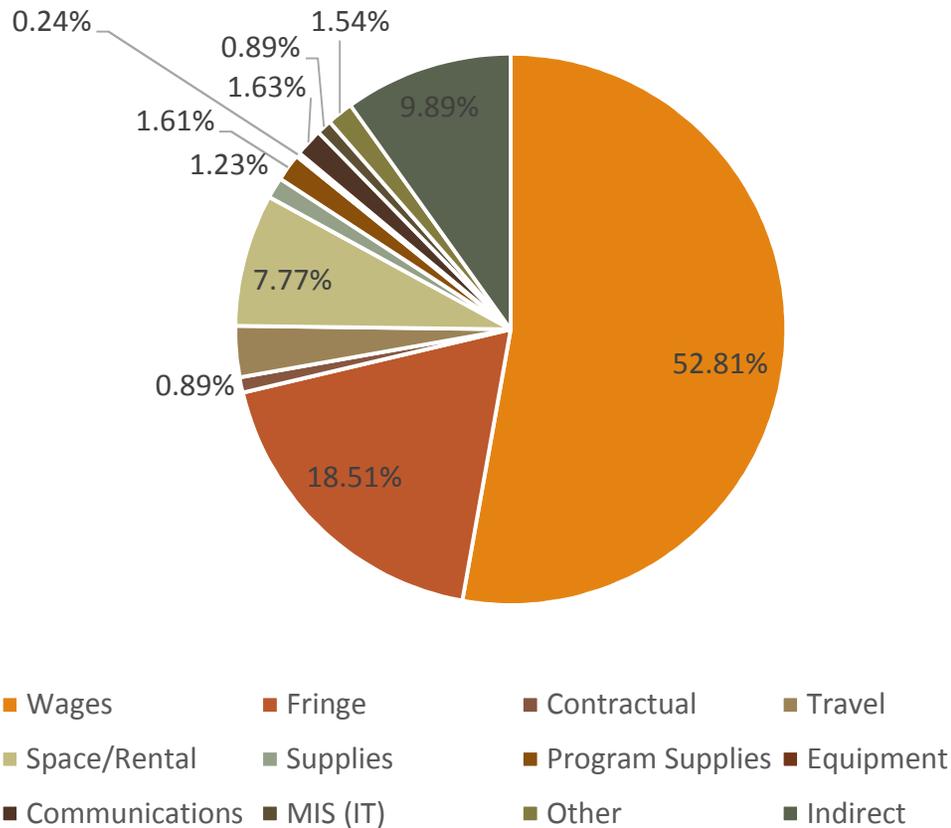
- Wages
- Fringe
- Contract
- Contract UTDC
- Travel
- Space/Rental
- Supplies
- Program Supplies
- Equipment
- Communications
- MIS (IT)
- Other
- Indirect

Wages	\$ 3,856,504
Fringe	\$ 1,388,341
Contractual	\$ 127,659
Contractual UTDC	\$ 667,994
Travel	\$ 321,283
Space/Rental	\$ 433,595
Supplies	\$ 105,587
Program Supplies	\$ 115,684
Equipment	\$ 15,274
Communications	\$ 163,697
Other	\$ 122,747
Indirect	\$ 797,655

State Revenue	\$ 2,393,233
Federal Revenue	\$ 5,820,377
Expenses	\$ 8,044,392



# 2013-2014 Head Start Budget

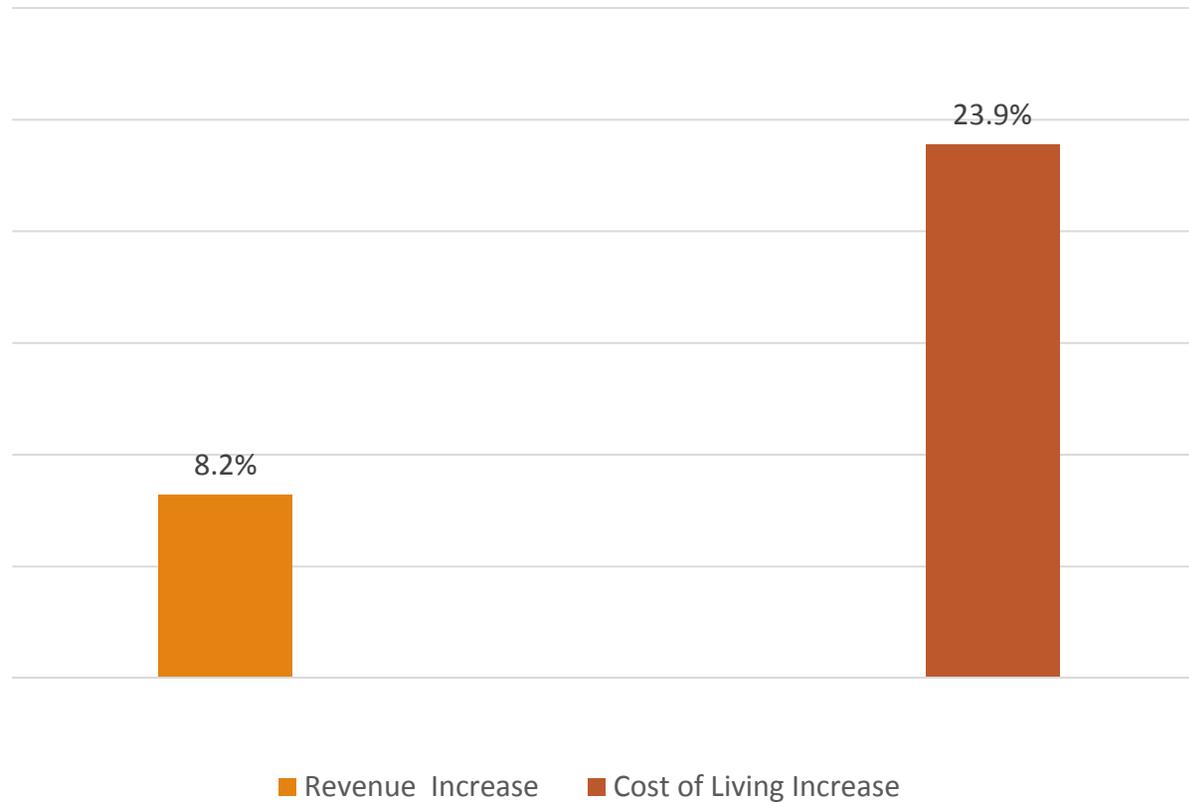


Wages	\$ 4,460,001
Fringe	\$ 1,562,949
Contractual	\$ 75,218
Travel	\$ 253,740
Space/Rental	\$ 655,946
Supplies	\$ 104,200
Program Supplies	\$ 135,766
Equipment	\$ 20,000
Communications	\$ 137,659
MIS (IT)	\$ 75,000
Other	\$ 130,367
Indirect	\$ 834,993

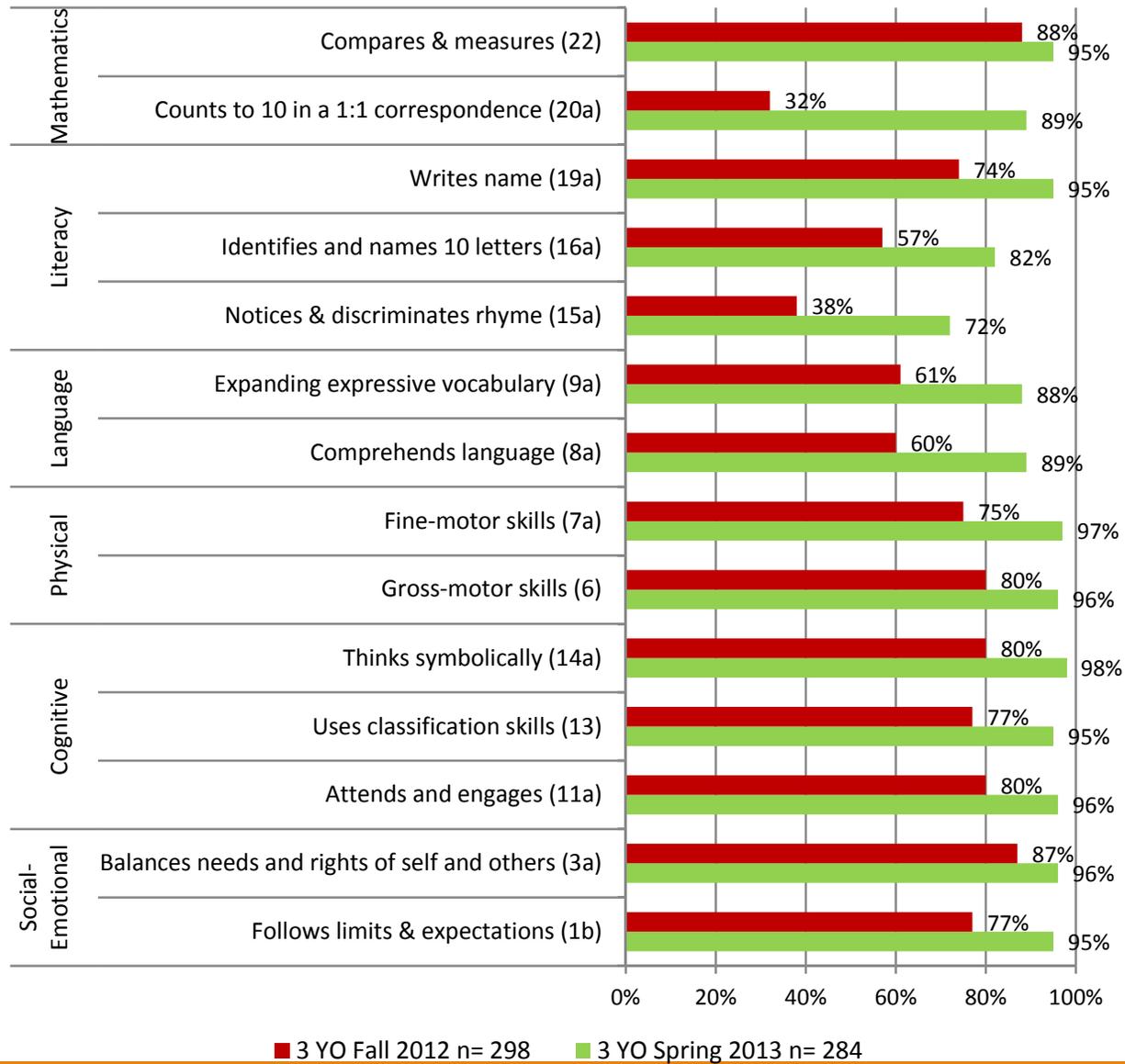
Total Revenue	\$8,367,216
State Revenue	\$2,589,296
Federal Revenue	\$5,777,920



# Head Start Funds vs. Cost of Living



**RurAL CAP Head Start Outcomes**  
 PY 2012-2013  
 3 Year Olds: % Meeting or Exceeding Widely Held Expectations



**RurAL CAP Head Start Outcomes**  
 PY 2012-2013  
 4 Year Olds: % Kindergarten Ready

