

# NU'IJU HEALING PLACE

## A Men's Therapeutic Community Program

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### PARTICIPANT APPLICATION

#### ABOUT THE NU'IJU PROGRAM

The Nu'iju Healing Place (NHP) offers a comprehensive 12-month therapeutic community program designed to change negative core beliefs. The culturally rooted, trauma informed, community-based program is based on the belief that change is possible and restorative processes should be approached holistically – physically, mentally, emotionally, and spiritually.

NHP aims to continue to reduce recidivism rates and improve the reentry process and make communities safer. It focuses on strengthening relational skills through cultural techniques to demonstrate and enhance personal growth and family relationships.

#### THE APPLICATION PROCESS

Inmates throughout the state can apply to be interviewed for acceptance into the program. The program is designed for those nearing the end of their sentence or approximately 2 to 5 years prior to reentry to provide tools for developing safe, healthy relationships.

The NHP welcomes all people pursuing personal wellness to apply for participation, regardless of cultural affiliation, beliefs, observances, or practices.

Interviews are comprehensive to ensure compatibility to NHP. Success requires full commitment, accountability, and holistic healing. If the applicant is determined appropriate (including in terms of custody, length of sentence, and disciplinary history), they are admitted as a candidate into the NHP Admissions Evaluation Phase (AEP), a month-long probationary period. NHP staff will meet with the candidate at the end of the AEP and make a joint determination if continuing community residency is recommended.

# NU'IJU HEALING PLACE APPLICATION

## PROGRAM FOUNDATION

A primary focus of NHP is to explore strategies to change thinking patterns and future behavior. The indigenous-led model emphasizes the values of Native culture and uses peer cultural leaders and modeling rather than clinical hierarchy and implements evidence-based interventions for complex trauma. The NHP respects all cultures and beliefs and encourages participants to celebrate their individual traditions, recognizing that one's culture, beliefs, and traditional values are a great strength and foundation of resilience. Indigenous values bring strength and create common ground with other cultures and a mutual respect and valuing of differences is core to the community. Proselytizing, defined as, "attempting to convert or attempt to convert someone", from religion, traditions, or core beliefs is strictly forbidden.

This is a challenging program where each participant has an obligation to help, nurture, support, and respect each other. Full and sincere participation in all activities is required and residents must demonstrate a desire to heal their life and a willingness for accountability.

Residents progress through the program phases specified in the NHP Program Guide. Program structure focuses on four curriculum domains: Trauma Education and Recovery; Addiction, Sobriety and Recovery; Relationships and Communication, Bridge to the Future and Reentry. Curriculum is covered through training intensives, learning circles, and classes to address denial and minimization, distorted thinking patterns, poor coping skills, interests/attitudes, emotion management, adult relationships, and unstable lifestyles. Foundational skills include accountability, confronting unhealthy behaviors and attitudes, and challenging negative beliefs. To graduate, all phases of the Primary Program must be completed.

In addition, residents attend coaching sessions and obtain their GED.

## ELIGIBILITY QUALIFICATIONS

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Name:

Date:

I am applying for:

\_\_\_ Participant Role

\_\_\_ Coordinator Role (see quals below)

\_\_\_ either Coordinator or Participant Role

Below is a list of eligibility qualifications to review prior to filling out application.

All Applications (Coordinator Role or Participant):

- Application is completely filled out.
- Applicant is sentenced on a State case with a minimum of 1 year remaining to serve. Must be fully sentenced.
- Applicant must be Minimum or Medium custody level.
- Applicant must not have pending disciplinary or have been found guilty of a disciplinary infraction within the past 12 months at the time application is submitted.
- Agreement to waive furlough.
- Willingness to complete their GED... "and willingness to maintain a minimum of five (5) weekly education study hours."

Applications for Coordinator Role:

- Applicant must have zero positive UA's within the past 12 months at the time application is submitted.
- Must have previous experience in a therapeutic community
- Successful completion of other programming
- Recommendation by institutional leadership (chaplain, PO, other)

Please complete all sections of the application, including any required explanations.  
Applications will be used to determine eligibility for a more in-depth interview.

## DEMOGRAPHICS

Full Legal Name:

\_\_\_\_\_

FIRST MIDDLE LAST

D.O.B: \_\_\_/\_\_\_/\_\_\_ OBSCIS #: \_\_\_\_\_ Institution: \_\_\_\_\_

Age: \_\_\_\_\_ Gender/Identity: \_\_\_\_\_

Are you part of a Native Corporation?  Yes  No

Race/Ethnicity: \_\_\_\_\_

Marital Status:

Single  Married  Divorced  Widowed  Separated  Partner

Do you have children?  Yes  No

If yes, how many? \_\_\_\_\_ How many under the age of 18? \_\_\_\_\_

Security Level: \_\_\_\_\_ Custody Level: \_\_\_\_\_

Projected Release Date: \_\_\_/\_\_\_/\_\_\_

Furlough Eligibility Date: \_\_\_/\_\_\_/\_\_\_

Parole Eligibility Date: \_\_\_/\_\_\_/\_\_\_

Last Arrest Date: \_\_\_/\_\_\_/\_\_\_

Formal interviews will not take place until you have been approved by the Department of

## EDUCATION AND WORK HISTORY

What is your level of education:

- Attended High School but did not obtain a Diploma
- Obtained a High School Diploma
- GED

What are your educational goals?

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How would you rate your reading and comprehension ability?

- Excellent
- Good
- Poor

Have you served in the military?  Yes  No

List previous jobs you have had prior to incarceration:

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List previous jobs you have had while incarcerated:

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## MEDICAL AND MENTAL HEALTH HISTORY

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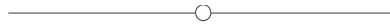
Only program leadership or clinical staff will be able to view the remainder of this application.

Please read each of the following statements and select your response:

**Answer Selection:** Correct = ● Incorrect = ✕ ✓ ⊖

Assessment Statements	Yes	No
I have medical health conditions that may impact my ability to participate in this program.	<input type="radio"/>	<input type="radio"/>
I have physical mobility access considerations.	<input type="radio"/>	<input type="radio"/>
I have visual access considerations.	<input type="radio"/>	<input type="radio"/>
I have auditory access considerations.	<input type="radio"/>	<input type="radio"/>
I take prescription medications.	<input type="radio"/>	<input type="radio"/>
I have previously been diagnosed with a mental health condition.	<input type="radio"/>	<input type="radio"/>
I have been previously diagnosed with Post-Traumatic Stress Disorder (PTSD).	<input type="radio"/>	<input type="radio"/>
I have been previously diagnosed with a traumatic brain injury (TBI).	<input type="radio"/>	<input type="radio"/>
I have struggled with substance use issues.	<input type="radio"/>	<input type="radio"/>

## AND MEDICAL MENTAL HEALTH HISTORY



For any items you selected Yes to, please provide a detailed explanation of potential impact to your participation:

Condition/Issue	Detailed Explanation of Potential Impact:
Medical health conditions (Example: CPAP Machine)	
Physical mobility issues (Example: Require a bottom bunk)	
Medications	
Mental health conditions	
Post-Traumatic Stress Disorder (PTSD)	
Traumatic Brain Injury (TBI)	
Substance use issues	

## CRIMINAL HISTORY



List the crime(s) currently convicted of:

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List previous crime(s) for which you have been convicted:

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List any crime(s) you are awaiting sentencing for:

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I take full responsibility for my crime(s): Agree      Disagree

Provide an explanation for your answer:

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List and explain any institutional write-ups or disciplinary actions within the last 12 months:

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I do not have any institutional write-ups in the last 12 months

### CRIMINAL HISTORY

Do you have any court or legal work being done  now?  Yes  No

Is your conviction currently under  appeal?  Yes  No

Is the length of your sentence under appeal?  Yes  No

List any programs you have participated in during your incarceration.

**Answer Selection:** Correct = ● Incorrect = ✕ ✓ ⊖

Program/Class	Completed	Did Not Complete	What did you get out of the program?
RSAT program	○	○	
IOPSAT program	○	○	
TLC program			
GED class	○	○	
Parenting class	○	○	
Reentry class	○	○	
Vocational class	○	○	
Computer class	○	○	
DV Intervention class	○	○	
Other	○	○	

## PROGRAM READINESS

Which of the following factors have contributed to your decision to apply for this program:

**Answer Selection:** Correct = ● Incorrect = ☒ ☑ ⊖

Assessment Statements	Strongly Disagree	Disagree	Agree	Strongly Agree
Nothing else has worked.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I need to change my life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I need accountability in my life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I want to live amongst positive peers.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I want to live in a peaceful environment.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Culture is important to me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Spirituality is important to me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please read each of the following statements and select your response:

**Answer Selection:** Correct = ● Incorrect = ☒ ☑ ⊖

Program Readiness	Agree	Disagree	Provide Explanation (why, how, goals or examples)
I desire to make a change in my life.	<input type="radio"/>	<input type="radio"/>	
I am currently working to bring change in my life.	<input type="radio"/>	<input type="radio"/>	
NHP can help me make the life changes I desire.	<input type="radio"/>	<input type="radio"/>	

Explain why you want to participate in NHP:

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## PROGRAM READINESS

List any institutional services or community gatherings you have participated in during your incarceration.

**Answer Selection:** Correct = ● Incorrect = ✕ ✓ ⊖

Service/Gathering	Completed	Did Not Complete	N/A	What was the frequency of attendance?
Religious Service	○	○	○	
Hobby Craft	○	○	○	
Recreational Activities	○	○	○	
Alcoholics Anonymous (AA)	○	○	○	
Narcotics Anonymous (NA)	○	○	○	
Other	○	○	○	
Other	○	○	○	

What are the negative or self-destructive things you do to cope with stressful life events:

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What are the positive things you do to cope with stressful life events:

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## PROGRAM READINESS

Have you completed all programs required for release?  Yes  No

If not, what do you need for completion:

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Please read each of the following statements and select your response:

**Answer Selection:** Correct = ● Incorrect = ✕ ✓ ⊖

Assessment Statements	Disagree	Agree
I agree to not follow the "criminal code".	○	○
If I need to be removed from NHP or want to stop participating in the program, I understand I will be transferred to general population.	○	○
In NHP there will be no personal TV's.	○	○
In NHP there will be no video games.	○	○

## PROGRAM COMMITMENT

### ACCOUNTABILITY

Accountability is one of NHP's core values. It involves being able to speak the truth in kindness to another and being receptive when they speak truth with kindness into your life.

How willing and able are you to being held accountable by your peers?

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How willing and able are you to holding your peers accountable?

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## PROGRAM Challenges

Successful completion of NHP includes a difficult healing process. Participants must be willing to talk and

share about harms experienced and harms committed openly, facing pain and adversity rather than running from it.

## SIGNATURE PAGE

All applicants must sign box 1

AND

If applicable, applicants need to sign box 2, and/or box 3.

### Box 1. ALL APPLICANTS MUST SIGN

I understand that NHP is a 12-month rigorous program, and I must demonstrate daily the desire to heal my life and a willingness for accountability. I understand this is a culturally rooted program. If I am accepted, my full participation is required in all aspects of the community. I understand success requires full commitment. I choose to enter this program voluntarily. I understand that I am expected to abide by not only the institutional rules but in addition, all rules of conduct set forth in NHP. I also understand that I may voluntarily leave the program at any time or be discharged for reasons determined by staff.

My signature indicates that I have read and understand these statements and verifies that all information on this form and any accompanying documents are true to the best of my knowledge.

Applicant's Signature \_\_\_\_\_ Date \_\_\_\_\_

### Box 2. APPLICANTS WITHOUT A HIGH SCHOOL DIPLOMA OR GED

If I do not have a high school diploma or a GED, I understand that working toward a successful completion of my GED will be a part of this program and a requirement for program graduation. I agree that I will be putting minimally 7 hours a week in the institutional education department to accomplish this goal. I further agree that I will not apply or take an institutional job until I can successfully demonstrate maintaining my program and GED studies to NHP staff.

Applicant's Signature \_\_\_\_\_ Date \_\_\_\_\_

**Box 3. FURLOUGH ELIGIBILITY WAIVER**

If it is a factor for entering the NHP program, I am willing to waive my furlough eligibility date to complete NHP.

Applicant's Signature \_\_\_\_\_ Date \_\_\_\_\_