

HB 41 Written Testimony

Rec'd 3-31-26

Stuart Relay

From: Irene Quednow [REDACTED]
Sent: Tuesday, March 31, 2026 8:15 AM
To: House State Affairs
Cc: 'irene.quednow@pm.me'
Subject: Public Testimony for HB 41 - permanent Daylight Saving Time - Support

Follow Up Flag: Follow up
Flag Status: Flagged

Good morning,

I am writing in support of HB 41 - Permanent Daylight Saving Time. While I would prefer to stay on Alaska Standard Time, the important part is that we stop switching! Whichever it will be, AST or DST, lets stay on that time all year round. The detrimental effects of switching twice a year have been well documented. Please pass HB41.

Thank you.

Irene Quednow
Anchorage

"The world needs men (and women) who will not be bought or sold. Men (and women) who in their inmost souls are true and honest. Men (and women) who do not fear to call sin by its right name. Men (and women) whose conscience is true to duty. Men (and women) who will stand for what is right though the heavens fall." Ellen Gould White (words in parenthesis added by myself)

Stuart Relay

From: April Erickson [REDACTED]
Sent: Tuesday, March 31, 2026 7:49 AM
To: House State Affairs
Subject: HB41

Follow Up Flag: Follow up
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Please support HB 41 and stop these outdated, unnecessary time changes.
April Erickson, Kodiak, AK

Stuart Relay

From: DANIEL BENTTI [REDACTED]
Sent: Tuesday, March 31, 2026 6:18 AM
To: House State Affairs
Subject: HB 41

Follow Up Flag: Follow up
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Please pass this bill.

Marcie Benti
Palmer

Stuart Relay

From: Kyle Whisenant [REDACTED]
Sent: Monday, March 30, 2026 11:25 PM
To: House State Affairs
Subject: HB 41 - daylight savings time

Follow Up Flag: Follow up
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Dear State Affairs Committee,

I am writing to voice my opinion about the bill to end daylight savings time. While I am in favor of ending the twice a year time change, I am opposed to switching to Alaska standard time. In this letter, I want to talk about how switching to Alaska Standard Time would create a few inconveniences for Alaskans, and take away an hour of sun for Alaskans who work jobs during regular business hours. I then want to advocate the benefits of ending the time change, but rather staying on Alaska Daylight Savings Time permanently instead of Alaska Standard Time.

If we switch to Alaska Standard time year round, we would be two hours behind the west coast, British Columbia, and the Yukon for half of the year instead of one. This would pose an inconvenience for those doing business with companies on the west coast.

If we switch to Alaska Standard Time permanently, that means that the sun would set an hour earlier compared to being on Alaska Daylight Savings Time. Using Fairbanks as an example, currently the sun sets at 5:30 at the end of October. This year, the clocks shift back to standard time on November 1, which means the sun will set at 4:30 pm after the switch, meaning that Alaskans will lose their sunlight after work sooner.

I am in favor of ending the time switch twice a year, but I am opposed to Alaska Standard time being the time the clocks are permanently set to, because I believe it would be beneficial to stay on Daylight Savings Time year-round instead of summer only.

Again, using Fairbanks as an example - by staying on Daylight savings time, those who go to work and leave work in the dark during the winter would have the opportunity to enjoy the sun for four more weeks after getting off if they work a regular 8-5 job.

I am a high school cross country ski coach. Our school gets out at 2:00 pm, and ski practice begins at 3:00 pm. Close to the winter solstice, the sun sets around 2:40 pm in Fairbanks. For the most part in December and January, our practices take place in the dark. Permanently setting the clocks on daylight savings time means that close to the winter solstice, the sun would set at 3:40 pm which would give students getting out of school at least a little daylight after school during the darkest part of the year.

To sum it up, I am very much in favor of ending the changing of clocks twice a year, but I think going to Alaska standard time year-round would be an inconvenience and a mistake. I am in favor of ending the time change, but on Daylight Savings Time.

Kyle Whisenant
North Pole, AK

Stuart Relay

From: Alexander Smith [REDACTED]
Sent: Monday, March 30, 2026 10:08 PM
To: House State Affairs
Subject: Oppose HB 41 - Hearing March 31

Follow Up Flag: Follow up
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Dear Legislators,

Please oppose HB 41 (permanent Daylight Saving Time) and support HB 229 (permanent Standard Time).

Permanent DST is not healthy, safe, or fair. It's also not guaranteed to ditch the switch. We should not delay sunrise until around "noon", and we don't need sunset delayed until around "midnight".

Different industries may benefit from morning light versus evening light, but the government shouldn't play favorites. We should prioritize natural benefits to health, safety, learning, and productivity. We should set clocks more objectively to the sun. And we should stop changing clocks as soon as possible. Only permanent Standard Time can get this done.

Thank you very much!

Stuart Relay

From: K H [REDACTED]
Sent: Monday, March 30, 2026 1:56 PM
To: House State Affairs
Subject: Re: SB 26 , HB 229 and the next bill that will eliminate changing the clocks.

Follow Up Flag: Follow up
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I am for HB 41 also. (See notes on SB 26 and HB 229)

Karen Henriksen

> On Mar 30, 2026, at 1:53 PM, K H [REDACTED] wrote:

>
> I'm in favor of any and all bills that will eliminate changing the clocks for daylight and standard time.
> Either way is ok with me, but my absolute preference is the sooner the better.
>
>
> Karen Henriksen
>

Stuart Relay

From: Laurie Deakins [REDACTED]
Sent: Monday, March 30, 2026 1:12 PM
To: House State Affairs
Subject: HB 41

Follow Up Flag: Follow up
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I am writing in support of HB 41, to stay in Daylight Saving Time and eliminate the need to change our clocks twice a year. I have heard some testimony about the health risks of changing our clocks and our sleep schedule twice a year and this is one reason we should pass this bill. Another is that I have school aged children and changing our clocks twice a year, during the school year, is disruptive to the children and their sleep, their school day, and their focus. My biggest reason is that DST does not make sense anywhere but especially in Alaska. We gain or lose 30 minutes of light every week where I live in Alaska. When we switch our clocks, we're just back to where we were two weeks later. It is pointless and frankly, annoying.

Thank you,

Laurie Deakins

Care Coordination Resource

[REDACTED] Homer, AK 99603

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Stuart Relay

From: Dan McCrummen [REDACTED]
Sent: Monday, March 30, 2026 1:06 PM
To: House State Affairs
Cc: Dan McCrummen
Subject: Written Testimony HB 41

Follow Up Flag: Follow up
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I am writing to express my support for HB-41. I would like to see Daylight Savings Time (DST) eliminated; however, I would prefer we remain on DST year round. Here in Southeast, with DST, we enjoy daylight well past 10:00 PM for about six weeks of our summer. Reverting to Standard Time (ST) would eliminate that. Most of the rest of the state, because they are further west and/or further north, they enjoy this later sunset time whether on ST or DST. Furthermore, in the dead of winter, using DST has benefits there too. Our children would be coming home from school before or at sunset, rather than in the dark as they do currently with ST.

For the reasons stated above, I also oppose HB-229.

Hugh "Dan" McCrummen
Juneau