



# Tlingit & Haida

## Community and Behavioral Services

### Purpose Statement

*“Through the holistic embodiment of our tribal values, we empower community healing and break intergenerational cycles.”*

### The Issues We Are Targeting

Alaska Native/American Indian people experience disproportionate rates of mental illness, substance use disorder, incarceration, victimization, and adverse childhood experiences.

- In 2022, AI/AN people were 91% more likely to die by suicide than the U.S. population overall.
- Alaska Native people had the highest drug overdose death rates in both urban (44.3 per 100,000) and rural (39.8 per 100,000) counties - outpacing all other groups.
- For every 1000 Native Americans who need/want mental health care, there is one Native provider.
- In 2016, More than four in five American Indian and Alaska Native women (84.3 percent) have experienced violence in their lifetime.

### What We Offer

#### Culturally Responsive Healing Services for Mental Health, Trauma, and Addiction

- Healing Center
  - CARF Accredited Outpatient Behavioral Health Services
- Community Advocacy Program
  - Tribal Victims of Crime, co-located with Healing Center
- Reentry & Recovery Program
  - NARR Accredited non-congregate housing and support program

#### Services Available (In-Person and Telehealth)

- Individual, Family and Group Therapy
- Same-Day Crisis Response
- Assessments and Referrals
- Case Management
- Prevention and Education
- Reentry Support
- Victim Advocacy and Emergency Support
- Postvention Crisis Collaboration
- Community Healing Events
- Psychological Testing
- 24/7, 365 Crisis Hotline
- CultureHeals.com

### Who We Serve

- Tlingit & Haida tribal citizens
- Direct descendants of tribal citizens
- Household members of tribal citizens
- People enrolled in other federally recognized tribes
- R&R serves everyone, until at capacity, at which point priority goes to Tribal Citizens

## What Sets Us Apart

- Tlingit & Haida tribal values are at the core of our work (*see attachment*)
- Cultural integration and representation
- We prioritize individual and community needs
- We reduce barriers to care and healing
- Strong collaboration with other programs
- We prioritize accessibility and trustworthiness
- We support our staff and are building experts in the field

## CBS Priorities

- Address underlying conditions (Intergenerational trauma, complex trauma, historical trauma, etc.) in an integrated manner, not just the symptoms in a silo (Domestic violence, addiction, suicidal ideation, housing and food, etc.)
- Meet our citizens where they're at - allow for a slower pace, more time, and more trust building for true healing to take place
- Sustain current services blending western best practices with cultural/traditional healing
- "No Wrong Door" for any tribal citizens seeking help
- Ensure long-term financial sustainability of our division

## Funding Streams

- Grants
  - SAMHSA 988 Grant
  - IHS Grant
  - DOJ Grant
  - OVC Grants
  - OVW Grant
- Compact Funds Allocated by the Tribe
- Contract Services Generating Revenue
- Billing

## Other Support Services Provided by Tlingit & Haida

- Childcare (Head Start, Daycare)
- Community Navigators
- Cultural Heritage
- Education & Training
- Elders Program
- Food Security/Traditional Foods
- Temporary Assistance for Needy Families (TANF)
- Tribal Vocational Rehabilitation
- Tribal Child Support
- Tribal Family & Youth Services
- Tribal Court/Youth Healing to Wellness
- Wayfinders

SOUTHEAST TRADITIONAL TRIBAL VALUES



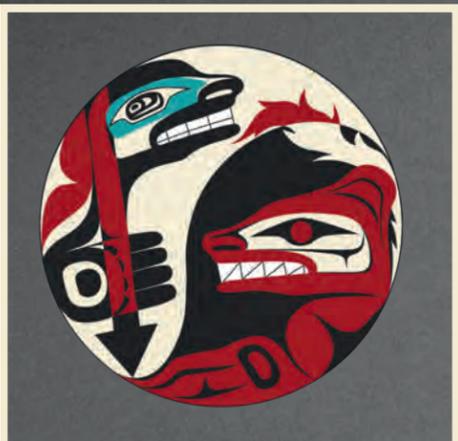
DISCIPLINE & OBEDIENCE TO THE TRADITIONS OF OUR ANCESTORS



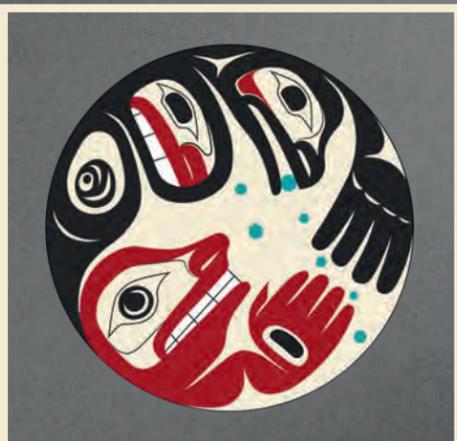
RESPECT FOR SELF, ELDERS & OTHERS



RESPECT FOR NATURE & PROPERTY



PATIENCE



PRIDE IN FAMILY, CLAN & TRADITIONS IS FOUND IN LOVE, LOYALTY & GENEROSITY



BE STRONG IN MIND, BODY & SPIRIT



HUMOR

OUR WAY OF LIFE



HOLD EACH OTHER UP



LISTEN WELL & WITH RESPECT



SPEAK WITH CARE



WE ARE STEWARDS OF THE AIR, LAND & SEA



REVERENCE FOR OUR CREATOR



LIVE IN PEACE & HARMONY



BE STRONG & HAVE COURAGE