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## **EDUCATION:**

- 2015            ClarityPoint Coaching Academy  
                  Certified ClarityPoint Coach
- 1986            Brigham Young University, Provo, Utah  
                  Degree: Bachelor of Science  
                  GPA: 3.54  
                  Major: Social Work, Emphasis – Group Work

## **WORK EXPERIENCE:**

- Sept 2019-     Alaska Backcountry Cottages Co-Owner/ Customer Relations/Marketing  
Present
- Responsibilities: Manage bookings, establish relationships with travelers and travel agencies. Receive customer inquiries, complaints, feedback, and suggestions through phone, email, chat, or social media. Provide satisfactory solutions to customer problems, field telephone calls, collect payments via confidential credit card information and ensure customers have a positive experience with Alaska Backcountry Cottages.
- May 2015-     Certified ClarityPoint Life Coach  
Present
- Responsibilities: Provide clients all the tools, skills and guidance to help make real, lasting changes in their lives. With revolutionary, time- tested, science and psychology based coaching, clients create mental health, self-esteem and good relationships.
- July 2009-     Webmaster MSrelief.com  
Sep 2019
- Responsibilities: Create and post content on Multiple Sclerosis-Relief.com. is a content-rich resource center and marketplace dedicated to proving that people can Choose Joy while living with MS. Inspire others to choose Joy while living with MS.
- Jan 2001-     Respite Provider, Mat-Su Services for Children & Adults  
Jan 2007
- Responsibilities: Provided short-term, temporary relief for family members/caretakers from meeting the ongoing challenges of caring for individuals with developmental disabilities at home.
- Jan 1987-     Group Co-counselor for non-resident woman, A.W.A.I.C. (Abused Women's Aid in  
April 1990     Crisis), Anchorage, Alaska
- Responsibilities: Offered non-resident women support and skill-building groups teaching the dynamics of battering, addictive behavior patterns, traditional male/female roles and how violence is perpetrated in society. Conducted community education through public and school presentations.

Dec 1987- Jan 1988	<p>Prevention Specialist, Utah Valley Family Support Center, Provo, Utah</p> <p>Responsibilities: Child's crisis line program director. Developed volunteer handbook and resources; trained, evaluated, and supervised volunteers; publicized program through various media including newsletters, newspapers, and radio interviews.</p> <p>Wrote positive parenting child abuse prevention curriculum to be taught to high school students; promoted and trained paid and volunteer staff; taught the course; evaluated pre- and post-test scores to determine program effectiveness.</p> <p>Organized and taught parenting skills course to physically and sexually abusive parents.</p>
Jan 1987- May 1988	<p>Assure Worker, Division of Family Services, Provo, Utah</p> <p>Responsibilities: Implemented and reinforced caseworker's treatment plan through weekly personal contact with abused and abusive adolescent parents. Prepared monthly progress reports.</p>
Sep 1986- Dec 1987	<p>School Social Worker, Provo School District, Provo, Utah</p> <p>Responsibilities: Planned with school child protection teams to reduce truancy; carried out home visits; presented oral and written reports and other paperwork pertaining to youth in State's custody; assisted in child abuse investigations, including interviews with children and parents.</p>
April 1986- Sep 1986	<p>Child Care Worker, Alaska Children's Services, Anchorage, Alaska</p> <p>Responsibilities: Supervised emotionally disturbed adolescents in residential facility; accompanied adolescents on activities, supervised their behavior, enforced appropriate disciplinary measures, and logged daily events and behaviors.</p>

#### **VOLUNTEER EXPERIENCE:**

Jan 1985- Present	<p>Homemaker</p> <p>Responsibilities: Helped nurture 34 year marriage, Raised 8 children preparing them for responsible adulthood. Very involved in school and church activities.</p>
Sep 2005- June 2006	<p>Volunteer, Valley Hospital Hospice</p> <p>Responsibilities: Completed Volunteer Training, provided critical social support to terminally ill patients and their families.</p>
Jan 1987- May 1988	<p>Group Co-Counselor, Central Utah Sexual Abuse Treatment Program, Provo, Utah</p> <p>Responsibilities: Attended weekly group that focused on outpatient treatment of men engaged in compulsive and addictive sexual behaviors.</p>

#### **REFERENCES:**

Beth Wright  
Ret. Management Consultant  
3451 E. Serendipity Loop  
Wasilla, AK 99654  
907-841-7801

Darcy Logan  
Ret. Prof. Counselor  
PO Box 3034  
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