



Bigelow Community Consulting, LLC
Barbara L. Bigelow
AK. NHAN#134
7866 S. Tongass Highway
Ketchikan, Alaska 99901
bigelowbarb@gmail.com

February 10, 2022

TO: House.Health.And.Social.Services@akleg.gov

RE: House Bill No. 308 "An Act relating to dementia awareness."

First, thank you to Representative Stutes for her awareness, action and advocacy related to ADRD (Alzheimers Disease and Related Dementias).

I fully support House Bill No. 308. As a professional working within the continuum of care environment and a former caregiver for a parent with ADRD; I am aware of the much-needed infrastructure and awareness for persons living with dementia.

Alaska's aging population is growing faster than any other segment of our population. Increasingly, and projected to grow exponentially; persons living with ADRD is going to overwhelm our healthcare system. It is time for Alaska to join the ranks of states who have implemented BOLD funding and programs. HB 308 begins the critical journey to serving our ADRD elders who have served us at every level of our culture and society.

I fully support House Bill No. 308.

Thank You,

From: [Jill Simek](#)
To: [House Health and Social Services](#)
Cc: [Rep. Laddie Shaw](#)
Subject: Public Testimony for HB308
Date: Sunday, February 13, 2022 8:26:21 PM

House Health & Social Services Committee:

I am member of the Alzheimer's Resource of Alaska Board of Directors. We are dedicated to supporting Alaskans directly affected by Alzheimer's and related dementias. Alaska must support our Seniors & Elders by recognizing dementia as a public health issue. The burden is large, the impact is great, and there are ways to intervene.

As a member of Alzheimer's Resource of Alaska and as an Alaska citizen, I **support HB 308**, as the need for a comprehensive statewide dementia awareness campaign is growing every year. Older Alaskans face the greatest risk of developing dementia, and our state is aging rapidly. The financial impact on the state, and the human impact on its residents, will be great. Let's do everything we can to be ready.

Enhancing public awareness to promote early detection and healthy lifestyles to reduce risk was the fourth goal in the *Call to Action* (January 2021). That report described Alaska's 10-year plan for addressing dementia. The State of Alaska has not yet undertaken this type of campaign. HB 308 directs the Department of Health and Social Services to do so, and to pursue the federal resources now available to assist.

The benefit of a broad public awareness campaign will rest in its ability to reach those Alaskans who are not already experiencing dementia or its onset. Long before symptoms occur, healthy lifestyle choices can reduce risk. Early detection and symptom management can slow a patient's rate of decline. Early awareness is necessary if Alaska is to improve our odds against the incoming tide of these brutal conditions. An awareness program aimed at all audiences, not just seniors and those who provide care, is essential to the success of that goal.

On a personal note, my mother is a sufferer of Vascular Dementia and Alzheimer's Disease. Sadly, for her, it was a long road to diagnosis, and I feel with more education and awareness much of the uncertainty and frustration my family experienced might have been avoided. Additionally, early detection may have provided opportunities for better treatments to slow decline, or at the very least, better prepared my family for the long and difficult time ahead.

Please consider my story and testimony as HB 308 is considered. Alaskan families need your support for this bill.

Respectfully,

Jill Simek
Vice President, Board of Directors



February 14, 2022

Representative Liz Snyder
Representative Tiffany Zulkosky
Representative Ivy Spohnholz
Representative Zack Fields
Representative Ken McCarty
Representative Mike Prax
Representative Christopher Kurka

Via email: House.Health.And.Social.Services@akleg.gov

Honorable Members of the Committee:

Alzheimer's Resource of Alaska (ARA) strongly **supports HB 308**. ARA is a statewide community-based service provider that has supported tens of thousands of Alaskans affected by Alzheimer's and related dementias since 1984. We achieve this through caregiver training classes, confidential consultations, support groups, care coordination, referral services, socialization activities and more.

We believe there will be a tremendous benefit to Alaskans with the adoption of legislation directing DHSS to develop and implement a statewide dementia awareness program. At present and with support from DHSS, Division of Senior & Disability Services, ARA engages in limited awareness activities pertaining to dementia as part of our mission. Necessarily, those activities are focused on individuals with cause for concern about themselves or a loved one, or who have been diagnosed with a dementia disorder of any type. The directive of HB 308 is much broader than what is being supported, and is truly necessary if Alaska is to develop the capacity to fully support its residents who live with these conditions or care for someone who does. That Alaska must develop greater capacity, in light of our aging population numbers, cannot be gainsaid.

To us, a key provision in the legislation is the directive that DHSS's program secure the full benefits available to Alaska under 42 U.S.C. 280c-3 *et seq.* to the extent consistent with state law. Those federal benefits are administered through the CDC, funding available to state or local public health authorities. From our perspective, expanding the role of the Division of Public Health and the tremendous credibility that they hold would considerably improve the effectiveness of dementia awareness efforts in segments of the population where it would do much good: those who are not yet worried about their own forgetfulness, or symptoms in a loved one. Rather, raising awareness in those who have no symptoms and who are decades away from displaying symptoms may result in improved lifestyle and behavioral choices that reduce the risk of developing dementia – or declining rapidly through the course of illness.

Anchorage

1750 Abbott Rd.
Anchorage, AK 99507
Phone (907) 561-3313
Fax (907) 561-3315

Fairbanks

565 University Ave, Suite 2
Fairbanks, AK 99709
Phone (907) 452-2277
Fax (907) 457-3376

Juneau

3225 Hospital Dr, Suite 101
Juneau, AK, 99801
Phone (907) 586-6044
Fax (907) 586-6084

Mat-Su Valley

777 N. Crusey Street
Suite B101, Wasilla, AK 99654
Phone (907) 746-3413
Fax (907) 746-3412

Senior service providers, tribal health authorities, health care providers and long term care providers all have a role to play in Alaska's dementia awareness efforts. That work is underway. ARA does quite a bit. But a coordinated, well-supported and population-level effort is what's needed now. This legislation is the best we've seen to position Alaska to succeed at it.

Respectfully submitted,

A handwritten signature in blue ink that reads "Pamela R. Kelley". The signature is written in a cursive style with a large initial 'P' and a long, sweeping underline.

Pamela R. Kelley
Executive Director

From: seahome@alaskan.com
To: [House Health and Social Services](#)
Cc: ebolling@alz.org; gwellman@alzalaska.org; kim@champneyconsulting.com
Subject: HB308: vigorous support for
Date: Monday, February 14, 2022 9:10:54 AM

Legislatures: Re: HB304

I strongly urge you to support and improve upon this bill which appears before you tomorrow.

As the caregiver for my wife, diagnosed with Dementia, I have become aware of the many issues involved in being able to be a conscientious, effective caregiver.

There are three issues which are not addressed in this bill which are fundamental to effective caregiving and are appropriate to be addressed in this bill.

1- Problems in the inconsistent honoring of a Durable Power Of Attorney by various institutions.

It is a fact that many doctor's and banking institutions do not honor the durable POA paper work. Doctors do not want to listen to or talk with the caregiver. Some banking institutions have rules that don't allow them to release certain financial information to the caregivers. This seems to be becoming more of a problem. One person in the group actually was told by her banking institution that they would not honor the POA she has because it "was too old". Another was told that while the POA would allow her to withdraw money, it would not allow her to get information about her spouses IRAs. It's not clear whether this is because of lack of education or knowledge or something else.

2- The need for financial help for family caregivers.

nowhere in this bill is there any mention of the need for funds that support the caregivers in their efforts to care well for the person they are caring for. It seems to be all about education which is great and might help but it doesn't address the need for financial support for those caregivers who are struggling to keep the person with dementia at home or to finance the increasing costs of residential facilities when that becomes necessary.

3-A need for recognition in this bill that continued caregiving at home is becoming a necessity in some cases and is a more humane and loving manner to care for our loved ones.

Continuing caregiving at home is the only option that I and my wife consider reasonable and desirable. We do not have either the financial ability to pay for

institutional care or the willingness to relegate her to institutional care. Home care is the only practical means of providing a safe environment for us as elderly persons. This is COVID time. We have a rigorous Covid/ other disease prevention procedure here at home. I do not feel that institutional situations provide the necessary protections and safeguards needed to conscientiously care for my wife.

Please consider these additions as you discuss and pass this bill .

Dave McFadden
4781 Newcastle Way
Anchorage, Ak 99503



February 12, 2022

Legislature of the State of Alaska
Division of Public Health

RE: Bill HB308

Health TIE is an active member of the Alaska Dementia Action Collaborative and works with both senior social service agencies and entrepreneurs building solutions to provide support for seniors and their caregivers. I believe the adoption of Bill HB308 will improve the lives of Older Alaskans as well as the lives of their families and friends who care for them.

The majority of people with Alzheimer's disease and related dementias are receiving care in their homes. Each year, more than 16 million Americans provide more than 17 billion hours of unpaid care for family and friends with Alzheimer's disease and related dementias. ([US Center for Disease Control and Prevention](#)). Every family providing this care can tell you how heartbreaking, difficult, and expensive care is and how they are often stretched beyond their mental, physical, and financial limits.

As challenging as the current situation is, it is about to get worse. The *Silver Tsunami*, the dramatic shift when baby boomers will increasingly need care, is coming. In a February 8, 2022 Institute for Economic Research presentation titled "The Economic Implications of Changing Demographics in Alaska", Dr. Ralph Townsend illustrated the challenges Alaska will face. Alaska follows the national trend of an increasing older population, but his research indicates there will be a *five-fold* increase in Alaska's senior population; due to demographic trends, Alaska will get older faster than other states.

It is critical that Alaskans prepare for the increasing demands for care and social support for seniors, especially those living with Alzheimer's and related dementias. A good start is to create a dedicated public health position to address Alzheimer's Disease in Alaska by encouraging DHSS to apply for BOLD Act funding. In addition, it is important to ensure Older Alaskans have access to critical services by providing a 6.5% cost-of-living increase (based on 2021 data from the Department of Labor) to Older Americans Act programs for seniors. (*Reference: The Community Based Grants line is under senior and disability services at line 2021 on Page 19.*)

Thank you for your consideration of Bill HB308.

Sincerely,

Jacqueline Summers

Health TIE, Managing Director
jacqueline@healthtie.info / (907) 227-9421

Our organizations, all participants in the Alaska Dementia Collaborative, have joined together to formally ask each of you to support Speaker Stutes' HB 308. This legislation directs the Department of Health and Social Services to promote awareness regarding the importance of a timely dementia diagnosis, and the signs and symptoms of different types of dementia.

Projections show 1 in 5 baby boomers can expect to develop dementia[1]. Of those baby boomers who will reach the age of 80, half of them will develop Alzheimer's[2]. Alaska Natives have the highest likelihood of any race to develop dementia, as 35% of Alaska Native peoples can expect to develop dementia in their lifetime[3]. Alaska's workforce and state budget will be impacted greatly by our aging population. A dementia public awareness campaign is instrumental to preparing Alaskans for the approaching dementia tsunami.

This legislation will educate Alaskans and care providers on the signs of dementia so they can seek proper care. Early diagnosis of dementia allows patients to access treatments and research trials that may slow the progression of the disease so Alaskans can contribute to our communities longer. The earlier Alaskans recognize the signs of dementia, the more action they can take to slow the progression of the disease, and the less strain dementia will cause on Alaska's workforce, long-term care, senior services, and medicaid spending.

Respectfully,



Bigelow Community Consulting, LLC

Barbara L. Bigelow
AK. NHAN#134
7866 S. Tongass Highway
Ketchikan, Alaska 99901
bigelowbarb@gmail.com



[1] Alzheimer's Association. <https://abcnews.go.com/Health/ElderCare/story?id=4472830&page=1>

[2] Alzheimer's Association. https://act.alz.org/site/DocServer/ALZ_BoomersReport.pdf?docID=521

[3] Mayeda, E. R., Glymour, M. M., Quesenberry, C. P., & Whitmer, R. A. (2016, March). Inequalities in dementia incidence between six racial and ethnic groups over 14 years. *Alzheimer's & Dementia: The Journal of the Alzheimer's Association*, 12(3), 216-224. doi: <http://dx.doi.org/10.1016/j.jalz.2015.12.007>