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House Bill 31 "Observe Daylight Saving Time All Year"

Research Index

- 1. Daylight Saving Time as a potential public health intervention: an observational study of evening daylight and objectively-measured physical activity among 23,000 children from 9 countries**
Goodman et al
International Journal of Behavioral Nutrition and Physical Activity
2014
Summary: Longer evening daylight is associated with a small increase in physical activity.
- 2. Under the Cover of Darkness: How Ambient Light Influences Criminal Activity**
Jennifer L. Doleac and Nicholas J. Sanders
The Review of Economics and Statistics
December 2015
Summary: There is a 7% decrease in robberies following the shift to Daylight Saving Time with an estimated savings of \$59 million in annual social costs from avoided robberies.
- 3. Shedding Light on Daylight Saving Time**
Farrell, Narasiman, and Ward Jr.
JPMorgan Chase & Co. Institute
November 2016
Summary: Credit Card spending, particular on goods, increases slightly in the 30 days following the start of DST and declines in the 30 days following the end of DST.
- 4. Daylight Saving Time and Motor Vehicle Crashes: The Reduction in Pedestrian and Vehicle Occupant Fatalities**
Ferguson, Preusser, Lund, Zador, and Ulmer
American Journal of Public Health
January 1995
Summary: There are fewer fatal car crashes during daylight saving time.