

## **Sammie O'Neal III**

### **HIGHLIGHTS OF QUALIFICATIONS**

- 21 Years of Honorable military service
- Master Degree in Counseling
- Chemical dependency counselor I
- Proven Skills dealing with a diverse, ethnic, and economic backgrounds
- Intermediate Computer Skills: Microsoft Word, Excel, PowerPoint, Outlook
- U.S. Citizenship

### **Work Experience**

#### **Volunteers of America, Anchorage, Alaska June 2019-July 2020**

- Worked as a mental health clinician in a teenager residential treatment facility.
- Conducted weekly group session on Psychoeducation, Dialectical behavior therapy, and Cognitive behavior therapy.
- Worked with clients of co-occurring disorders.
- Conducted initial intake of new clients into the program.

#### **Salvation Army, Anchorage, Alaska September 2018-June 2019**

- Worked as a mental health clinician in a adult residential treatment facility.
- Worked majority with clients released from prison or jail with co-occurring disorders.
- Conducted initial mental health assessment.
- Conducted individual and group session on psychoeducation and cognitive behavior therapy.
- Coordinated with outside agencies and resources for employment upon graduating the 90 days program.

#### **Community Solutions, Gilroy, California November 2015-January 2018.**

- Worked as a Case manager to help kids in the foster care system from a cultural diverse background with life coping skills, to include activities of daily living, employment, education, crisis intervention, and community resources.
- Knowledgeable and implement the DSM V, setting therapeutic goals, and treatment plans, crisis and school based intervention.
- Provided strength-based services for wellness and recovery, for client and their families.
- Worked with clients in a clinical setting, in the community, school, and client's home.
- Fill out and maintain client-related paperwork, including federal- and state-mandated forms, client diagnostic records, and progress notes.

**Nine Star Employment and Services, Anchorage, Alaska May 2014-January 2015.**

- Worked as a Job Developer to help client's receiving state assistance find employment.
- As a Job Developer worked with a case load consist of 25 client's on life achieving goals utilizing the state Alaska Career Information System (AKCIS).
- Conducted mock draft interview, provide supportive services like gas, car repair, and clothes for interview.
- Networked with outside agencies, and business to work with our client's with on the job training, and volunteer work.

**Cook Inlet Tribal Council, Anchorage, Alaska, February 2012-February 2013.**

- Worked as the Youth TANF counselor. I worked a 40 hours a week for 12 months with young adolescents who parents were on the welfare system.
- Counseled kids 10-19 years of age on school academics, service to community, budgeting, and helped youth build portfolio of short and long term goals.
- Coordinated with parents of the youth in referring tutors and any other type of assistant to help youth with their educational goals.
- Worked with numerous outside agencies from summer camps to classes on fitness and nutritional topic to help youths and families become successful in society.
- Gather information on jobs opportunity from trade schools to the military.

**Alaska Military Youth Academy, Camp Carroll, AK, April 2010-February 2011.**

- As a Team Leader at the Alaska Military Youth Academy, I worked a 40 hours a week for 5 1/2 months with youth 16-18 years old on life coping skills.
- Worked with cadets on employment, GED and High School diploma or credits, anger management issues, and building leadership traits.
- Assisted in maintaining support and follow-up contact with cadets who have come forward and wanted to pursue filing charges of sexual assault throughout the lifecycle of the case.
- Worked with trouble youths with self-esteem and discipline issues.
- Conducted daily and weekly positive constructive counseling of cadets, and wrote spot report of any incident throughout the day and turned in to supervisor and
- Maintain accountability of 40-60 cadets during daily training and bed check throughout the night.
- Communicate with cadet's mentor and family member with any issues affecting cadet's health, welfare, and well-being.

## **MILITARY**

United States Army Active Duty (Retired) 1988-2009

**US ARMY Active Duty 1988-2009**

**Maintenance Supervisor, US ARMY, FT Richardson, AK, August 2006 –2009 September**

- Serves as a 1sg standing up a new unit, In charge of assigning leadership position of personnel; evaluate and coach personnel on leadership performance and potential monthly.

- Accountable for 45 personnel health, welfare, training, and well-being.
- Provide services for victims of domestic violence and their families to include crisis intervention of service members.
- Instructed and conducted physical training session to include calisthenics, road march, strength, and endurance training of each platoon.
- Enforce policy, and procedures of local installation; maintain updates and disseminate resources and promotional materials.
- Drafts or prepares a variety of documents to include newsletter, and welcome packets for new service members arriving to Alaska, and the unit.
- Advised and aid service members and dependents in offering of outside agencies on employment, housing, and childcare.

### **EDUCATION**

College:

Wayland Baptist University-Masters of Arts in Counseling 2018

Wayland Baptist University-Bachelor Degree in Human Service 2012

Wayland Baptist University-Associate Degree in Human Services 2011

High School Diploma 1987

### **CERTIFICATIONS & TRAINING**

- Advanced Leadership and Development Course 2005
- Leadership and Management Development Course 1997
- Certification, Supervisor Development Course 2003
- Moral Reconation Facilitator 2019
- Prime For Life instructor 2019