

Samuel Lee Abbate, M.D.

PERSONAL INFORMATION:

Place of Birth: Chicago, Illinois

Citizenship: U.S.A.

Marital Status: Married - Anne J. Abbate (B.S.N., C.D.E.)

EDUCATION:

1976-78 Oakton Community College, Associate of Arts

1978-80 Oral Roberts University, Bachelor of Science

1980-84 University of Illinois College of Medicine, at Chicago

1984-85 Northwestern University, Pathology Resident

1985-88 Cleveland Clinic, Internal Medicine Residency

1988-89 Cleveland Clinic, Chief Medical Resident

1989-91 University of Washington, Senior Research Fellow

2000 Advanced Training Program in Health Care Delivery Improvement, IHC

2001 Masters of Business Administration in Healthcare Administration, University of Colorado

2002 Institute for Healthcare Improvement Breakthrough Series College

2015 Ordination, Southern Baptist

BOARD CERTIFICATION:

1989 American Board of Internal Medicine (92nd percentile)

1995 Board Certified, Endocrinology, Diabetes, Nutrition and Metabolism (9th decile)

2008 Recertified, Endocrinology, Diabetes, Nutrition and Metabolism

2018 Recertified, Endocrinology, Diabetes, Nutrition and Metabolism

MEDICAL LICENSURE:

1988-1992 Ohio (#35-05-7484 Issued: 09/29/88)

1989-1993 Washington (#MD00026636 ... Issued: 08/02/89)

1991-1995, 2000 Wisconsin (#32072..... Issued: 05/22/91)

1994-1995 South Dakota (#3852..... Issued: 09/12/94)

1996-2004 North Dakota (#7400..... Issued: 03/22/96)

2000-2001 Minnesota (#41554..... Issued: 07/10/99)

2004-2006 Utah (#5271483-1205 . Issued: 04/15/04)

2006-2008 Idaho (#M-9761..... Issued: 11/22/06)

2008- Alaska (# 6345..... Issued: 06/24/08)

DEA: BA2876019 (expires 6-30-09)

HONORS/AWARDS:

1978 Premedical Honor Society

1978 Tri-Beta

1979 Academic Chairman

1980 Summa Cum Laude

1980 International Youth in Achievement

1988 Ohio Society of Internal Medicine, Clinical Vignette

1989 Chief Medical Resident, Cleveland Clinic

1995 Outstanding Teacher Award - Internal Medicine House Staff, Marshfield Clinic

1996 New Faculty Teacher Award

1998 Golden Grain Award – for promoting nutrition education (ND Dietetic Association)

PROFESSIONAL POSITIONS AND APPOINTMENTS:

1988-89 Clinical Associate in Endocrinology, Cleveland Clinic

1988-89 Clinical Instructor, Penn State University Medical School

1992-94 Adjunct Assistant Professor, Department of Medicine, Baylor University

1993-96 Clinical Assistant Professor of Medicine, University of Wisconsin School of Medicine

1991-95 Marshfield Clinic

1996-2004 Clinical Assistant Professor of Medicine, University of North Dakota School of Medicine

ADMINISTRATIVE RESPONSIBILITIES:

American Diabetes Association

1993-1996 President Wisconsin: 1993-1996
1992-1996 Chairman, Professional Education Committee
1993-1996 Budget and Planning Committee
1993-1995 National Editorial Advisory Board
1998-1999 President-elect Great Lakes Region
1998-2000 Scientific and Medical Advisory Group (National)
1998-2000 Government Relations Committee (National)
1999-2001 President, Great Lakes Region
1999-2006 Primary Care Provider Committee: NDEP
2000-2003 National Board
2000-2002 Representative, Delphi Health Systems Software Development
2000-2001 National Strategic Planning Task Force & writing group
2000-2001 CAD Initiative National Faculty
2000-2003 CAD Initiative, Medical Advisor and newsletter editor
2000-2001 Communications Task Force
2000-2006 Professional Section Steering Committee
2001-2003 Chairman, National Programs Committee
2001-2003 Acting Officer, Great Lakes Region
2001: National Fundraising Award Winner
2001-2006 Diabetes Spectrum Editorial Board
2002-2003 Community Involvement Taskforce
2003 National Reaching Award Winner
2003-2007 Research Foundation Board Member
2005-2007 President, Utah American Diabetes Association
2009-2012 National Certification Board of Diabetes Educators
(Chairman in 2011)

Cleveland Clinic:

1987-1989 Utilization Review Committee
1987-1989 Departmental Review Committee
1988-1989 Longitudinal Care Clinic Committee
1988-1989 House staff Selection Committee

Marshfield Clinic:

1991-1995 Medical Director, Department of Nutrition Services
1991-1995 Medical Director and Medical Liaison, Diabetes
1992-1995 Education Program
1992-1993 Library Committee
1993-1995 Research Review Committee
1994-1995 Medical Education Committee

Medcenter One Health System:

1996-1997 Good for You Wellness Program, Development Advisor
1996-2004 Medical Director, Diabetes Care Center
1997-1999 Manager, Diabetes Care Center
1996-2004 Chair, Diabetes Subcommittee,
1994-1996 Professional Practice Committee
1994-1996 Medical Information Services subcommittee
1994-1996 Medical Records Committee
1994-1996 Director, Bone Mineral Density Service
1994-1996 Director, Medical Education
2000-2002 Vice-President, Disease Management
2000-2002 Process Improvement Committee

Saint Mary's Duluth Clinic

1999-2000 Medical Director, Diabetes Center
2000 Chair, Endocrinology Section

North Dakota Health Care Review

2000-2004 Principal Clinical Coordinator
2000-2004 Medical Affairs Committee Member, AHQA
2001- 2004 American Health Quality Association (AHQA) liaison to ADA and NDEP
2002-2004 Medical Director

National Diabetes Education Program

1999-2006 Health Care Providers Workgroup
2001-2006 Health Care Providers Tools Workgroup
2001-2006 System Change Workgroup
2001-2005 National Steering Committee Member

Intermountain Health Care

2004-2006 Medical Director, Diabetic Care Center
2004-2006 Hospital Diabetes Director, Urban Central Region

Kootenai Medical Center

2007-2008 Medical Director, Endocrinology & Diabetes Care Center

Adonai Diabetes and Endocrinology Center, Inc.

2008- President & Medical Director

National Certifying Board for Diabetes Educators

2008-2012 National Board

2010-2011 Chair, National Board

TEACHING RESPONSIBILITIES

Cleveland Clinic:

1984-1985 Chief Medical Resident
1983-1985 Residency Review Committee
1983-1985 Housestaff Selection Committee

Marshfield Clinic:

1992-1995 Department Liaison, Medical Students and Residency Program
1993-1995 Resident Evaluation Committee
1996 Outstanding Teaching Award

University of North Dakota:

1994 Best New Teacher: UND Family Practice Residency
1994-1996 Bismarck CME Council
1994-1996 Director of Medical Education
1994-1996 Assistant Professor, Clinical Education
1994-1996 Assistant Professor, Clinical Education

Education-related Writing:

Marshfield Clinic:

1994-1995 Assistant Editor, Marshfield Clinic Bulletin

Medcenter One Health System:

1996-1999 Editor, Diabetes Care Center Times

American Diabetes Association:

1993-1995 National Editorial Advisory Board
2000-2001 Strategic Planning Task Force, Writing Group
2000-2003 CAD Initiative Newsletter Editor
2001: ABC's of Diabetes

Other: Clinical Reviewer, Contemporary Internal Medicine

PROFESSIONAL MEMBERSHIPS AND SOCIETIES:

American College of Physicians, American Diabetes Association, American Society of Bone and Mineral Research, American Medical Association, American Association of Diabetes Educators, Washington Association of Diabetes Educators, Wilderness Medical Society, Christian Medical Society, Paget's Foundation, American Society for Bone and Mineral Research, Thyroid Foundation of America

INTRAMURAL PRESENTATIONS:

1980 Oklahoma Academy of Sciences: "Gas-liquid Chromatography in the Diagnosis of Bacteria Septicemias"

- 1988 Ohio Society of Internal Medicine, American College of Physicians: "Hemolytic Anemia Associated with Sulfonylurea Use"
- 1988 Endocrinology Grand Rounds, Cleveland Clinic: "Pheochromocytoma"
- 1988 Endocrinology Grand Rounds, Cleveland Clinic: "Primary Hyperaldosteronism"
- 1988-89 Internal Medicine Morning Report
- 1988-89 Internal Medicine Resident Teaching Conferences
- 1989 Endocrinology Core Lecture, Univ Washington Medical School: "Thyroid Function Tests"
- 1990 Endocrinology Lectures, Univ Washington Dental School: "General Endocrinology for Practicing Dentists" and "Diabetes Related Periodontal Disease"
- 1990 Clinical Nutrition Research Unit Lecture Series: "Special Nutritional Requirements in Patients with Diabetes"

EXTRAMURAL PRESENTATIONS:

- 1990-93 Faculty, Rehabilitation Medicine Workshop, Univ Washington Department of Continuing Medical Education: "Diabetes Related Disabilities" May 24, 1990
- 1990 Faculty, 2nd Annual Intensive Review of Internal Medicine, Cleveland Clinic: "Endocrinology Board Simulation" June 6, 1990
- 1990 Faculty, Clinical Perspective on Blood Lipids, University of Washington, "Treatment of Increased LDL Cholesterol" March 16, 1990
- 1990 Faculty, Clinical Perspective on Blood Lipids, University of Washington, "Treatment of Increased LDL Cholesterol" April 27, 1990
- 1991-2010 CME Presentations available on request.

RESEARCH GRANTS AWARDED:

- 1988 "Fast Axonal Transport in Diabetic Rats" Cleveland Clinic Research Projects Committee, #2995
- 1989 "Fast Axonal Transport in Spontaneously Diabetic Rats" Cleveland Clinic Research Projects Committee, #2995

THESIS, UNDERGRADUATE:

Gas-liquid Chromatography in the Diagnosis of Bacterial Septicemia

BIBLIOGRAPHY:

1. Abbate SL, Brunzell JB: Pathophysiology of hyperlipidemia in diabetes mellitus. J Cardiovas Pharmacology 16(Suppl 9): S1-S7, 1990
2. Abbate SL, Atkinson MB, Breuer AC: Fast axonal transport in spontaneously diabetic BB Wistar and streptozotocin-induced diabetic rats. Diabetes 40:111-17, 1991
3. Abbate SL, Hoogwerf BH: Hemolytic anemia associated with sulfonylurea use: case report and review of the literature. Diabetes Care 13:904-905, 1990
4. Abbate SL, Jaff MP, Meeker DP: Myelomatous pleural effusions; case report and review of the literature. Cleve Clin J Med 58:235-9, 1991
5. Abbate SL, Fujimoto WY, Brunzell JD, Kahn SE: Effects of Heparin in insulin-glucose interactions measured by minimal model technique: implications for reproducibility using this method. Metabolism 42:353-57, 1993
6. Abbate SL: Osteoporosis: too old for estrogen? Marshfield Clinic Bulletin 29 Spring: 6-19, 1993.
7. Abbate SL: Metabolic control matters: report of the DCCT study group. Marshfield Clinic Bulletin 30 Winter : 1-27, 1994
8. Abbate SL: What is conventional therapy? Marshfield Clinic Bulletin 30 Winter: 28-51, 1994
9. Fujimoto WF, Abbate SL, Kahn SE, Hokanson JE, Brunzell JD: The visceral adiposity syndrome in Japanese-American men. Obesity Research 2:364-71, 1994
10. Abbate SL: Caring for the diabetic patient. Wisc Med J 94:197-202, 1995
11. Abbate, SL ABCs of Diabetes CMS Publication
12. Abbate, SL: Expanded ABCs of Diabetes. Practical Diabetology 21:128-33, 2003

ABSTRACTS:

1. Abbate SL, Atkinson MB, Breuer AC: Fast axonal transport in experimental diabetes. Diabetes 38(Suppl.2):128A, 1989.
2. Abbate SL, Atkinson MB, Breuer AC: Fast axonal transport in spontaneously diabetic Rats. Presented at the American Academy of Neurology Annual Meeting April 30 - May 6, 1990.

PROFESSIONAL TRAINING AND EXPERIENCE
Professional Liability Insurance information

Dates	Institution	Degree/Experience
8/76 - 7/78	Oakton Community College 1600 East Golf Road Des Plaines, IL 60016 (708-635-1700)	Associate of Arts
8/78 - 5/4/80	Oral Roberts University 7777 South Lewis Tulsa, OK 74171 (918-495-6549)	Bachelor of Science
8/80 - 6/8/84	University of Illinois College of Medicine 1853 W. Polk Chicago, IL 60612 (Admissions and Records: 312-996-4917) 808 S. Wood St. MC-783 312-996-5635	Doctor of Medicine
7/1/84 - 6/30/85	Northwestern Memorial Hospital 250 E. Superior Chicago, IL 60611-2914 (312) 926-2000	Pathology Resident
7/1/85 - 6/30/88	Cleveland Clinic One Clinic Center Cleveland, OH 44195 216-444-2336	Internal Medicine Resident
7/1/88 - 6/30/89	Cleveland Clinic One Clinic Center Cleveland, OH 44195	Chief Medical Resident
7/1/89 - 6/30/91	University of Washington Division of Metabolism, Endocrinology and Nutrition, RG-26 Seattle, WA 98195 (206) 543-5453, Fax (206) 685-3781	Senior Research Fellow, Endocrinology
7/1/91 - 9/8/91	Vacation/Moving	
9/9/91 - 12/31/95	Marshfield Clinic 1000 N. Oak Marshfield, WI 54449 St. Joseph's Hospital 611 St. Joseph Avenue Marshfield, WI 54449 Michael A. Schmidt C.E.O. (No longer there.) (Self-insured; Occurrence)	Endocrinologist Group Practice Principal Associate: Alan K. McKenzie, MD
1/15/96 – 8/30/99	Medcenter One Health System 222 N. 7 th Street Bismarck, ND 58506 (PHICO: tail insurance purchased \$4M/\$4M)	Endocrinologist Medical Director, Diabetes Care Center Solo Practice Principal Associate: Cindy Renner, PA-C
9/1/99 – 9/1/00	Saint Mary's/Duluth Clinic 400 East 3 rd Street 2S3C20 Duluth, MN 55804 (Self-insured; Occurrence)	Endocrinologist Medical Director, Diabetes Care Center Group Practice Principal Associate: Allan Sill, MD
9/1/00 – 10/15/00	Vacation/Moving	-----
10/16/00-6/30/04	North Dakota Health Care Review, Inc. (NDHCRI) 800 31 st Ave SW Minot, ND 58701	Principal Clinical Coordinator, Health Care Quality Improvement Program

11/1/00-2/10/03 (Concurrently worked at NDHCRI)	Medcenter One Health System 222 N. 7 th Street Bismarck, ND 58506 (Milne & BNC; Occurrence)	Endocrinologist Medical Director, Diabetes Care Center Solo Practice Principal Associate: Cindy Renner, PA-C
4/17/03-6/30/04 (Concurrently worked at NDHCRI)	UND Family Practice Center 515 East Broadway Ave Bismarck, ND 58501 (Midwest Medical Insurance Co.; Occurrence)	Assistant Professor of Clinical Medicine, Clinical Preceptor Academic Practice Principal Associate: Guy Tangedahl, MD
7/1/04 – 7/31/04	Vacation/Moving	
8/1/04 – 12/31/06	Intermountain Health Care Salt Lake City, UT (Self-insured; Occurrence)	Medical Director, Diabetic Care Center Director, Hospital Diabetes Program
1/1/07 – 1/31/07	Vacation/Moving	
2/1/07 – 04/15/08	Private Practice Coeur d'Alene, ID	Medical Director Diabetes Program, Kootenai Medical Center
04/16/07 – 04/30/08	Vacation/Moving	
05/01/08 – Present	Private Practice Adonai Diabetes and Endocrinology Center, Inc	President & Medical Director
05/17/15	Cross Country Church, Wasilla, AK	Assistant Pastor

ACADEMIC APPOINTMENTS

Dates	Institution	Position
7/1/88 - 6/30/89	Milton S. Hershey Medical Center College of Medicine P.O. Box 850 Hershey, PA 17033 Bobby R. Alford, M.D. Executive Vice-President and Dean of Medicine (717) 531-8390	Clinical Instructor
7/1/91 - 6/30/96	Donald R. Harkness, M.D. Chairman Department of Medicine University of Wisconsin School of Medicine J5/220 Clinical Science Center 600 Highland Avenue Madison, WI 53792-2454 (608) 263-1300	Clinical Assistant Professor of Medicine
3/1/96 – 2004	Nicholas Neumann, M.D. Assistant Dean UNDSOM SW Campus P.O. Box 1975 Bismarck, N.D. 58502 (701) 258-7070 Fax: (701) 224-2291	Clinical Assistant Professor of Medicine