

# CATHERINE L. HAMPLE

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## PROFESSIONAL EXPERIENCE

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### **Nurse III**

State of Alaska

Wasilla, AK

August 2018 – present

Goose Creek Correctional Center

Direct responsibility for the 24/7 operations of medical clinical and 16-bed Infirmary.

30 direct reports including RNs, LPNs, and ancillary personnel. Provide, mentor, educate patients and staff in provision of care to inmate population up to 1500.

### **Adjunct Nursing Professor**

University of Alaska

Anchorage, AK

August 2014 – present

Facilitate nursing students in medical-surgical rotations at area hospitals.

Provide direct feedback for written and clinical skills.

Serve as resource to students during clinical experience.

### **Director Critical Services**

Providence Alaska Medical Center

Anchorage, AK

January 2013 – March 2017

- Direct responsibility for the 24/7 operation of 39 beds, and 12 direct reports, and 160 FTEs including nursing, monitoring technicians, and support staff
- General ICU, CTICU, CICU, eICU and Central Monitoring studio.
- Staffing, scheduling, evaluating, coaching, ensuring accountability of care.
- Work closely with Emergency Department to ensure smooth transition of trauma patients.
- Team member of Trauma group that worked toward and achieved Status II Trauma Center Accreditation.
- Replaced 65% of position control with full-time staff members to build efficient patient care team.
- Decreased agency use from 90% to <10%.
- Implemented mobility program.
- Implemented open visitation in critical care
- Increased patient, family, staff, and physician satisfaction.
  - Patient/family satisfaction scores in top 90<sup>th</sup> percentile in CICU as compared to like units across the country from 70<sup>th</sup> percentile.
  - Staff engagement scores increased from 2012 from a low of 40% to an increase of 60% in 2015.
- Supported staff to fully develop shared governance committees in critical care including:
  - Staff and Patient Satisfaction Committee
  - Education Committee
  - Equipment and Supplies Committee
  - Mortality and Review Committee
  - Quality Review Committee
  - Coordinating Council Members
- Implemented self-scheduling for unit.

- Process including engaging staff to become the schedule experts, and the staff actually make adjustments to the schedule to balance the coverage.
- Increased coverage of operations in eICU to extend to critical access hospitals and clinics in Alaska.
- Administrative Facilitator of House wide Recognition and Retention Committee.
- Administrative Facilitator of House wide Sepsis Recognition
- Developed critical care fellowship program to train the CCU RNs the critical care focus in order to change the CCU to a CICU unit. (coronary care versus coronary intensive care).

### **Chief Nursing Officer**

Regency Hospital of Jackson

Jackson, MS

January 2011 – December 2012

- Direct responsibility for the 24/7 operation of 36 beds, and 120 FTEs including nursing, respiratory care, and rehabilitation services.
- Staffing, scheduling, evaluating, coaching, ensuring accountability of care.
- Developed appropriate staffing and plan of care for critically ill patients.
- Developed Team rounding with Care team for all patients.
- Implementation of Select models for staffing, acuity, scheduling, education.
- Replaced 95% of position control with full-time staff members to build efficient patient care team.
- Decreased agency use from 90% to less than 10%.
- Implemented mobility program.
- Increased patient, family, staff, and physician satisfaction.
- Initiated new supply chain and restocking program to decrease costs.
- Developed turning program for pressure ulcer prevention, 6 months with zero HAPUs.
- Joint Commission Accreditation with no directs March 2011

### **Director Critical Care**

Central Mississippi Medical Center

Jackson, MS

2008 – 2011

- Direct responsibility for the 24/7 operation of 3 critical care units, CVR, CCU and ICU with 80 FTE's.
- Interim management of Resource Management (Case Management and Utilization Review) department with 25 FTE's.
- Interim ACNE at Northwest Regional Medical Center (April 2010 – November 2010)
- Interim ACNE at CMMC (November 2009 – March 2010)
- Shift Supervisor prn
- Assisted in development of Trauma program and trauma designation for hospital.
- Developed and implemented critical care orientation preceptor and mentoring program.
- Increased productivity by 20%.
- Decreased ventilator days from 10+ days to <6 in association with Intensivist program.
- Decreased costs and decreased LOS.
- Decreased VAP, BSI, and UTI across all 3 units.
- Chair of American Heart Walk.
- Increased full-time staff by 100% by rolling agency and traveler's into full-time positions.

- Implemented Intensivist Program.
- Manager of the Quarter 2009 for 3 quarters
- Manager of the Year 2009 at local level.
- Director of the Year 2009 at system level.
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**Clinical Nurse Manager**                      St. Dominic Hospital                      Jackson, MS  
2003 – 2008

- Decreased staff turnover ratio to 0% for 18 months.
- Managed CTICU, Cardiac step down, telemetry, and Interim manager of MS ICU
- 80 FTE's.
- Maintained 0% staff vacancy for 18 months.
- Opened new 18 bed step-down unit.
- Increased productivity by 40%.
- Assisted in development of trauma program and training of trauma staff.
- Worked with diverse team to overhaul Cardiac Surgery Program from admission through post-op.
- Championed Sepsis Campaign for Hospital.
- Served on Emergency Preparedness Committee.
- Developed telemetry program house wide.
- Chaired American Heart Walk 2004 – 2008.
- Decreased costs and decreased LOS.
- Worked as house supervisor on a regular basis.

**Clinical Nurse Manager**                      Roper Hospital                      Charleston, SC  
1999 - 2003

- Increased nurse retention by 30%.
- Responsibilities for 120 FTE's between the 3 units.
- Managed CCU, CTICU, and CTICU step-down units.
- Designed, planned, and opened 18 bed step-down unit.
- When functioning as staff nurse, trained and opened the Critical Care Unit for the Bone Marrow Transplant Unit

**Registered Nurse**                      Roper Hospital                      Charleston, SC  
1992 – 1999

- Staff RN in CICU then in CTICU
- Charge RN
- Involved with several house committees including retention and recognition, Infection Prevention, and skills advancement.
- Preceptor and mentor.

**Catheterization Laboratory**                      Roper Hospital                      Charleston, SC  
1985 – 1992

- Prepped patients for procedures.

- Assisted physician during case (scrubbed in as 1<sup>st</sup> assist)
- Obtained hemodynamic readings.

**Catheterization Laboratory**      Medical University of South Carolina      Charleston, SC  
1980 -1985

- Prepped patients for procedures.
- Assisted physician during case.
- Obtained hemodynamic readings.
- Assisted with research studies.

## **EDUCATION**

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**Doctorate in Health Care Administration**  
ABD      University of Phoenix      Phoenix, AZ

**Master in Business Administration in Health Care**  
2006      University of Phoenix      Phoenix, AZ

**Masters of Science in Nursing**  
2006      University of Phoenix      Phoenix, AZ

**Masters of Science in Health Care Administration**  
2006      University of Phoenix      Phoenix, AZ

**Bachelor of Science in Nursing**  
2005 – 2006      University of Phoenix      Phoenix, AZ

**Bachelor of Science in Business Management**  
2003 – 2005      University of Phoenix      Phoenix, AZ

**Associate in Nursing**  
1990 – 1992      Trident Technical College      Charleston, SC

## **INTERESTS AND OTHER TRAINING**

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Nurse Manager Academy – 2002. The Institute for Johns Hopkins Nursing, CCRN since 1995, Active member AACN, ANA, Ambassador for CCRN, Beacon Reviewer 2012 – 2016, Active member of IHI, Scholarship recipient 2007, 2008, and 2009 to IHI National Forum.

Adjunct Professor for clinical RN students in BSN program at University of Alaska.

Working with nursing students in BSN and MSN programs and serving as mentor for leadership courses or transitioning from clinical positions to management and or leadership positions.

Enjoy working with nurses to achieve the highest level of care to promote nursing but to also bring fulfillment to the nurse as well.

Member of Sigma Theta Tau and serve as treasurer for Anchorage chapter.

Instructor for Caring Reliably within Providence – program to improve performance across the hospital, and to increase patient and employee safety.