



Presentation for House Finance Committee

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The Mat-Su Health Foundation shares ownership in Mat-Su Regional Medical Center and invests its profits from that partnership back into the community to improve the health and wellness of Alaskans living in the Mat-Su.

Theory of Change



- Community-driven
- Data-driven and strategic
- Capacity-builder

Good News!

New Mat-Su BH Services Fill Gaps in the Continuum of Care:



- Set Free residential SUD Treatment for women*
- Peer Treatment Services
- Outpatient SUD treatment
- SUD treatment in a local high school

Our Role As A Funder

- Support data and research efforts
- Convene and advocate to make systems' improvements and build a complete continuum of care
- Provide local match funding for start-up and scholarships to develop workforce



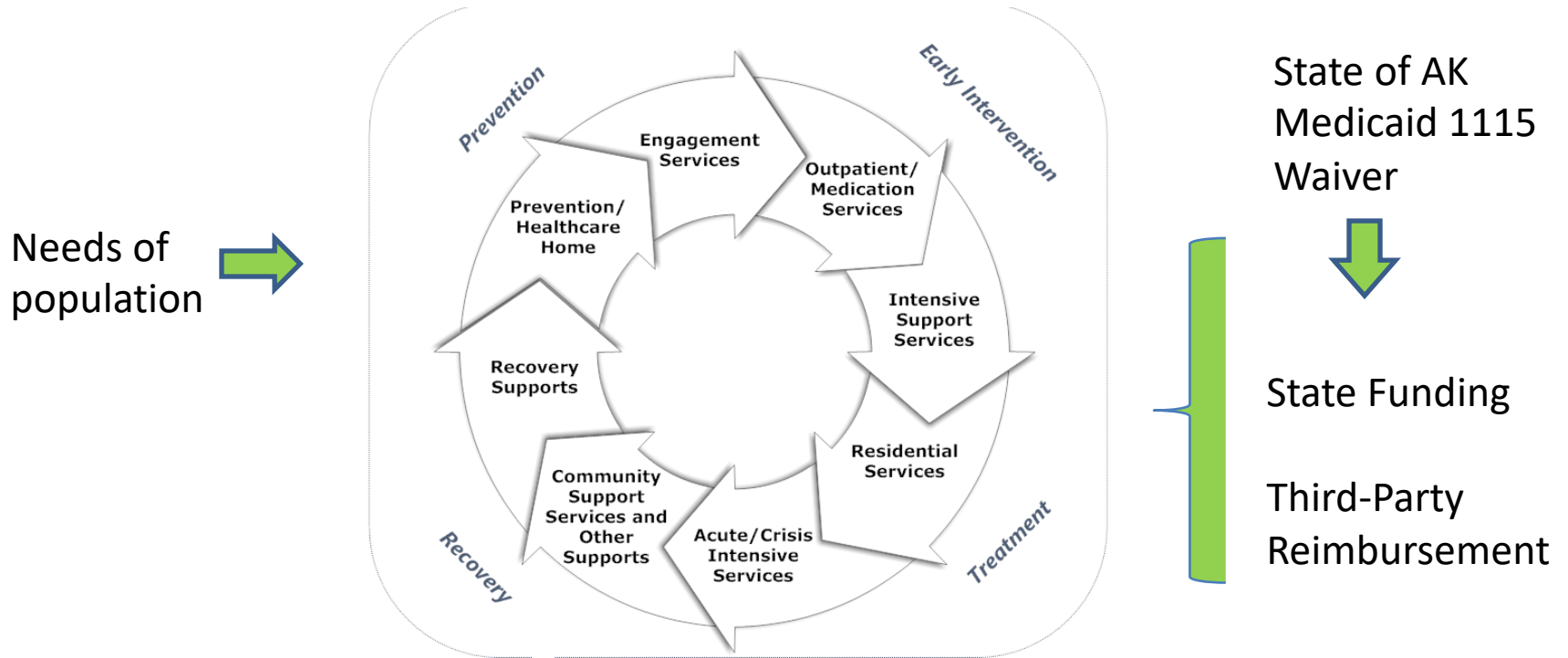
More Good News!

BH Systems Improvements in Mat-Su

- Crisis Intervention/Mental Health First Aid Training for first responders
- High Utilizer Mat-Su (HUMS) Program
- Peer support services in the emergency department
- Planned psychiatric emergency department and behavioral health beds

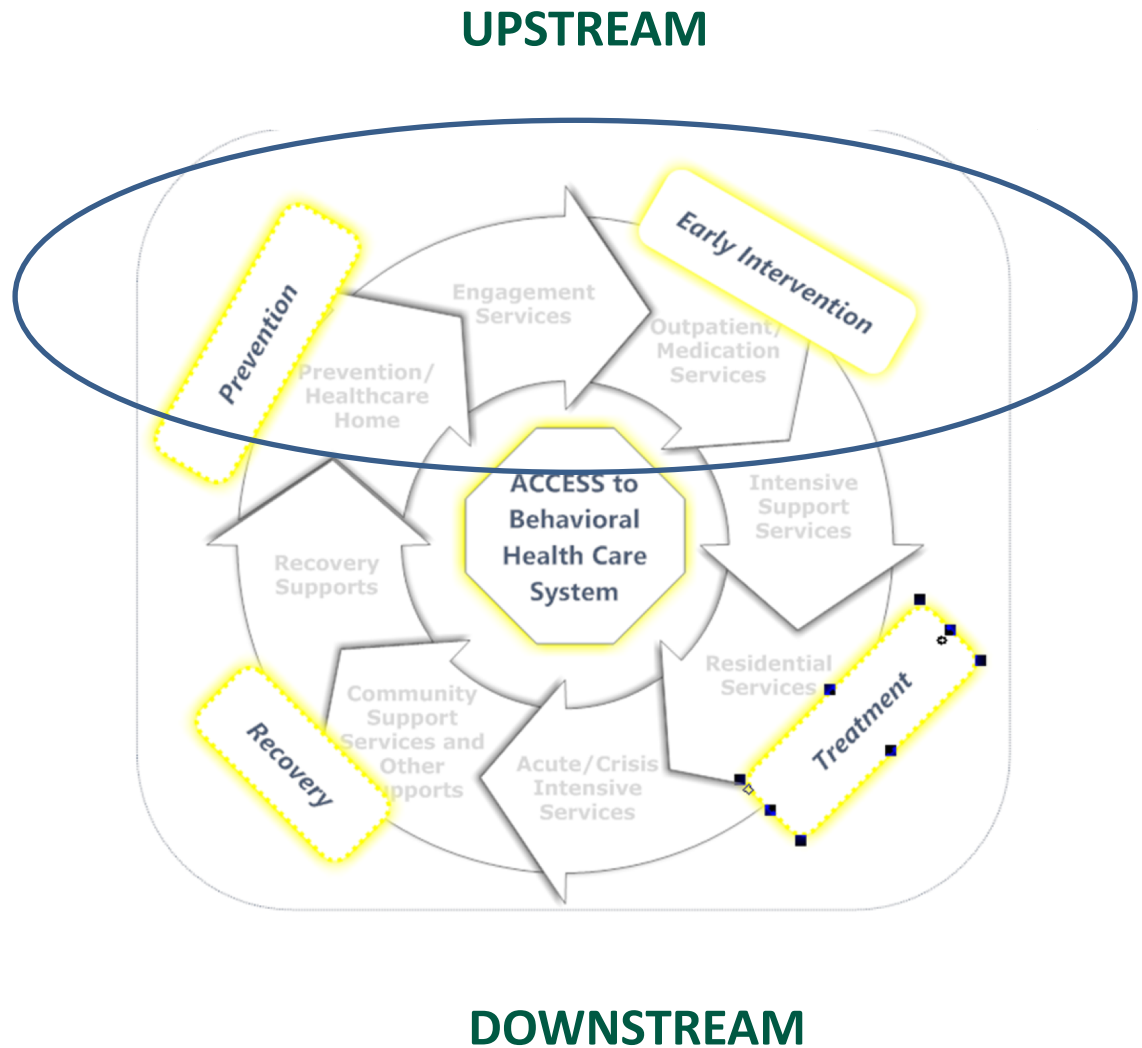


The Mat-Su Health Foundation Uses a Systems Approach



Prevention is Key

WELLNESS
EARLY SIGNS &
SYMPTOMS
DISORDER
CRISIS



MAT-SU HEALTH
FOUNDATION

Mat-Su Regional Medical Center Emergency Department



- 2013: 2,391 patients w/BH diagnoses = \$23M in charges
- 2016: 3,443 patients w/BH diagnosis = \$43.8M charges
- Additional costs borne by law enforcement, or Mat-Su Borough EMS for dispatch and ambulance services

- Alcohol-related disorders: 438 visits costing on average \$4,246/visit
- Substance Use disorders: 218 visits costing on average \$5,274/visit
- Anxiety-related disorders: 195 visits costing on average \$3,895/visit
- Suicide and self-harm disorders: 315 visits costing on average \$3,161/visit
- Mood Disorders: 172 visits costing on average \$3,846/visit

Statewide, substance use disorders are costly.

- 39,000 Alaskans - alcohol dependent or abuse in the past year
- 13,000 Alaskans were dependent on illicit drugs (2017)
- Cost of alcohol abuse was \$1.84 billion (2015)- 42.9% paid by government
- Cost of drug abuse was \$1.22 billion (2015)



Two areas supported by the Medicaid waiver where we can save money by having the right services:

- Substance Use Disorder Treatment
- Crisis prevention and care



Substance Use Disorder Treatment Gap

- Shortage of residential detox beds (no immediate access)
- No ambulatory detox in Mat-Su
- Residential Treatment Gap Southcentral capacity as of 5/18/19

Type	Occupied beds	Open beds	Waitlist
Adult	71	10	21
Women	54	2	20
Men	38	4	24
	163	16	64

Crisis Prevention and Treatment Gaps



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- Crisis Call center
- Mobile Crisis Unit*
- Crisis Stabilization and Respite*
- Supportive housing

* Medicaid 1115 Waiver application includes these services.

The right continuum of crisis services in Phoenix, Arizona resulted in:

- 37 FTE Police Officers engaged in public safety instead of mental health transport/security
- Drastic reduction in psychiatric boarding in emergency departments (\$37 million in cost savings)
- Reduced potential state acute care inpatient expense by \$260 million (net savings of \$100 million)

Moving Towards a Complete Behavioral Health Continuum of Care in Mat-Su

Capital Needs

- Detox: ambulatory and residential
- Residential Treatment for Individuals with Substance Use Disorder
- Crisis Call Center
- Mobile Crisis Program
- Sub-acute Stabilization (crisis prevention and step-down)
- Supportive Housing



Investment in capital funding with a “systems approach” to start these services is crucial for saving lives, saving dollars and improving the health of Mat-Su and Alaska.

