

Examples of Social Emotional Learning Activities in Alaska

Grade Level	Activity	Location
Pre-K to 2	Learning to listen	Classroom
Pre-K to 2	Managing frustration	Classroom
3 to 5	Aware of and accept responsibilities	Classroom
3 to 5	Set and achieve goals	Classroom
3 to 5	Respect individual differences	Classroom
6 to 8	Learn good decision making	Classroom
6 to 8	Deal with Conflicts Constructively	Classroom
9 to 12	Self Awareness - Knowing Strengths and Areas for Improvement	Classroom
9 to 12	External Awareness - Reading and Responding to Social Cues	Classroom
Grades 3-8	Girls on the Run	After School Program
Middle - High	Signs of Suicide Training	After School Program
Middle - High	Leadership Academies	After School Program
Professional Development	Trauma-Informed Education	Teacher Training
Professional Development	Curriculum Training	Teacher Training