

ALASKA STATE LEGISLATURE

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Senator Mia Costello **District K – West Anchorage**

SENATE BILL No. 56

“An Act relating to health education and physical activity requirements for students in grades kindergarten through eight.”

SECTIONAL ANALYSIS **Version S**

Section 1: Amends AS 14.30.360(c) (Health education curriculum; physical activity guidelines). Requires Alaska school districts to meet 90 percent of the daily recommended 56-minute physical activity guideline set by the Center for Disease Control and Prevention, and the United States Department of Health and Human Services.

Section 2: Establishes the Thursday following President’s Day as PLAAY Day (Positive Leadership for Active Alaska Youth). This day will be established for recognizing the importance of physical activity in school; and provides a certain day where students are able to meet the national recommendation of physical activity in the school day.