

PROFESSIONAL EXPERIENCE

Multnomah University (2014)

Portland, Oregon 97220

Adjunct Professor – Taught 1-credit graduate level course to college students.

Southcentral Parenting (2012 – Present)

Soldotna, Alaska 99669

Co-President – Facilitate and teach Practical Positive Parenting classes bi-annually.

Frontier Community Services (2012 – Present)

Soldotna, Alaska 99669

Child and Family Therapist – Contracted position responsible for psychotherapy services for children, 0-3 years of age, and their families.

Foundations Family Resource Center (2009 - Present)

Soldotna, Alaska 99669

Owner/Private Practice Counselor - Provides counseling and resources to individuals, couples, and families. Conducts seminars and classes for couples and families.

Domestic Violence Resource Center (2007 - 2008)

Hillsboro, Oregon 97123

Intern Counselor – Counseled domestic violence survivors through family, couple, individual, and group therapy.

EDUCATION

Master of Arts in Marriage and Family Therapy - George Fox University, April 2008

Advisor: Dr. Daniel Sweeney

Bachelor of Arts in Psychology - University of Alaska Anchorage, May 2005

Honors: University of Alaska Scholar (2000-2005), Dean's List (2000-2005), University Honors Scholar (2000)

High School Diploma - Cook Inlet Academy, May 2000

Honors: Valedictorian, National Honor Society, Dick Lather Scholar Athlete Award (1999)

PROFESSIONAL TRAINING & CERTIFICATIONS

Domestic Violence Training Certification by Domestic Violence Resource Center – 40 hours (2008)

Play Therapy for Children with Serious Trauma and Attachment Disruptions by Dr. Rise VanFleet – 6 hours (2007)

Art & Play Therapy for Incident-Based Trauma by Linda Chapman – 6 hours (2006)

Fetal Alcohol Spectrum Disorder Training Certification – 15 hours (2005)

SELECTED PRESENTATIONS

“Moral Development” – Speaker for Cook Inlet Academy parent night. (2013)

“Practical Positive Parenting” Class – Co-taught parenting class sessions. (2012-2015)

“Partners in Parenting” Series – Speaker and developer of 3-part co-parenting class for Alaska Christian Ministries. Anchorage, Alaska (2012)

“Building Stronger Families” Conference – Speaker and facilitator for Foundations Family Resource Center. Kenai, Alaska (2010)

Filial Therapy Training – Small group series presenter for Foundations Family Resource Center (2008, 2009, and 2010)

Domestic Violence Recovery Presentation – Small group series presenter for Domestic Violence Resource Center (2007-2008)

Shame & Grace – Small group lecture series facilitator at Stillwaters Lodge (2007)

COMPUTER SKILLS

Microsoft Office, Internet, Social Networking and Communications, Intermediate Computer Skills, Advanced Typing

BOARDS

Alaska Juvenile Justice Advisory Committee (2014 – Present)
State of Alaska
Public Seat

Greatland Adventure Academy (2012 – Present)
Soldotna, Alaska 99669
Community Member, Vice-Chair

Alaska Association for Play Therapy (2014 – Present)
Member-at-large

PROFESSIONAL MEMBERSHIPS

Association for Marriage and Family Therapy (2007 to present)

Association for Play Therapy (2007 to present)

Licensed Marital and Family Therapist # [REDACTED], State of Alaska

Registered Play Therapist T-2011

Licensed Professional Counselor # [REDACTED], State of Alaska

Twin Cities Rotaract (2012 - 2013)

INTERESTS

Outdoor sports and recreation, volunteering, public speaking and education, athletics, travel and tourism, spirituality, reading, writing and publications, and international crisis response and support.