From: Kelly Marre
To: Senate State Affairs

Subject: HB 138

**Date:** Tuesday, March 27, 2018 9:38:47 AM

I am writing to announce my support for HB 138- Sobriety Awareness Month. I support this bill because I see how drug and alcohol abuse affects our families, our communities, and our futures. Those who are addicted need hope. They need to know there are resources readily available to help them in their recovery process. They need to know that we support them in their recovery. We must shatter the stigma that comes along with drug addiction. Too often we lie behind a curtain, unwilling to expose ourselves and admit our weaknesses, and the weaknesses of our addicted family members. There is shame placed upon the addicted and it's hard to reach out for help when they are made to feel bad about their situation.

We need to work collaboratively with various treatment centers and providers. No one path of recovery should be the same for another. Clients need individualized care and by working together, we can offer more solutions to our clients.

Having a sober awareness month will help destignatize, make more people feel less shamed, and offer more resources to those who want and need them.

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