



Representative Ivy Spohnholz

House Health & Social Services Committee Chair

*House District 16: College Gate, Russian Jack, Nunaka Valley, Reflection Lake & Wonder Park
Committee Member: Education, Energy, Military & Veterans Affairs, Legislative Budget & Audit*

Sponsor Statement

House Bill 138

“An act establishing the month of March as Sobriety Awareness Month.”

HB 138 recognizes March as Sobriety Awareness Month in the State of Alaska. Sobriety Awareness Month celebrates the many Alaskans who practice a lifestyle without the use of mood or mind-altering substances. It also acts as an opportunity for schools, community groups, public and private agencies, and individuals to commemorate those who live a sober lifestyle and to raise awareness for the treatment and prevention of alcoholism, drug abuse, and misuse of other substances.

Sobriety is a hard but positive choice that deserves to be celebrated around the state. HB 138 gives Alaskans the opportunity to gather and celebrate those who lead a healthy, positive and sober lifestyle.