

General Information

Board/Commission and seat you are seeking:
Professional Counselors Board, Chair

Additional Boards/Commissions of interest:
None

State Boards/Commissions on which you have served:
Board of Professional Counselors

First Name
Anne Marie

Middle Name

Last Name
Brainerd

Military Service

Conflict of Interest

Full disclosure of personal financial data under AS 39.50.010 is required for certain boards and commissions. Are you willing to provide this information if required for the board or commission which you are applying?
Yes

Service in a public office is a public trust. The Ethics Act (AS 39.52.110) prohibits substantial and material conflicts of interest. Is it possible that you or any member of your family will benefit financially by decisions to be made by the board or commission for which you are applying? If you answer 'yes' to this question you MUST explain the potential financial benefit.
No

Please explain the potential financial benefit

Employment History

Employment work history including paid, unpaid, or voluntary.
7/2010 -- Present
Hope Counseling Center, Fairbanks, Alaska
Supervisor: John DeRuyter

1/2012 – Present Deputy Director
Work closely with Executive Director to lead, plan, develop and direct all operations of the agency. Assess and improve services, productivity, outcomes and processes. Monitor revenue and expenditures and take appropriate action as necessary to control expenses and/or enhance revenues as relates to being accountable for the profit and loss on a monthly basis. Develop and execute staff plans and staff development to ensure excellent quality including, but not limited to hiring, training, mentoring, evaluating, developing, succession planning, project management, organizational structure or restructure and termination when necessary. Represent agency to external business communities and outreach in a way that ensures strong agency identity and the maintenance of positive communication relationships. Conduct clinical supervision with substance abuse counselor. Maintain client load.

10/2011 – January 2012 Interim Executive Director
During the serious illness and 2.5 month hospitalization of the Executive Director was named by Hope Counseling Center's Board of Directors as Interim Executive Director. Assumed all executive responsibilities to ensure the accomplishment of the Center's mission. Insured the Center delivered and maintained its normal level of comprehensive, high-quality services. Managed financial matters according to the Board-approved budget. Directed all of the Center's programs and operations; directly supervised all staff; Maintained an open and positive work environment for employees and provided open communication with all staff during this time of crisis. Maintained positive working relationships

with community agencies. Provided accurate and timely information to the Board of Directors, updating them on elements that affected the operations of the Center.

7/2010 – 10/2011 Program Director/Clinician

Responsible for writing, directing and implementing programmatic and administrative policies and procedures in order to attain both mental health and substance abuse program goals and objectives. Responsible for making programmatic as well as administrative recommendations to the Executive Director in accordance with the agency's mission, program goals and objectives. Serve as primary liaison between the agency and other community agencies. Conduct individual psychotherapy with adolescents, adults and children with mild to severe mental health issues.

January 2014 – Present Adjunct Faculty
University of Alaska Fairbanks – Rural Human Services Program
Fairbanks, Alaska
Supervisor: Annie Hopper

Through Interior-Aleutians Campus teach undergraduate Human Services courses to students from all over the State of Alaska in a cohort model. Responsible for instructing and advising the students as well as developing course outlines, syllabi, teaching materials and tests.

9/2007 – 7/2010 Clinical Supervisor

Fairbanks Counseling & Adoption, Fairbanks, Alaska
Supervisor: Camille Connelly-Terhune, Executive Director
Administrative and clinical position overseeing the clinical and CQI activities of the Family Treatment, Family Support, and Homeless Youth Street Outreach & Advocacy programs. Provided supervision for staff of twelve. Provided licensure supervision as needed. Searched out and wrote state and federal grants. Managed grants and ensured programs' compliance with federal and state grant program expectations while preserving the programs' fidelity to their missions. Conducted individual psychotherapy with children, adolescents and adults with moderate to severe mental health illnesses. Started the Fairbanks Suicide Prevention Task Force. Acted as Interim Executive Director as needed.

7/2006 – 8/2007 Program Director

Women's & Children's Center for Inner Healing, Fairbanks, Alaska
Supervisor: Mark Snipes, M.S., Director of Behavioral Health
Administrative and clinical position responsible for the day-to-day operations of a 10-bed, high-intensity, long-term residential treatment center for pregnant and postpartum women and their children. Oversaw fiscal management, monitored and maintained grant requirements and fiscal accountability, and assisted with budgeting and procurement of funds. Ensured compliance with CARF and State of Alaska standards. Provided crisis intervention and mental health training while also providing clinical supervision to a staff of seventeen personnel.

8/2005 – 7/2006 Director of Behavioral Health

Edgar Nollner Health Center, Galena, Alaska
Supervisor: Flora Paul, Executive Director
Administrative and clinical position overseeing the clinical, CQI, human resources, fiscal, and program development activities of the Edgar Nollner Health Center Department of Behavioral Health. Provided supervision of the clinical staff, developed the annual program budget, wrote and administered grants and quarterly reports, and ensured safe facilities for clients. Also ensured program's compliance with federal and state grant program expectations and preserved the program's fidelity to its mission. Program was fully integrated with the Medical Department, and all care was provided from a multidisciplinary team approach. Contributing member of a multidisciplinary team, which allowed me to consult with other professionals, including physicians, psychiatrists, social workers, in order to coordinate comprehensive treatment and continuity of care for clients.

12/2002 – 8/2005 Itinerant Therapist

Edgar Nollner Health Center, Galena, Alaska
Supervisor: Diana Weber, Director of Behavioral Health
Clinical position providing both mental health and substance abuse services to adults and children living in the six villages of the Yukon Koyukuk subregion. Provided crisis intervention, mental health and substance abuse assessments, individual/couple/family therapy, discharge planning, aftercare, education, and case management. Program was fully integrated with the Medical Department, and all care was provided from a multidisciplinary team approach.

3/2001 – 11/2001 Comprehensive Assessor/Outpatient Therapist

Marion-Citrus Mental Health Center, Ocala, Florida

Supervisor: Susi Internicola

Clinical position providing Comprehensive Behavioral Health Assessments for children suffering serious emotional disturbance who were victims of abuse/neglect or who had committed acts of juvenile delinquency. Involved direct observation of the child in the home, school, community, and clinical settings resulting in an inclusive report specifying recommendations regarding placement. Also maintained a caseload of 10-15 outpatient clients, predominantly from Spanish-speaking families.

5/2000 – 2/2001 TANF Children's Therapist

Marion-Citrus Mental Health Center, Ocala, Florida

Supervisor: Alina Stoothoff

Clinical position working with children (minimum age 4 yrs. old) adolescents, and adults in a brief-therapy setting. Conducted individual and group therapy as well as in-depth intake appointments, including psychosocial assessments. Worked with clients from all social strata, carrying both Axis I and Axis II disorders, and speaking both English and Spanish.

Education, Training, Experience & Qualifications

List both formal and informal education and training experiences:

M.S. in Counseling Psychology from Southern Mississippi University, August 2000

- DSM-5/ICD-10, American Counseling Association, synchronous webinar, September 15, 2015, 1 hour
- Internet Security and HIPAA, Society for the Advancement of Psychotherapy, synchronous webinar, July 1, 2015, 1 hour
- The Addiction-Trauma Connection: Spirals of Recovery and Healing, National Association of Social Workers – Alaska Chapter, Fairbanks, Alaska, April 30, 2015, 6.5 hours
- Self-Regulation, PESI, Inc., synchronous webinar, March 11, 2015, 1 hour
- A Promising Intervention for Trauma, ADHD, Depression and Anxiety, National Board of Certified Counselors (NBCC) Foundation, synchronous webinar, February 26, 2015, one hour
- Annual Conference, American Association of State Counseling Boards, Savannah, Georgia, January 7-9, 2015, 7 hours
- Mental Health First Aid, National Association of Social Workers, Alaska Chapter via UAA Center for Human Development, Fairbanks, Alaska, December 10, 2014, 8 hours
- DSM-5: Exploring New Clinical Perspectives (Part 2), National Board of Certified Counselors (NBCC) Foundation, synchronous webinar, December 9, 2014, 1 hour
- The Components and Process of Clinical Supervision, TZK Seminars, synchronous webinar, December 4, 2014, 6 hours
- ACA Ethical Standards Casebook and Boundary Issues in Counseling (Ethics), American Counseling Association, synchronous webinar, November 5, 2014, 2 hours.
- When Building a Practice, Don't Forget the Final 10% or How to Recruit and Retain an Excellent Clinical Team, American Counseling Association, synchronous webinar, October 22, 2014, 1 hour
- 15 Minutes That Could Save Your Practice: Why Clinicians Need to Start Answering the Phones, American Counseling Association, synchronous webinar, October 15, 2014, 1 hour
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- Does One Size Fit All? How to Successfully Get and Keep Your Clients, American Counseling Association, synchronous webinar, October 8, 2014, 1 hour
- Using a Sales Cycle to Increase Your Credibility, Likability, and Trust and to Get More Clients, American Counseling Association, synchronous webinar, October 1, 2014, 1 hour
- Implementing Technology to Reduce Costs and Increase Efficiency in Your Private Practice, American Counseling Association, synchronous webinar, September 24, 2014, 1 hour
- Securing Government Contracts, American Counseling Association, synchronous webinar, September 17, 2014, 1 hour
- Experiencing Mindfulness, National Board of Certified Counselors (NBCC) Foundation, synchronous webinar, August 28, 2014, 1 hour
- The Science of Well-Being: An Introduction to Positive Psychology, National Board of Certified Counselors (NBCC) Foundation, synchronous webinar, June 26, 2014, 1 hour
- Viktor Frankl: An Intimate Portrait, National Board of Certified Counselors (NBCC) Foundation, synchronous webinar, March 5, 2014, 1 hour
- Psychotic Prodrome, North Star Hospital, Anchorage, Alaska, February 18, 2014, 1 hour
- FASD 101: Insights Into Fetal Alcohol Spectrum Disorders, State of Alaska (Sarah McConnell, Trainer), Fairbanks, Alaska, January 30, 2014, 4 hours
- American Association of State Counseling Boards 27th Annual Conference, January 8-10, 2014, 8

hours

- OMG, A Subpoena, Alaska Psychological Association Webinar Series, May 24, 2013, 2 CEUs (Ethics)
- Supporting Returning Troops and their Families: Clinical Updates, University of North Texas Health Science Center (held in Fairbanks, Alaska), October 4, 2012, 6.50 hours
- Food for Thought: How Nutrients Affect Mental Health and the Brain, Institute for Brain Potential, Fairbanks, Alaska, September 19, 2012, 6 hours
- Innovative Treatment Interventions for Individuals Affected with Fetal Alcohol Spectrum Disorders," by Shannon Cross, LCSW, SOA DBH, DVD presentation by North Star Behavioral Health System, August 16, 2012, 1.00 hours
- Serving our Veterans Behavioral Health Certificate, National Council for Community Behavioral Healthcare, Center for Deployment Psychology and Essential Learning, 20.50 CEU's completed July 5, 2012:
 - Provider Resiliency and Self-Care: An Ethical Issue, Essential Learning, Online Course, July 5, 2012, 1.00 hours
 - Working with the Homeless, Part 1: An Overview, Essential Learning, Online Course, July 3, 2012, 1.00 hours
 - Meeting the Behavioral Health Needs of Returning Veterans, Essential Learning, Online Course, July 3, 2012, 1.25 hours
 - Epidemiology of PTSD in Military Personnel and Veterans, Essential Learning, Online Course, July 2, 2012, 1.50 hours
 - Cognitive Processing Therapy for PTSD in Veterans & Military Personnel, Essential Learning, Online Course, July 2, 2012, 1.25 hours
 - Prolonged Exposure Therapy for PTSD for Veterans and Military Service Personnel, Essential Learning, Online Course, July 2, 2012, 1.25 hours
 - The Impact of Deployment and Combat Stress on Families and Children, Part II: Enhancing the Resilience of Military Families, Essential Learning, Online Course, June 6, 2012, 1.75 hours
 - The Impact of Deployment and Combat Stress on Families and Children, Part I: Understanding Military Families and the Deployment Cycle, Essential Learning, Online Course, May 1, 2012, 2.25 hours
 - Military Cultural Competence, Essential Learning, Essential Learning Online Course, March 18, 2012, 1.25 hours
 - Overview of Suicide Prevention, Essential Learning, Essential Learning Online Course, February 6, 2012, 3.50 hours
 - Domestic and Intimate Partner Violence, Essential Learning, Online Course, January 30, 2012, 1 hour
 - Best Practices in Substance Use Treatment Compliance, Essential Learning, Online Course, January 27, 2012, 1 hour
- The Counselor and the Law: Avoiding the "Dirty Dozen" Legal and Ethics Traps, American Counseling Association, webinar, June 13, 2012, 1 CEU
- Supervisory Alliance in Clinical Supervision, University of Alaska Anchorage, April 24-May 11, 2012, 16 hours.
- Neuroscience: The Cutting Edge of Counseling's Future, American Counseling Association, webinar, April 11, 2012, 1 CEU
- Regional Trauma Institutes – Trauma Informed Care, Co-Occurring Disorders Institute, Fairbanks, Alaska, April 3, 2012, 6 CEUs
- Regional Trauma Institutes – Trauma 101, Co-Occurring Disorders Institute, Fairbanks, Alaska, April 2, 2012, 6 CEUs
- Understanding Depression and Bipolar Disorders: What We Know and What We Can Do About It, Institute for Brain Potential, Fairbanks, Alaska, October 7, 2011, 6 hours
- Supervision II: Advanced Topics, Ethics and Law, Zur Institute, LLC, Online Course, September 28, 2011, 6 hours
- Comprehensive FASD Workshop, University of Alaska Anchorage Center for Behavioral Health Research & Services, Presented by Arctic FASD Regional Training Center, Fairbanks, Alaska, April 25 & 26, 2011, 14 CEUs.
- Child Abuse in Ethnic Minority and Immigrant Communities, Continuing Medical Education (CME) Resource, Online Course, January 14, 2011, 10 hours
- Obsessive-Compulsive Disorder, Continuing Medical Education (CME) Resource, Online Course, January 14, 2011, 4 hours
- Ethics for Counselors, Continuing Medical Education (CME) Resource, Online Course, January 14, 2011, 6 hours
- Attention Deficit Hyperactivity Disorder, Continuing Medical Education (CME) Resource, Online Course, January 14, 2011, 5 hours

List any professional licenses, certifications, or registrations and dates obtained that may be used as qualifying criteria:

Licensed Professional Counselor (7/15/2003 - Present), Board Approved Supervisor , National Certified Counselor (10/12/2000 - Present; National Board of Certified Counselors - NBCC), Approved Counselor Supervisor (9/9/11 - Present; Center for Credentialing and Education)

List any community service, municipal government, and state positions held, and any awards received.

- Chair, State of Alaska Board of Professional Counselors, 4/2013 - Present
- Fairbanks Symphony Chorus, August 2012-December 2013
- Stevie's Place Child Advocacy Center, Advisory Board, July 2010 – January 2012
- Fairbanks Suicide Prevention Task Force (Founder), December 2009-June 2010
- Fairbanks North Star Youth Court, Alaska, Board of Directors, 9/2008 – January 2010
- Fairbanks Prevention Coalition (formerly known as COMPASS Coalition of Fairbanks) Fairbanks, Alaska, August 2008-December 2010
- Sacred Heart Cathedral, Fairbanks, Alaska, Cantor, 11/2006 – 4/2008
- Substance Abuse Mental Health Services Administration (SAMHSA) Center for Substance Abuse Prevention (CSAP), Strategic Prevention Framework (SPF) Expert Workgroup for the Data Coordination and Consolidation Center (DCCC), 2/2006 – 4/2006
- Secretary, Rural Behavioral Health Association, 3/2006 – 7/2006
- University of Alaska-College of Rural Alaska-Yukon Koyukuk Center, Advisory Council, Galena, AK, 12/2004 – 7/2006
- Vice Chair, Advisory Council, University of Alaska-College of Rural Alaska-Yukon Koyukuk Center, 1/2004 – 7/2006.
- Suicide Prevention Committee, Galena, AK, 1/2001 – 7/2006
- Secretary, Board of Directors, South Mississippi Children's Center, 6/1999 – 5/2000.
- Secretary, Board of Directors, Huntsville/Madison County Humane Society, 11/1997 – 8/1998

- Selected as Volunteer Review Team Member with the National Board of Certified Counselors (NBCC) Foundation, March 2014 – Present
- Named Direct Service Provider of the Year for the year 2001 for "exemplifying the highest standard of professional skills and dedication to Florida's community behavioral health care delivery system" by the Florida Mental Health Council, September 2001.

Conviction Record

Have you ever been convicted of a misdemeanor within the past five years or a felony within the past ten years?

No

Conviction Circumstances

Certification of Accuracy & Completeness

By submitting this online application, I swear the information I have entered on this form is true to the best of my knowledge. I understand that if I deliberately conceal or enter false information on the form my application may be rejected, I may be removed from the list of eligible candidates, or I may be removed from the position. I agree that the Office of the Governor may contact present or former employees or other persons who know me to obtain an additional information about my skills and abilities. I understand that the information on this application is public information and may be released through a legal request for such information.

Type "I certify"

"I certify"

Resume Addendum:

Press Release Wording

{Anne Marie Brainerd}, {50} of {Fairbanks}, {Deputy Director of Hope Counseling Center} holds {a Master of Science degree in Counseling Psychology from Southern Mississippi University and has 15 years of experience}.

Submitted: 10/21/2015 2:18:09 AM

Anne Marie Brainerd, LPC, NCC, ACS



October 21, 2015

Office of Boards and Commissions
550 West 7th Avenue, Suite 1700
Anchorage, Alaska 99501

RE: Re-Application for Appointment to Board of Professional Counselors

Ladies and Gentlemen:

It is with deep respect that I reapply for appointment on the Board of Professional Counselors. Since first joining the board in April 2013, I have felt humbleness and joy at being tasked with ensuring our profession provides the highest level of professionalism and ethics in its delivery to the public. My position on the board is one I undertake with devotion and dedication. I feel privileged to already have served the time I have on the LPC Board and hope I have done so with excellence. I would consider it an absolute honor to be able to continue.

Should you have any questions or wish to speak with me personally, I am at your service.

Sincerely,

A handwritten signature in cursive script, appearing to read "Anne M. Brainerd".

Anne M. Brainerd, LPC, NCC, ACS
Chair, Board of Professional Counselors

Anne Marie Brainerd, L.P.C., N.C.C., A.C.S.
Curriculum Vitae



Education

8/1998 – 8/2000 **Master of Science in Counseling Psychology, (CACREP Accredited Program)**
University of Southern Mississippi, Hattiesburg, Mississippi

8/1983 – 5/1987 **Bachelor of Arts in Russian and French Languages**
Goucher College, Baltimore, Maryland

License and Certifications

- Licensed Professional Counselor, State of Alaska #355
- Approved Clinical Supervisor, Center for Credentialing & Education, Certificate #ACS01161
- Approved Counselor Supervisor for Professional Counselors in the State of Alaska #102697
- Nationally Certified Counselor, National Board of Certified Counselors, Inc., Certificate #62479
- Serving our Veterans Behavioral Health Certificate (20.50 CEU hours through National Council for Community Behavioral Healthcare, Center for Deployment Psychology and Essential Learning, LLC)

Honors and Awards

- Selected as Volunteer Review Team Member with the National Board of Certified Counselors (NBCC) Foundation, March 2014 – Present
- Named by Governor Sean Parnell, and confirmed by the State of Alaska Legislature, to a four-year term on the Alaska Board of Professional Counselors – March 2013 to March 2017.
- Named *Direct Service Provider of the Year* for the year 2001 for “exemplifying the highest standard of professional skills and dedication to Florida’s community behavioral health care delivery system” by the Florida Mental Health Council, September 2001.

Clinical & Administrative Experience

7/2010 -- *Present*
Hope Counseling Center, Fairbanks, Alaska
Supervisor: John DeRuyter

1/2012 – Present Deputy Director
Work closely with Executive Director to lead, plan, develop and direct all operations of the agency. Assess and improve services, productivity, outcomes and processes. Monitor revenue and expenditures and take appropriate action as necessary to control expenses and/or enhance revenues as relates to being accountable for the profit and loss on a monthly basis. Develop and execute staff plans and staff development to ensure excellent quality including, but not limited to hiring, training, mentoring, evaluating, developing, succession planning, project management, organizational structure or restructure and termination when necessary. Represent agency to external business communities and outreach in a way that ensures strong agency identity and the

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Fairbanks, Alaska
Supervisor: Annie Hopper

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Supervisor: Flora Paul, Executive Director

Administrative and clinical position overseeing the clinical, CQI, human resources, fiscal, and program development activities of the Edgar Nollner Health Center Department of Behavioral Health. Provided supervision of the clinical staff, developed the annual program budget, wrote and administered grants and quarterly reports, and ensured safe facilities for clients. Also ensured program's compliance with federal and state grant program expectations and preserved the program's fidelity to its mission. Program was fully integrated with the Medical Department, and all care was provided from a multidisciplinary team approach. Contributing member of a multidisciplinary team, which allowed me to consult with other professionals, including physicians, psychiatrists, social workers, in order to coordinate comprehensive treatment and continuity of care for clients.

12/2002 – 8/2005 Itinerant Therapist

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Supervisor: Alina Stoothoff

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8/1998 – 8/2000 (*p.r.n.*) **Spanish Translator for University Counseling Center**
University of Southern Mississippi, Hattiesburg, Mississippi

Publications

Yes, You Have Been Affected, published on the American Counseling Association website at <http://www.counseling.org/> under the “America In Crisis” special section.

Tragic Events and the Effects on All of Us, published nationwide in local newspapers during the week of October 8, 2001 through the American Counseling Association’s public outreach program.

Research Presentations

Campbell, C., Brainerd, A.M., Knight, J.L., Thompson, L., Chatkoff, D.K. (2000, Aug.). Barriers to psychological care in a rural/SMSA region. Presented at the 2000 Annual Convention of the American Psychological Association, Washington, D.C.

Campbell, C., Brainerd, A.M., Knight, J., Thomas, J., Thompson, L. (1999), Barriers to psychological care in Southern Mississippi. Poster session presented at the 1999 annual meeting of the Mississippi Psychological Association, Biloxi, MS.

Grants Written and Awarded

Brainerd, A.M., “Enhancing Hope”, to purchase classroom furnishings (tables, chairs, whiteboard, large television screen, DVD recorder) to enhance and enlarge substance abuse classes; Submitted to the Alaska Mental Health Trust Authority (Anchorage, Alaska), \$10,000 in one lump sum awarded 3/2/11.

Brainerd, A.M., “Tier I Technology Grant” to replace all agency staff computers and network server; included authoring Technology Policies & Procedures, Technology Strategies and Technology Plan; Submitted to the Rasmuson Foundation (Anchorage, Alaska), \$15,000 in one lump sum awarded 2/1/11.

Brainerd, A.M., “Fairbanks Youth Suicide Prevention Grant”, Submitted to the State of Alaska Department of Health & Social Services, \$339,000 (\$113,000 per year for three years, FY 2010-2012); awarded October 6, 2009.

Brainerd, A.M., “Fairbanks Youth Suicide Prevention – Matching Grant”, Submitted to the Fairbanks North Star Borough Health & Social Services Commission, \$11,300 for FY2010; awarded October 15, 2009.

Brainerd, A.M., “Fairbanks Independent Living Program”, Submitted to the State of Alaska Department of Health & Social Services; \$4,984 for FY2010; awarded September 15, 2009.

Continuing Education Units (Past 5 Years)

- *DSM-5/ICD-10*, American Counseling Association, synchronous webinar, September 15, 2015, 1 hour
- *Internet Security and HIPAA*, Society for the Advancement of Psychotherapy, synchronous webinar, July 1, 2015, 1 hour
- *The Addiction-Trauma Connection: Spirals of Recovery and Healing*, National Association of Social Workers – Alaska Chapter, Fairbanks, Alaska, April 30, 2015, 6.5 hours
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 - *Cognitive Processing Therapy for PTSD in Veterans & Military Personnel*, Essential Learning, Online Course, July 2, 2012, 1.25 hours
 - *Prolonged Exposure Therapy for PTSD for Veterans and Military Service Personnel*, Essential Learning, Online Course, July 2, 2012, 1.25 hours
 - *The Impact of Deployment and Combat Stress on Families and Children, Part II: Enhancing the Resilience of Military Families*, Essential Learning, Online Course, June 6, 2012, 1.75 hours
 - *The Impact of Deployment and Combat Stress on Families and Children, Part I: Understanding Military Families and the Deployment Cycle*, Essential Learning, Online Course, May 1, 2012, 2.25 hours
 - *Military Cultural Competence*, Essential Learning, Essential Learning Online Course, March 18, 2012, 1.25 hours
 - *Overview of Suicide Prevention*, Essential Learning, Essential Learning Online Course, February 6, 2012, 3.50 hours
 - *Domestic and Intimate Partner Violence*, Essential Learning, Online Course, January 30, 2012, 1 hour
 - *Best Practices in Substance Use Treatment Compliance*, Essential Learning, Online Course, January 27, 2012, 1 hour
- *The Counselor and the Law: Avoiding the “Dirty Dozen” Legal and Ethics Traps*, American Counseling Association, webinar, June 13, 2012, 1 CEU
- *Supervisory Alliance in Clinical Supervision*, University of Alaska Anchorage, April 24-May 11, 2012, 16 hours.
- *Neuroscience: The Cutting Edge of Counseling’s Future*, American Counseling Association, webinar, April 11, 2012, 1 CEU

- *Regional Trauma Institutes – Trauma Informed Care*, Co-Occurring Disorders Institute, Fairbanks, Alaska, April 3, 2012, 6 CEUs
- *Regional Trauma Institutes – Trauma 101*, Co-Occurring Disorders Institute, Fairbanks, Alaska, April 2, 2012, 6 CEUs
- *Understanding Depression and Bipolar Disorders: What We Know and What We Can Do About It*, Institute for Brain Potential, Fairbanks, Alaska, October 7, 2011, 6 hours
- *Supervision II: Advanced Topics, Ethics and Law*, Zur Institute, LLC, Online Course, September 28, 2011, 6 hours
- *Comprehensive FASD Workshop*, University of Alaska Anchorage Center for Behavioral Health Research & Services, Presented by Arctic FASD Regional Training Center, Fairbanks, Alaska, April 25 & 26, 2011, 14 CEUS.
- *Child Abuse in Ethnic Minority and Immigrant Communities*, Continuing Medical Education (CME) Resource, Online Course, January 14, 2011, 10 hours
- *Obsessive-Compulsive Disorder*, Continuing Medical Education (CME) Resource, Online Course, January 14, 2011, 4 hours
- *Ethics for Counselors*, Continuing Medical Education (CME) Resource, Online Course, January 14, 2011, 6 hours
- *Attention Deficit Hyperactivity Disorder*, Continuing Medical Education (CME) Resource, Online Course, January 14, 2011, 5 hours
- *Cannabis Use, Abuse and Dependence*, Continuing Medical Education (CME) Resource, Online Course, January 14, 2011, 5 hours
- *Multidisciplinary Team Academy*, Western Regional Children’s Advocacy Center, August 31-September 3, 2010.
- *Adolescents: Coming Out Issues*, National Association of Social Workers, February 10, 2010, 2 hours.
- *Cultural Aspects of Military Life*, Alaska Counseling Association monthly meeting, December 9, 2009, 1 hour.
- *Environmental Strategies for Prevention*, Substance Abuse Mental Health Services Administration Center for Substance Abuse Prevention Online Courses, September 25, 2009, 4 hours.
- *Ethics for Mental Health Professionals: Advanced*, Professional Development Resources, September 9, 2009, 3 hours.
- *Alaska Gatekeeper Training of Trainers, Suicide Prevention*, State of Alaska, Anchorage, Alaska, July 29-30, 2009, 12 hours.
- Community Cares Conference 2009, “Marching Beyond Prenatal Exposure”, Fairbanks, Alaska, April 22-23, 2009; 9.75 hours.
- Alaska Children’s Alliance Child Maltreatment Conference 2008, “Charting New Trails”, Anchorage, Alaska, November 4-6, 2008; 17 hours.
- *Prescriptive Play Therapy for Treating Traumatized Children*, Alaska Children’s Alliance Child Maltreatment Conference 2008, November 3, 2008, 6 hours.
- *Physical Health Following a Cognitive Behavioral Intervention*, CE-credit.com, CE Learning Systems, September 17, 2008, 1 hour.
- *Brain Basics: Understanding Sleep*, CE-credit.com, CE Learning Systems, September 10, 2008, 1 hour.

- Eating Disorders: Facts About Eating Disorders and the Search for Solutions, CE-credit.com, CE Learning Systems, July 17, 2008, 1 hour.
- *10 Ways Practitioners Can Avoid Frequent Ethical Pitfalls*, CE-credit.com, CE Learning Systems, June 16, 2008, 1 hour.
- *Community Cares Conference: Plan for Child Safety & Protection*, hosted by Resource Center for Parents & Children, CARES Resource & Referral, State of Alaska Office of Children's Services & Fairbanks North Star Borough Carlson Center, Fairbanks, Alaska, March 23, 2008, 8 hours.
- Disaster Mental Health Intervention: Web-FLASH On-Line Training from Project P-FLASH, Essential Learning, On-Line Course, March 24, 2008, 6 hours.
- *Post Traumatic Stress Disorder (PTSD)*, Essential Learning, On-Line Course, March 10, 2008, 2 hours.

Other

- Comprehensive Behavioral Assessor, Florida Medicaid #761061100
- Children's Functional Assessment Rating Scale Certification System, Rater ID #900-002-122
- Red Cross First Aid, Certificate #401411
- Red Cross Cardio-Pulmonary Resuscitation
- Targeted Aggression Control Training, Prevention & Verbal Intervention
- Techniques for Effective Aggression Management, Basic & Advanced Techniques

Memberships

Professional Organizations:

- American Counseling Association, 2000-present
- Alaska Mental Health Counselors Association, 2007- present
- American Academy of Experts in Traumatic Stress, 2002-present
- American Association of Suicidology, 2010
- Eye Movement Desensitization & Reprogramming International Association, 2002-2005
- International Critical Incident Stress Foundation, 2001-2004
- Florida Mental Health Counselors Association, 2000-2002
- American Psychological Association, 1998-2001
- Mississippi Psychological Association, 1998-2000
- Mississippi Counseling Association, 1998-2000

Honor Society:

- Psi Chi, Psychology Honor Society, Lifetime Member

Volunteer Experience

- State of Alaska Board of Professional Counselors, February 2013-Present
- Fairbanks Symphony Chorus, August 2012-Present
- Fairbanks Prevention Coalition (formerly known as COMPASS Coalition of Fairbanks) Fairbanks, Alaska, August 2008-Present
- Fairbanks Suicide Prevention Task Force (Founder), December 2009-Present
- Stevie's Place Child Advocacy Center, Advisory Board, July 2010 – January 2012

- Fairbanks North Star Youth Court, Alaska, Board of Directors, 9/2008 – January 2010
- Sacred Heart Cathedral, Fairbanks, Alaska, Cantor, 11/2006 – 4/2008
- Substance Abuse Mental Health Services Administration (SAMHSA) Center for Substance Abuse Prevention (CSAP), Strategic Prevention Framework (SPF) Expert Workgroup for the Data Coordination and Consolidation Center (DCCC), 2/2006 – 4/2006
- University of Alaska-College of Rural Alaska-Yukon Koyukuk Center, Advisory Council, Galena, AK, 12/2004 – 7/2006
- Suicide Prevention Committee, Galena, AK, 1/2001 – 7/2006
- United Way Human Services Council, Ocala, FL, 7/2001 – 11/2001
- Critical Incident Stress Management Team, Pine Belt Mental Health, Hattiesburg, MS, 12/1999 – 5/2000
- University of Southern Mississippi Counseling Psychology Newsletter, Contributing Writer, 4/1999 – 5/2000
- University of Southern Mississippi, Undergraduate Admissions Office, Entrance Exam Reader for Visually Impaired, 4/1999
- South Mississippi Children's Center, Board of Directors, 1/1999 – 5/2000
- South Mississippi Children's Center, "Safe Place" Volunteer, 11/1998 – 5/2000
- American Red Cross, Disaster Services, Triage Volunteer at Camp Shelby during Hurricane Georges, 10/1998
- Huntsville/Madison County Humane Society, Board of Directors, 6/1997 – 8/1998

Offices Held:

- Chair, State of Alaska Board of Professional Counselors, 4/2013 - Present
- Secretary, Rural Behavioral Health Association, 3/2006 – 7/2006
- Vice Chair, Advisory Council, University of Alaska-College of Rural Alaska-Yukon Koyukuk Center, 1/2004 – 7/2006.
- Secretary, Board of Directors, South Mississippi Children's Center, 6/1999 – 5/2000.
- Secretary, Board of Directors, Huntsville/Madison County Humane Society, 11/1997 – 8/1998

OLDER CEU'S

- *Autistic Spectrum Disorders*, North Star Behavioral Health, Fairbanks, Alaska, September 5, 2007, 2 hours.
- *Women, Children & Family Treatment 2007 Grantee Meeting*, PAR, Inc., Tampa, Florida, July 11-13, 2007, 12 hours
- *Ethics for Beginners Correspondence*, Regional Alcohol & Drug Abuse Counselor Training Program, May 22, 2007, 4 hours
- *Management for the Social Service Provider*, 33rd Annual School on Addictions hosted by Substance Abuse Directors Association of Alaska, Anchorage, Alaska, May 9, 2007, 2.5 hours
- *Recovery: Creating and Sustaining Change*, 33rd Annual School on Addictions hosted by Substance Abuse Directors Association of Alaska, Anchorage, Alaska, May 9, 2007, 1 hour
- *New Frontiers in the Use of Medicines to Help Create and Sustain Change*, 33rd Annual School on Addictions hosted by Substance Abuse Directors Association of Alaska, Anchorage, Alaska, May 8, 2007, 6 hours
- *Pharming in Alaska – The Dangers of Prescription Drug Abuse*, 33rd Annual School on Addictions hosted by Substance Abuse Directors Association of Alaska, Anchorage, Alaska, May 8, 2007, 1 hour
- *Behavioral Couples Therapy for Alcoholism and Drug Abuse*, 33rd Annual School on Addictions hosted by Substance Abuse Directors Association of Alaska, Anchorage, Alaska, May 7, 2007, 1 hour
- *Ethics for Behavioral Health Supervisors*, 33rd Annual School on Addictions hosted by Substance Abuse Directors Association of Alaska, Anchorage, Alaska, May 7, 2007, 5 hours
- *Fact Is Stronger Than Fiction*, 33rd Annual School on Addictions hosted by Substance Abuse Directors Association of Alaska, Anchorage, Alaska, May 7, 2007, 1 hour
- *Confidentiality*, Regional Alcohol & Drug Abuse Counselor Training Program, Fairbanks, Alaska, May 2, 2007, 6 hours
- *Crisis Intervention*, Regional Alcohol & Drug Abuse Counselor Training Program, Fairbanks, Alaska, January 10, 2007, 8 hours
- *Documentation*, Regional Alcohol & Drug Abuse Counselor Training Program, Fairbanks, Alaska, January 9, 2007, 8 hours
- *Women's and Children's Treatment (WTC) Grantee Meeting (A 3-day workshop of core functions events)*, Substance Abuse and Mental Health Services Administration Center for Substance Abuse Treatment, Washington, D.C., September 18-20, 2006; 14 hours
- *Bloodborne Pathogens*, Fairbanks Native Association, November 6, 2006, 1 hour
- *Co-Occurring Disorders*, Regional Alcohol & Drug Abuse Counselor Training Program, Fairbanks, Alaska, November 3, 2006, 16 hours
- *Nicotine Addiction Treatment for the Substance Abuse Community*, 32nd Annual School on Addictions, Anchorage, Alaska, May 1-3, 2006, 6 hours
- *Infectious Diseases – HIV/AIDS*, 32nd Annual School on Addictions, Anchorage, Alaska, May 1-3, 2006, 8.0 hours
- *Confidentiality*, 32nd Annual School on Addictions hosted by Substance Abuse Directors Association of Alaska, Anchorage, Alaska, May 1-3, 2006, 4.0 hours
- *ASAM & DSM: Comprehensive Assessment*, Co-Occurring Disorders Institute, Inc., April 24, 2006, 6.0 contact hours

- *Challenging Behaviors*, Co-Occurring Disorders Institute, Inc., April 24, 2006, 2.0 contact hours
- *Compassion Fatigue*, Co-Occurring Disorders Institute, Inc., April 24, 2006, 3.0 contact hours
- *Ethics (Medicaid)*, Co-Occurring Disorders Institute, Inc., April 24, 2006, 3.0 contact hours
- *Self-Injurious Behaviors*, Co-Occurring Disorders Institute, Inc., April 24, 2006, 3.0 contact hours
- *Suicidal Inebriate*, Co-Occurring Disorders Institute, Inc., April 24, 2006, 3.0 contact hours
- *Change Agent Training*, Co-Occurring Disorders Institute, Inc., April 10-11, 2006, 12.0 contact hours
- *Rural Behavioral Health Conference – 2006*, Co-Occurring Disorders Institute, Inc., March 13-15, 2006, 9.0 contact hours
- *Change Agent Training*, Co-Occurring Disorders Institute, Inc., 11/14/2005, 9.75 hours
- *Foundations of Clinical Supervision*, Correspondence Course through Zur Institute, 10/27/2005, 6.0 hours
- Northern Regional Conference on Traumatic Brain Injury, Fairbanks, AK, June 7-8, 2005, 13.0 contact hours
- *Mental Health Ethics*, Riverbend Healthcare Associates, Web-Based CEU Course, 1/17/2005, 6.0 hours
- Eye Movement Desensitization and Reprocessing International Association 2004 Conference, Montréal, Canada, September 9-12, 2004, 23.5 hours.
- International Association of Eating Disorders Professionals Symposium 2004, Las Vegas, NV, July 28-August 1, 2004, 16.5 hours.
- Alaska History of Chemical Dependency Correspondence Course, RADACT, Anchorage AK, 12/1/2003, 6 hours.
- *Ethics Correspondence Course*, RADACT, Anchorage, AK, 9/23/2003, 6 hours.
- Eye Movement Desensitization and Reprocessing, Part II, Denver, CO, June 20-22, 2003, 17 hours.
- *Alaska Rural Mental Health Conference, III* Anchorage, AK, December 2-6, 2002, 18.5 hours.
- Eye Movement Desensitization and Reprocessing, Part I, San Diego, CA, July 19-21, 2002, 17 hours.
- *Advanced Critical Incident Stress Management*, International Critical Incident Stress Foundation, Birmingham, AL, September 22-23, 2001, 1.4 hours.
- *School Crisis Response*, International Critical Incident Stress Foundation, Birmingham, AL, September 20-21, 2001, 1.4 hours.
- Marion County Children's Advocacy Multidisciplinary Team's Conference, Ocklawaha, FL, 8/17/2001, 7 hours.
- *Treating Anxiety, Depression and Anger Effectively: Therapeutic Methods That Work!*, Dr. Albert Ellis, Lima Associates, Jacksonville, FL, 2/23/2001, 5.25 hours.
- *Grant Writing: Basics & Beyond*, Monroe Hospital, 2/22/2001, 2.5 hours.
- *Children & Adolescents Who Molest Children*, Marion-Citrus Mental Health Center, Ocala, FL, 2/7/2001, 3 hours.
- *Florida Legal & Ethical Issues in Counseling and Social Work*, Heritage Professional Education, Orlando, FL, 10/27/2000, 6 hours.
- 1999 Annual Convention, Mississippi Psychological Association, Biloxi, MS, October 6-8, 1999.
- *Critical Incident Stress Management Basic Training*, Pine Belt Mental Health Services, Hattiesburg, MS, 12/ 1999, 1.4 hours.

- 1999 Annual Convention Preconference, “Critical Incident Stress Management”, Mississippi Rural Health Association, Jackson, MS, 11/1999.
- *1st Annual Multicultural Conference*, Multicultural Affairs Committee for Children (MACC), Hattiesburg, MS, 7/24/1999.
- 1998 Annual Convention, Mississippi Psychological Association, Biloxi, Mississippi, September 23-26, 1998.