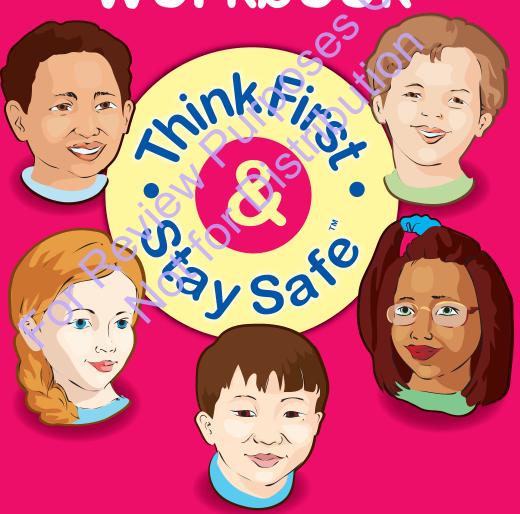


# Personal Safety Workbook





#### Hello Students!

Welcome to the **Think First & Stay Safe** personal safety program. This workbook contains important information to help keep you healthy and safe. Please complete each lesson's activities when instructed by your teacher.

This booklet is yours to keep. It has helpful safety tips for each of the **Think First & Stay Safe** School Program lessons. Once you've completed this workbook, please take it home to share with your family. And always remember, most people are safe and can be counted on to help you.

Your Friends in Safety, Team Child Lures Prevention

## ESSON

## **Using My Built-In Computer**

#### **KEY POINT:**

My brain is a remarkable built-in computer that I can program to help keep me healthy and safe.

#### **SAFETY TIPS:**

- I already have the most effective tool for staying safe: my brain
- The human brain is more powerful and complex than any computer in the world.
- 3. I can prograntiny \_\_\_\_\_\_ to recognize and avoid hehaviors and situations that might threaten my health and personal safety.



### **Word Jumble**

Each line of scrambled letters forms one word.

ESFA	
NAIBR	
TUCMOREP	
TRPOCET	

## LESSON 2

# People are Like the Weather

#### **KEY POINT:**

People are like the weather; most of the time, they are safe.

#### **SAFETY TIPS:**

- Like the weather, people are safe most of the time; but, there are some behaviors I need to watch out for.
- 2. Weather can quickly change. In the morning, it can be sunny and pleasant; but, by afternoon there can be dangerous lightning storms, nurricanes or tornados.
- 3. Like the \_\_\_\_\_\_, a person's behavior can change from kind and safe to weird, inappropriate or unsafe
- 4. Just as we take precautions from dangerous weather, we can also take safety measures to protect ourselves from unsafe behaviors and situations.

## **Word Find**

Please find the following seven words:

WEATHER
SAFE
NICE
UNSAFE
CHANGE
BEHAVIOR
DANGEROUS

WEATHER

S	C	0	Y	Z	Ε	J	R	Т	D
R	F	S	C	S	R	Y	0	S	A
W	Ε	A	Т	Н	Ε	R	1	Q	N
Н	U	F	Т	В	0	U	V	A	G
C	S	Ε	Z	R	U	N	A	V	Ε
Ε	C	I	N	V	U	S	Н	D	R
Ε	G	N	A	Н	C	A	Ε	В	0
Н	F	Ε	D	C	A	F	В	S	U
M	Ε	1	0	R	Н	Ε	Y	R	S



# **24** Be Kind; No Bullying

Our school is a place for learning. And, that includes learning how to get along with others, regardless of our differences. All kids have a right to feel safe and accepted at school. There is no place there for intolerance, bullying, harassment, threats or weapons.

#### **KEY POINTS:**

- I can help make my school a safer, happier place by always treating others with kindness and respect.
- 2. I will encourage my friends and classmates to do the same.
- I will be accepting of the differences in people, because though different on the outside, we are all the \_\_\_\_\_\_ on the inside.
- When students speak out against bullying and stand up for anyone being mistreated, it helps create a safer community.
- 5. Bullying and other forms of harassment are against school policy and against the law.
- 6. To report bullving, harass nent or any type of threat or weapon, I can tell a teacher or other trusted adult. If necessary, I can call:
  - 911
  - My Local Police Department:
  - Anonymous Tip Line:

Student Personal Safety Workbook to accompany the THINK FIRST & STAY SAFE $^{TM}$  SCHOOL PROGRAM

By Kenneth Wooden, Rosemary Wooden Webb and Jennifer Wooden Mitchell

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Special thanks to Ed Molek.

# **Answer Key**

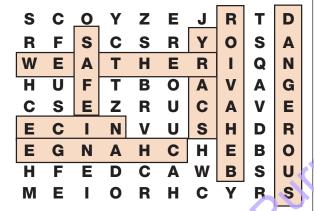
#### Page 2:

Fill in the blank = brain Word Jumble:

SAFE, BRAIN, COMPUTER, PROTECT

#### Page 3:

Fill in the blank = weather Word Find:



#### Page 4:

Fill in the Blank = 1. fish, 4. fire Word Fit:



#### Page 5:

Fill in the blank = bullied (or mistreated), body Question: 1. private, 2. doctor, 3. bathroom

#### Page 6:

Fill in the blank = 2. siren, 5. brain (Examples)

We blink if something moves toward our eyes quickly. We pull our hand away quickly when we touch something very hot.

#### Page 7:

Fill in the blank = 2. inner siren/instincts 5. children (Examples) Crossing Guard, store clerk, lifeguard, waiter

#### Page 8:

Fill in the blank = respect (Examples) Smart, funny, thoughtful

#### Page 10:

Lesson #8 Affection Lure:

Fill in the blank = Real, 1. expect, T/F = True

Lesson #9 Assistance Lure:

Fill in the blank = opposite T/F = True

#### Page 11:

Lesson #10 Pet Lure:
Fill in the blank = pet, T/F = False
Lesson #11 Authority Lure:
Fill in the blank = authority, T/F = True

#### Page 12:

Lesson #12 Bribery Lure: Fill in the blank - told, T/F = True Lesson #13: Ego/Fame Lure:

Fill in the blank = parents or guardian, T/F = False

#### Page 13:

Lesson #14 Emergency Lure:
Fill in the blank = home, T/F = True
Lesson #15: Fun and Games Lure:
Fill in the blank = touching, T/F = True

#### Page 14:

Lesson #16 Hero Lure:

Fill in the Blank = (Student's Hero), 2. Hero, T/F = True Lesson #17: Job Lure:
Fill in the blank = lure or trick, T/F = False

#### Page 15:

Lesson #18 Name Lure:
Fill in the blank = name, T/F = False
Lesson #19: Friendship Lure:
Fill in the blank = friends or peers. T/F = True

#### Page 16:

Lesson #20 Threats and Weapons Lure:
Fill in the blank = against the law, T/F = True
Lesson #21: Pornography Lure:
Fill in the blank = clothes, T/F = True

#### Page 17:

Lesson #22 Drug Lure:
Fill in the blank = abuse, T/F = True
Lesson #23: Online Lure:
Fill in the blank = world. T/F = False

#### **Page 18:**

Lesson #24 Lure of Hate and Violence:
Fill in the blank = same
(Teachers or counselors can help provide police and local tip line phone numbers.)

## For free additional School Program resources, visit childluresprevention.com/downloads

#### PROGRAM RESOURCES INCLUDE:

#### For Grades K-2

- Student Handouts
- PowerPoint Presentation for Classroom Use/Parent Orientation
- Classroom Posters English | Spanish

#### For Grades 3-4

- PowerPoint Presentation for Classroom Use/Parent Orientation
- Classroom Posters English | Spanish

#### For Grades 5-6

- PowerPoint Presentation for Classroom Use/Parent Orientation
- Classroom Posters English | Spanish

#### **For Parents**

- Online Safety Tips
- e-Safety Pact
- Family Emergency Plan
- Missing Child Early Response System

lo secrets!

cafe to keep secrets that ed or worried.

**Exclusion Hurts** 

MAKE A DIFFERENCE -Be Inclusive, Stand up for Other

My Body Belongs to ME!

Touching kids in the

"Bathing Suit Zone"

is AGAINST THE LAW!

and Report Bullium



(Free Program Resources Icensed for use exclusively by institutions that have purchased the Think First & Stay Safe School Program.)

This Student Workbook is available in Spanish. To order, visit:

childluresprevention.com/order/index.asp





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