

House Health & Social Services Committee

February 10, 2015

Trust
Alaska Mental Health
Trust Authority



Trust Beneficiaries

Approximate number of Trust beneficiaries

Mental Illness	22,000
Developmental disabilities	13,000
Chronic alcoholism and other substance-related disorders	20,000
Alzheimer's disease and related dementia	6,100
Traumatic brain injury	12,000

**Number reflects persons 65+ with Alzheimer's disease*

Established Focus Areas

- Disability justice
- Substance abuse prevention and treatment
- Beneficiary employment and engagement
- Workforce development
- Housing and long-term services & supports

Current Priorities

- Restore Homeless Assistance Program Funding
- Medicaid Expansion and Reform
- Recidivism
- Substance Abuse Prevention & Treatment

Prevention & Early Intervention

What happens in early childhood can
matter for a lifetime

- Early experiences influence the developing brain
- Chronic stress can be toxic to developing brains
- Significant early adversity can lead to lifelong problems
- Early intervention can prevent the consequences of early adversity
- Stable, caring relationships are essential for healthy development

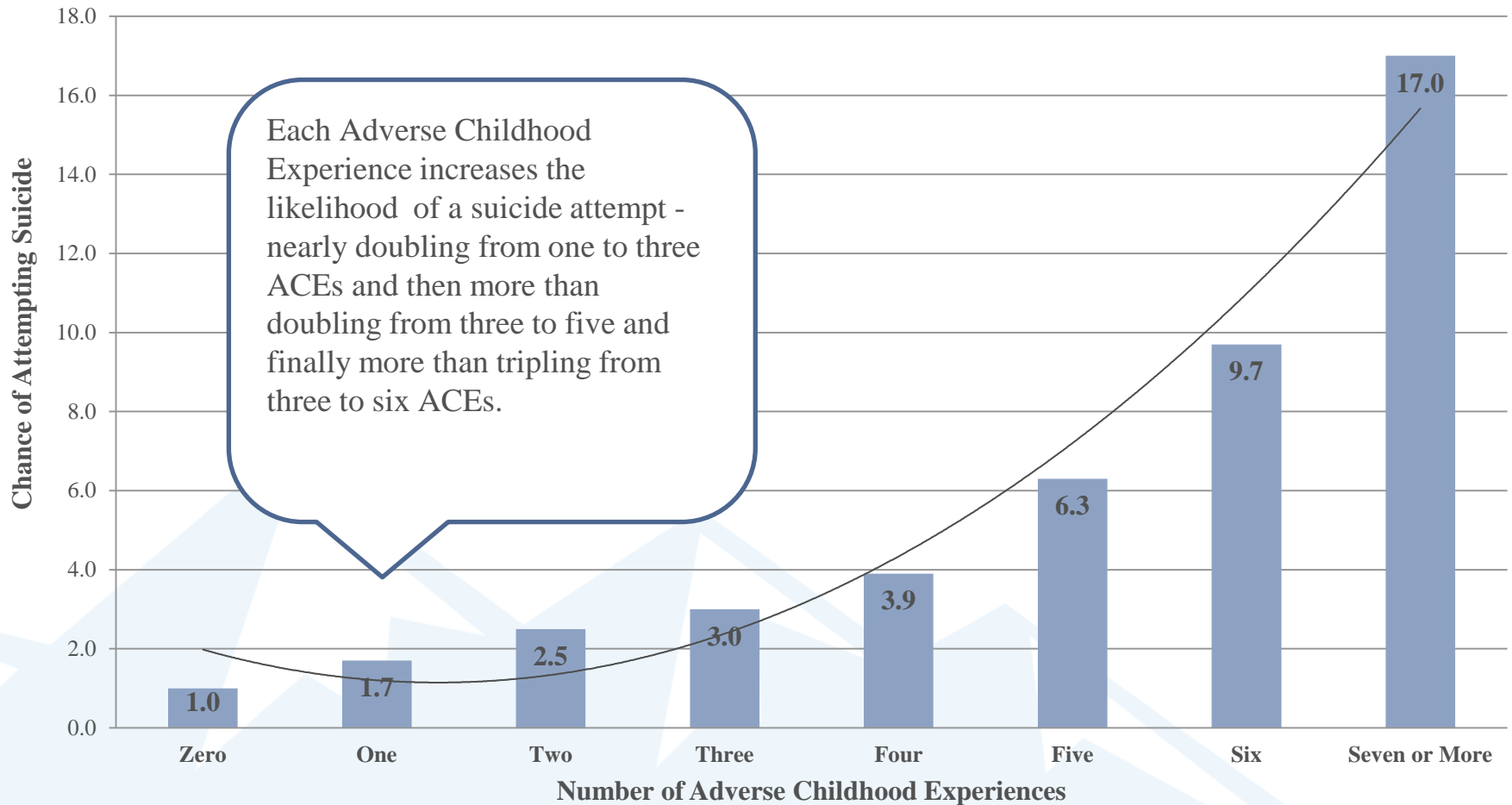
Adverse Child Experiences Study

Growing up experiencing any of the following conditions in the household

- Recurrent physical abuse/neglect
- Recurrent emotional abuse/neglect
- Contact sexual abuse
- An alcohol and/or drug abuser in the household
- An incarcerated household member
- Someone who is chronically depressed, mentally ill, institutionalized, or suicidal
- Mother is treated violently
- One or no parents

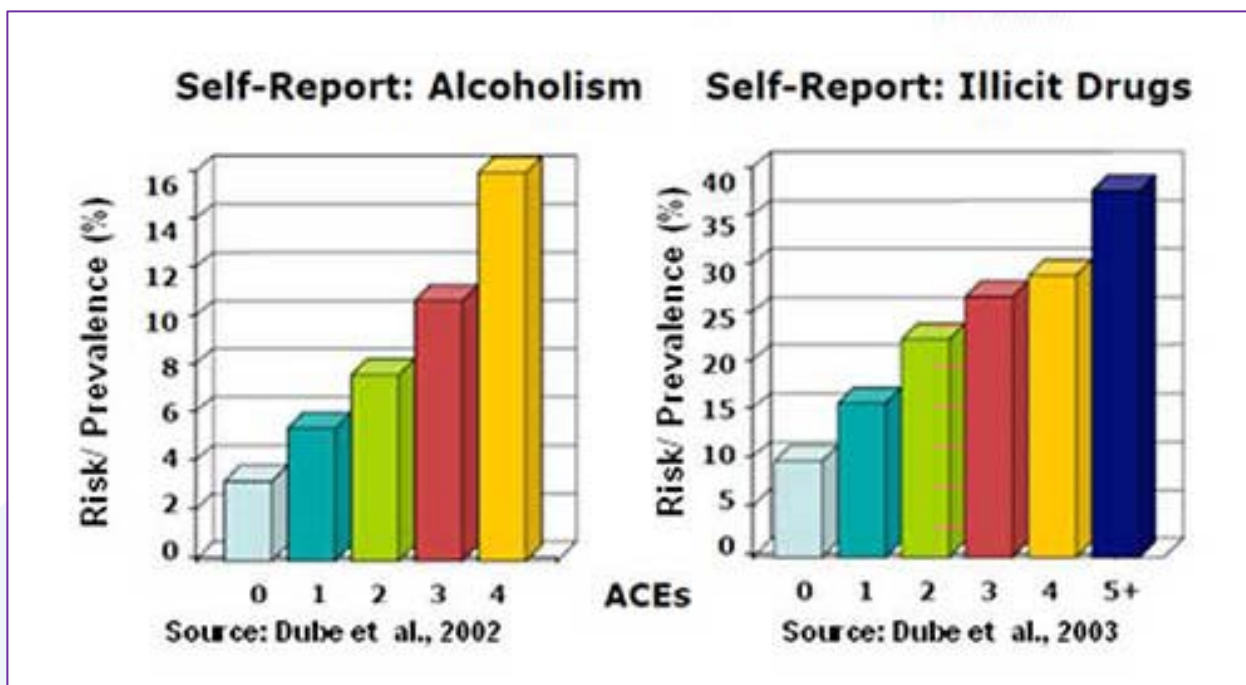


Odds Ratio of Attempting Suicide with Each Additional Adverse Childhood Experience - Controlling for Age, Gender, Race, Education, Illicit Drug Use, Alcoholism and Depression



Source: Journal of the American Medical Association, <http://jama.ama-assn.org/content/286/24/3089.long>

Risk of Adult Substance Abuse Increases with more Adverse Childhood Experiences



http://www.samhsa.gov/children/social_media_apr2011.asp

What's the Potential Impact?

1. Impact health care cost curve
2. Drastically reduce mental health disorders and disability driven by mental health and substance abuse disorders
3. Stop cycles of intergenerational poverty
4. Afford for all children
 - a) optimal development
 - b) school completion
 - c) arrival at adulthood with full potential for employment success and a lifetime of well-being

Prevention Programs

	Total Benefits	Costs	Benefits minus Costs	Benefit to Cost Ratio	Odd of a Positive Net Present Value
Nurse Family Partnership for low-income families	\$26,743	(\$9,788)	\$16,956	\$2.73	76%
Early childhood education for low income 3 and 4 year olds	\$24,094	(\$7,653)	\$16,441	\$3.15	100%

Juvenile Offenders

Correctional Interventions for Juvenile Offenders	Total Benefits	Costs	Benefits minus Costs	Benefit to Cost Ratio	Odd of a Positive Net Present Value
Aggression Replacement Training (youth in state institutions)	\$57,364	(\$1,543)	\$55,821	\$37.19	90%
Aggression Replacement Training (youth on probation)	\$35,329	(\$1,540)	\$33,788	\$22.94	86%
Drug court	\$14,692	\$(3,154)	\$11,539	\$4.66	93%
Scared Straight	\$(12,932)	\$(3,259)	\$(12,998)	\$(195.61)	1%

Recidivism

Reduce long-term budget demands by investing in proven strategies that reduce criminal recidivism.

Monetary Benefits and Costs of Evidence-Based Public Policies that Affect Crime

Correctional Interventions for Adult Offenders	Total Benefits	Costs	Benefits minus Costs	Benefit to Cost Ratio	Odd of a Positive Net Present Value
Electronic Monitoring	\$23,085	\$1,093	\$24,178	n/a	100%
Mental Health Courts	\$20,211	(\$2,995)	\$17,217	\$6.75	100%
Case Management: swift and certain/graduated sanctions for substance abusing offenders	\$19,385	\$(4,834)	\$14,551	\$4.01	97%
Case Management: not swift and certain for substance abusing offenders	\$4,059	\$(4,841)	\$(781)	\$0.84	45%

Washington State Institute for Public Policy November 2013

Thank You

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