

Bernice Nisbett

To: Rep. Geran Tarr
Subject: RE: Support HCR 21 to help our children

From: Anne Fuller [mailto:fernleafgt@yahoo.com]
Sent: Sunday, March 06, 2016 9:01 PM
To: Rep. Geran Tarr <Rep.Geran.Tarr@akleg.gov>
Cc: Rep. Sam Kito <Rep.Sam.Kito.III@akleg.gov>; Rep. Cathy Munoz <Rep.Cathy.Munoz@akleg.gov>; Sen. Dennis Egan <Sen.Dennis.Egan@akleg.gov>
Subject: Support HCR 21 to help our children

Ms. Tarr,
Thank you for introducing the HCR 21 in the legislature this year.
We should consider the research that shows trauma is a root cause of problems that cost so much (from addiction, violence, chronic illnesses).

Building a society which reduces adversity for youngsters is exactly what we need to be doing. Leaving our vulnerable ones to self-medicate, to flee, or to fight is not teaching them ways of living in harmony with other people and with nature.

We know that the statistics for domestic violence, child abuse, suicide and more in Alaska are horrifying. We know that past institutions, individuals, and policies have hurt children. Yes, understanding that schools in the past have damaged students means we need to also understand how schools now can heal students. This resolution is a way to address the issue and create statewide solutions.

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