

SENATE BILL NO. 200

IN THE LEGISLATURE OF THE STATE OF ALASKA

TWENTY-NINTH LEGISLATURE - SECOND SESSION

BY SENATOR COSTELLO

Introduced: 2/22/16

Referred: Education, Finance

A BILL

FOR AN ACT ENTITLED

1 **"An Act relating to physical activity requirements for students in kindergarten through**
2 **grade eight."**

3 **BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF ALASKA:**

4 * **Section 1.** AS 14.30.360 is amended by adding a new subsection to read:

5 (c) In addition to the health education program encouraged under (a) of this
6 section, a school district shall require schools in the district to include, for each full
7 school day for students in kindergarten through grade eight, a minimum of 90 percent
8 of the daily amount of physical activity recommended for children and adolescents in
9 the physical activity guidelines by the Centers for Disease Control and Prevention.
10 The time required for physical activity under this subsection may include physical
11 education classes and opportunities for unstructured physical activity, such as recess.
12 The policy established under this subsection must allow a student to be excused from
13 the physical activity requirements if the student is unable to participate because of a
14 physical disability or for a medical reason. In this subsection, "district" has the

1 meaning given in AS 14.17.990.