



December 31, 2015

Representative Chris Tuck
Alaska House of Representatives
716 W. 4th Ave
Anchorage, AK 99501

Dear Representative Tuck:

Honor for ALL thanks you for the initiative you have exhibited in your willingness to present before the Alaska State Legislature a resolution designating June 27, 2016 as Post-traumatic Stress Injury Awareness Day for the state of Alaska.

With the assistance of dedicated individuals such as yourself we can better ensure our service members and veterans embrace their injuries and seek the help they deserve without fear of shame or retribution.

Post-traumatic Stress (Disorder) Awareness Day was first proposed by then Senator Kent Conrad of North Dakota in 2010. In 2015, with the assistance of the Adjutant Generals Association (AGAUS) and the National Guard Association (NGAUS), Honor for ALL was able to secure proclamations and/or resolutions designating June 27 as Post-traumatic Stress Awareness Day in 8 states, the United States Senate, and the House of Representatives – some still standing with the word disorder, but many making the advancement to *Injury*.

In making this distinction we can effectually diminish the stigma associated with invisible wounds and their perception as mental illness. The word “disorder” frequently portrays a negative image which can lead to discourage some from seeking care and others from caring. Service members who fight for our nation and return home suffering from invisible wounds ought not have to be subjected to a stigma which labels their battle-borne injury a disorder. Beyond interfering with timely treatment, the use of the word in this instance further unreasonably assails the sense of honor that should accompany any wound received in action against an enemy of the United States.

Our goal is to secure proclamations and resolutions in all 50 states and Congress, designating June 27 as Post-traumatic Stress Injury Awareness Day for the year 2016 and beyond. With your help and other like you we can make a difference.

Once again we thank you for your contribution.

Sincerely,

A handwritten signature in black ink, consisting of a stylized 'T' followed by a horizontal line.

Thomas Mahany
President, Honor for ALL
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