

Lesson Plan #8

Affection Lure: Safe & Healthy Boundaries

Presenter Overview: Most of the time, when someone takes interest in a child, it is sincere. There are some people, however, who cross the line from affection to exploitation. Eighty to 90% of sexually abused children are exploited by someone the child or family knows. Most kids are targeted by offenders and groomed for abuse over time. The offender insinuates him/herself into the child's life and slowly builds trust. Risk factors are greater for children who are starved for attention, lack adequate supervision or face difficult situations at home like divorce, substance abuse or neglect.

Learning the difference between “Real Love” and “Fake Love” helps children distinguish between appropriate and inappropriate touch. It is important to avoid the terms “good touch” and “bad touch,” since a bad touch can actually feel good.



Key Points:

- Our Bathing Suit Zone is a personal boundary no one has the right to cross.
- Children are usually lured into sexual abuse by someone they know.
- Sexual abuse is an act of Fake Love, not Real Love.
- Kids have a legal right to stop anyone who tries to abuse them.
- Children can tell trusted adults about touching and attention they don't like.



Vocabulary:

Privileges, expression, detect, boundary, personal boundaries, refuse, genuine



Props and Activities:

1. Real money, fake money, boy's and girl's bathing suits
2. PowerPoint slides #20-21
3. Classroom Poster, “My Body Belongs to Me!”
4. Student Workbook (pg. 10); Complete *Fill in the Blanks and Student Activity*

The Presentation: Affection Lure



Quick Review: In the last lesson, we recognized that each of us is very special in our own way. We identified things we like about ourselves and others, and we are practicing being kind and respectful at home and at school. We learned that abusing and bullying others is disrespectful and wrong. We understand that if we are mistreated, it is not our fault and does not take away our dignity.

Learning Objectives:

(Show PowerPoint Slide #20)

Most of the time when people show us affection, it is sincere and includes concern for our safety. When affection is used as a lure, at first, it might just feel like we're getting special attention and privileges. Gradually, the line is crossed from acts of affection to sexual abuse. The Affection Lures can be hard to recognize, especially when it's used by people we know and trust. We'll establish that our body's Bathing Suit Zone is a personal boundary no one should cross. We'll also identify people in our lives we would feel comfortable talking to about touching and attention we don't like. Remember, telling a trusted adult about problems is healthier than keeping them to ourselves.

Discussion & Activities

1. Who are some people in our lives who are important to us?
Parents, teacher, clergy, relative, friend, friend's parent, other.
Who are some people in our lives we trust and can talk to about important things?
Parents, teacher, friends, clergy, relative, friend's parent, other.



What is about these people that makes you like being with them and allows you to trust them?
Do you have a relationship that is respectful and trustworthy at all times? **Yes.**
Is that what makes it easy to trust these people? **Yes.**

2. **(Display fake money.)** Can we buy burgers at [local fast food restaurant] with this? **No.**
(Display real money.) Can we buy candy with this? **Yes.**

Well, just as there is real money and fake money, there is also “Real Love” and “Fake Love.”
When your parents tuck you into bed with a big hug and kiss, is that Real Love or Fake Love?

Real Love.

When your grandmother hugs you goodbye, is it Real or Fake Love?

Real Love.

3. **(Display bathing suits.)** Now remember when we talked about our Bathing Suit Zone in the “Laws Help Protect Me” lesson? What part of the body does a bathing suit cover?

The private parts of the body - the Bathing Suit Zone.

(Place hand inside bathing suit prop.)

If someone tries touching us inside the Bathing Suit Zone, is that Real Love or Fake Love? **Fake Love.**

That’s right, it’s Fake Love. Does anyone have the right to cross the personal boundary of our Bathing Suit Zone? **No.**

4. OK, is that computer between your ears turned on? Because now it’s time to *Think First & Stay Safe!*

What if someone asks us to touch them inside their Bathing Suit Zone? Is that Real Love or Fake Love?

Fake Love.

Suppose an uncle or close family friend tells us that it’s really okay. Is it okay?

No.

Why can we stand up to anyone who tries to cross the personal boundary of our Bathing Suit Zone?

Because that person is breaking the law.

Do we have the right to defend our personal boundaries? **Yes.**

Why? **Sexual abuse is a crime.**

5. **(Show PowerPoint Slide #21)**

What should we do if anyone, even a relative, family friend or classmate tries touching us inside the Bathing Suit Zone or tells us to touch their private parts?

Should we get away from the person as quickly as possible? **Yes.**

Get to a safe place as soon as we can? **Yes.**

Should we keep their behavior a secret? **Yes.**

Tell a trusted adult what happened? **Yes.**

Who can we tell about sexual abuse or any other kind of mistreatment? **A trusted adult.**

How can a trusted adult help? **They can help stop the mistreatment and make us feel safe again.**

6. All adults know that it’s a crime to sexually abuse a child. And now you know, too. When it comes to our bodies and our personal boundaries, who is in charge? **We are!**

Practice Scenario for Grades 3 & 4

Okay, let’s practice what we have just learned:

Maria really likes her new stepfather Mark. Since moving in with Maria and her mom two years ago, he has always been really nice to Maria, giving her lots of attention and pats on the back. Lately though, when Maria and Mark are watching TV alone, Mark has started putting his arms around Maria and even touching the private parts of her body. Mark acts like nothing is wrong.

Positive Thinking Skill:



What are some examples of real acts of love?

- Mom/Dad tucking us into bed at night.
- A welcoming hug from a grandparent.
- A brother or sister helping us with homework.

- a. Is something wrong? *Yes.*
- b. Is Mark showing Maria Real Love or Fake Love? *Fake love.*
Yes, this is an act of Fake Love. Mark is sexually abusing Maria.
- c. Did Maria do anything wrong?
No.
- d. Did Mark do anything wrong?
Yes.

Mark committed a serious crime when he crossed Maria's personal boundaries by touching the private parts of her body.

- e. What can Maria do?
Maria can tell her mother or another trusted adult about the abuse.
- f. Why might it be hard for Maria to tell someone about the inappropriate touching?
- *Maria might be afraid that no one will believe her.*
 - *Maria probably still loves her stepfather.*
 - *Maria might be afraid to get her stepfather in trouble.*
- g. What positive things can happen if Maria tells a trusted adult about Mark's behavior?
A trusted adult can help stop the abuse and help Maria feel safe again.

Good job with this practice scenario everyone!
Let's remember: most people don't abuse kids. They are protective of children.

End of Lesson Presenter Checklist:

- ___ Review [Lesson Recap](#) (in blue box below).
- ___ Facilitate [Positive Thinking Skill](#) (blue box, page 84) with students.
- ___ Have students complete [Student Workbook](#), pg. 10; Fill in the Blanks and True/False.
- ___ Display "[My Body Belongs to Me!](#)" classroom poster. Review with students.



Lesson Recap: To recap our lesson on the Affection Lure.

- Our Bathing Suit Zone is a personal boundary no one has the right to cross.
- Children are usually lured into sexual abuse by someone they know.
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Additional Resources:

Classroom Poster: "My Body Belongs to Me!" - Included in program and available for client download @ childluresprevention.com/downloads

For Parents: *Think First & Stay Safe* PARENT GUIDE
Order at childluresprevention.com/order/index.asp or page 191.



Presenter's Notes:

Classroom Poster
English & Spanish

