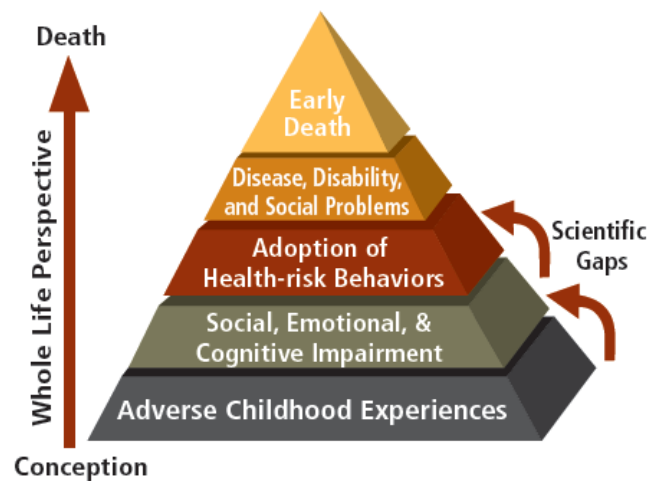


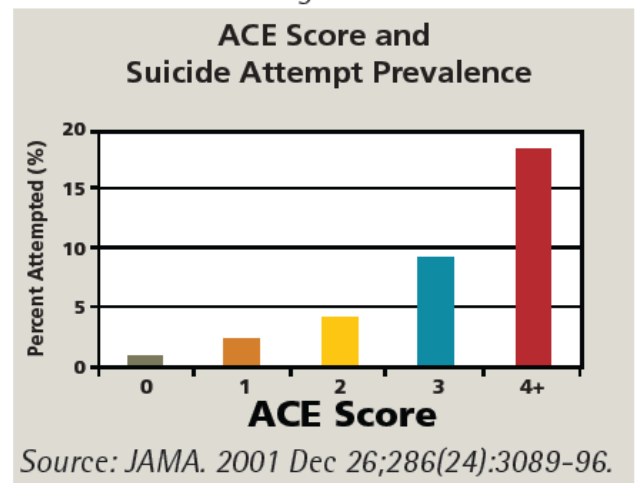
The eight most commonly measured* traumas are in two general categories:

Table 1

Abuse	Household Dysfunction
1. Physical 2. Sexual 3. Emotional	4. Living with Someone with Mental Illness 5. Living with Someone with Substance Abuse 6. Separation or Divorce 7. Living with Someone who went to Jail or Prison 8. Witnessing Domestic Violence



ACE Score	Prevalence
0	33%
1	26%
2	16%
3	10%
4 +	16%



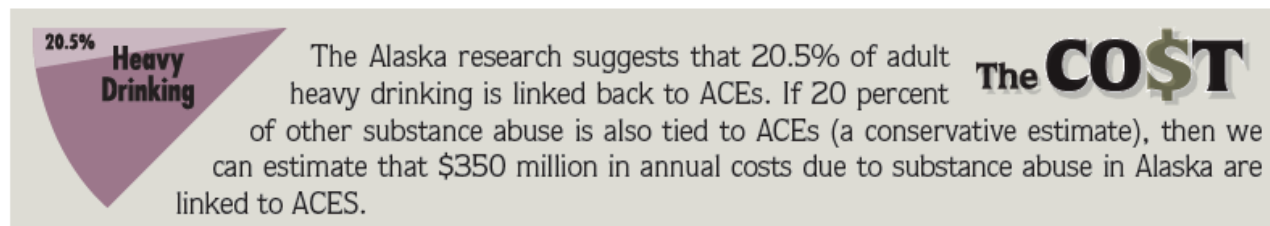
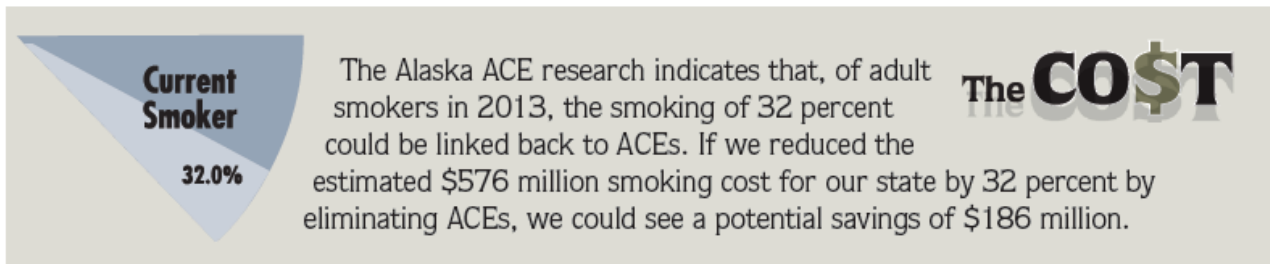
Source: Adverse Childhood Experiences: Overcoming ACES IN Alaska, State of Alaska, Department of Health and Social Services

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ACE Rates in Six States						
Adverse Childhood Experience	Alaska	Arkansas	Louisiana	New Mexico	Tennessee	Washington
Year study released	2013	2009				
ABUSE						
Verbal/Emotional	31.0%	24.3%	21.1%	28.1%	19.2%	34.9%
Physical	19.1%	14.1%	10.5%	19.5%	12.9%	18.1%
Sexual	14.8%	10.9%	9.9%	12.9%	12.7%	13.5%
HOUSEHOLD DYSFUNCTION						
Mental Illness in the Home	21.9%	17.0%	16.6%	19.4%	17.1%	24.3%
Incarcerated Family Member	11.5%	5.5%	7.2%	7.1%	8.6%	6.6%
Substance Abuse in Home	33.8%	25.5%	26.6%	29.9%	28.3%	32.7%
Separation or Divorce	31.7%	23.3%	27.1%	24.4%	29.1%	26.0%
Witnessed Domestic Violence	18.7%	15.1%	14.5%	18.9%	17.1%	16.6%

Alaska's 2013 Behavioral Risk Factor Surveillance Survey ACEs data compared to the CDC's five-state study in 2009 using the same BRFSS module. Numbers in red indicate the highest percentage of the problem of the states reviewed.

Source: CDC Morbidity and Mortality Weekly Report, Vol. 59, No. 49 Dec. 10, 2010; Alaska BRFSS, 2014



Source: Adverse Childhood Experiences: Overcoming ACES IN Alaska, State of Alaska, Department of Health and Social Services

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