

**Julie Morris**

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**From:** Wire Smith <mrncasler@gmail.com>  
**Sent:** Monday, March 24, 2014 6:45 AM  
**To:** Julie Morris  
**Subject:** E-Cig testimonial

Julie,

I am writing you on behalf of myself, and all users of electronic cigarettes in Alaska. I have read through the propaganda piece you were handed, and am appalled. Please take the time and effort to study the current state of the art on e-cig technology and supplies, as well as the actual health effects of this lifesaving technology.

My personal experience was actually fairly typical. I was a pack-a-day smoker for 15 years, and I began using gas station or entry level e-cigarettes to allow me to handle longer car rides with my father, who is suffering from COPD as a result of lifetime smoking. Over time, I found juices that offered flavors compelling enough, and hardware reliable enough, that it was preferable to smoking. That was pretty much the end of my habit. I recently had to sprint about a hundred yards to rescue a co-worker (who turned out not to be in harm's way), and while I was smoking this effort would have left me completely exhausted, if I was able to perform it. At this point, I was able to make the run, and even though my heart was pounding and I was breathing heavily, I was still able to function.

I beg you, take a closer look at the facts and data around e-cig use. This is a lifesaving technology that could allow millions of smokers the chance to live longer, healthier lives. The fact that my bedroom smells faintly of bananas instead of strongly of an ashtray is just icing on the cake.

Thank you for your time,  
Nick Casler