Complex Behavior Collaborative

Coping with complex behaviors

The Complex Behavior Collaborative (CBC) is a state and private partnership to improve Alaska's services for Medicaid clients with complex needs and challenging behaviors.

The collaborative program has two goals:

1) Assist clients to live in the community as independently as possible; divert them from emergency rooms, jail, Alaska Psychiatric Institute or out-of-state care.
2) Build the capacity of Alaska's continuum-of-care and the expertise of its workforce to better support Alaskans with challenging behaviors.

One of three CBC components, the Complex Behavior Collaborative Hub, is currently operating. The CBC Hub is a group of experts under contract with the state. Two other components, Brief Stabilization Services and Intensive Intermediate Intervention Services, are proposed.

How does the CBC Hub work?

Provider agencies and institutions contact the Alaska Division of Behavioral Health for client screening and eligibility. If the client is eligible, the provider is connected with the CBC Hub.

Services

CBC Hub consultants offer:

- A functional behavioral assessment & behavioral intervention plan
- Specific training for community agency direct care staff/families (modeling & mentoring); general training for all agency staff
- A transition-to-community plan if the client is in an institution
- Ongoing technical assistance
- A plan for phasing out CBC Hub services

Eligibility

- Age 6 and older
- Have housing
- Get DHSS-supported services from an Alaska service provider
- Medically stable
- Cognitively impaired (SMI, ID/DD, ADRD, TBI*, chronic alcoholism); meet 3 of 5 behavior criteria:

1. Exhibit complex behaviors and present a high risk of danger to one's self or others
2. Can't function independently
3. At risk for out-of-state placement, psychiatric hospitalization or moving to a higher or institutional level of care
4. Uses multiple high-level resources
5. Need interventions outside skill set of current program staff to ensure safety of those involved

CBC partners include Alaska Department of Health & Social Services divisions of Behavioral Health, Senior & Disabilities Services and Pioneer Homes; Alaska Mental Health Trust Authority; Governor's Council on Disabilities & Special Education; Alaska Commission on Aging; Alaska Mental Health Board; Advisory Board on Alcoholism and Drug Abuse, and nonprofits such as Alaska Brain Injury Network.

For details, contact Reta Sullivan, Division of Behavioral Health, 907-269-8869.

*SMI: Severe mental illness; ID/DD: Intellectually/developmentally disabled; ADRD: Alzheimer's disease and related dementia; TBI: Traumatic brain injury.

December 2012

Stone, Melissa W (HSS)

From: Sullivan, Reta J (HSS)
Sent: Tuesday, February 12, 2013 12:31 PM
To: Stone, Melissa W (HSS)
Subject: CBC - Medicaid cost comparison
Attachments: SDS Data Summary 02-11-13.xlsx

Melissa,

Costs were compared mirroring the timeframe for pre and post Medicaid costs. For example, if a recipient has been enrolled in the CBC for 3 months, the Medicaid costs pulled for comparison are 3 months prior to enrolling in the CBC. If the recipient has been enrolled for five months, the comparison is the 5 months prior to enrollment in the CBC.

For the 27 recipients included in this report, costs prior to CBC services are $1,287,374 and post CBC services, through December 2012 are $662,121.

Service Groupings	Costs for Recipients Who Did Not Receive CBC Services	Costs Prior to CBC Services	Costs After CBC Services	Costs Total
Acute Care Services	$3,680	$80,587	$12,268	$96,535
Acute Care Services - API	$52,205	$38,249	$8,305	$98,759
RPTC Services		$94,584	$27,475	$122,060
ICF/MR Services		$228,913	$18,787	$247,699
Behavioral Health Services	$35,928	$80,682	$45,823	$162,432
Waiver Services	$991,101	$639,647	$442,223	$2,072,971
Medical Services	$20,713	$47,615	$62,325	$130,652
Ancillary Services	$77,738	$77,097	$44,915	$199,750
Grand Total	**$1,181,364**	**$1,287,374**	**$662,121**	**$3,130,859**

Note: Medicaid costs reflect the current billings in MMIS. Services not yet billed for by providers are not reflected in this data summary.

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Medicaid Costs for CBC Recipients

Comparative by Individual Pre/Post CBC Services

July 1, 2012 through December 31, 2012

Service Groupings	Costs for Recipients Who Did Not Receive CBC Services	Costs Prior to CBC Services	Costs After CBC Services	Costs Total
Acute Care Services	$3,680	$80,587	$12,268	$96,535
Acute Care Services - API	$52,205	$38,249	$8,305	$98,759
RPTC Services		$94,584	$27,475	$122,060
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Grand Total	**$1,181,364**	**$1,287,374**	**$662,121**	**$3,130,859**

Recipient Names and Service Groupings	Costs for Recipients Who Did Not Receive CBC Services	Costs Prior to CBC Services	Costs After CBC Services	Costs Total
Case # 17	**$193,447**			**$193,447**
Behavioral Health Services	$3,467			$3,467
Waiver Services	$187,941			$187,941
Medical Services	$406			$406
Ancillary Services	$1,633			$1,633
Case # 2	**$177,104**			**$177,104**
Acute Care Services	$3,680			$3,680
Acute Care Services - API	$52,205			$52,205
Behavioral Health Services	$12,467			$12,467
Waiver Services	$58,613			$58,613
Medical Services	$14,530			$14,530
Ancillary Services	$35,609			$35,609
Case # 10	**$317,163**			**$317,163**
Behavioral Health Services	$17,280			$17,280
Waiver Services	$269,568			$269,568

Recipient Names and Service Groupings	Costs for Recipients Who Did Not Receive CBC Services	Costs Prior to CBC Services	Costs After CBC Services	Costs Total
Medical Services	$3,402			$3,402
Ancillary Services	$26,913			$26,913
Case # 18	**$493,649**			**$493,649**
Behavioral Health Services	$2,713			$2,713
Waiver Services	$474,979			$474,979
Medical Services	$2,374			$2,374
Ancillary Services	$13,583			$13,583
Case # 5		**$7,736**	**$2,782**	**$10,518**
Waiver Services		$7,736	$2,782	$10,518
Case # 27		**$227,394**	**$189**	**$227,583**
ICF/MR Services		$225,156		$225,156
Ancillary Services		$2,238	$189	$2,427
Case # 22		**$9,302**	**$4,472**	**$13,774**
Behavioral Health Services		$662		$662
Waiver Services		$8,459	$4,217	$12,676
Medical Services		$168		$168
Ancillary Services		$12	$256	$268
Case #23		**$20,052**	**$20,731**	**$40,783**
Behavioral Health Services		$836	$99	$935
Waiver Services		$15,600	$19,606	$35,206
Medical Services		$1,037		$1,037
Ancillary Services		$2,578	$1,026	$3,605
Case# 13		**$33,353**	**$48,668**	**$82,021**
Behavioral Health Services		$24	$2,296	$2,320
Waiver Services		$31,338	$43,831	$75,170
Medical Services		$365	$997	$1,362
Ancillary Services		$1,626	$1,542	$3,169
Case # 9		**$115,163**	**$40,647**	**$155,811**
Acute Care Services		$45,704		$45,704
RPTC Services		$49,609		$49,609

Recipient Names and Service Groupings	Costs for Recipients Who Did Not Receive CBC Services	Costs Prior to CBC Services	Costs After CBC Services	Costs Total
Behavioral Health Services		$7,060	$40	$7,100
Medical Services		$5,881	$37,885	$43,766
Ancillary Services		$6,910	$2,722	$9,632
Case # 25		**$6,007**	**$2,624**	**$8,631**
Behavioral Health Services		$3,287	$2,159	$5,446
Waiver Services		$2,669	$430	$3,099
Medical Services		$51	$35	$85
Case # 12		**$84,407**	**$81,078**	**$165,485**
Acute Care Services		$34,883	$12,268	$47,151
RPTC Services		$2,105	$27,475	$29,580
Behavioral Health Services		$35,309	$25,123	$60,432
Waiver Services			$10,189	$10,189
Medical Services		$3,334	$505	$3,839
Ancillary Services		$8,776	$5,518	$14,294
Case # 28		**$58,510**	**$30,164**	**$88,674**
Waiver Services		$58,495	$30,147	$88,641
Medical Services		$16	$18	$33
Case # 1		**$54,752**	**$20,877**	**$75,630**
Acute Care Services - API		$24,012		$24,012
ICF/MR Services		$3,757	$18,787	$22,544
Behavioral Health Services		$2,456	$100	$2,556
Waiver Services		$19,406		$19,406
Medical Services		$57	$30	$87
Ancillary Services		$5,064	$1,961	$7,025
Case # 4		**$82,768**	**$77,351**	**$160,119**
Behavioral Health Services		$178	$249	$427
Waiver Services		$82,041	$76,763	$158,804
Medical Services			$26	$26
Ancillary Services		$548	$314	$862
Case # 7		**$14,487**	**$29,433**	**$43,921**
Behavioral Health Services		$100		$100

Recipient Names and Service Groupings	Costs for Recipients Who Did Not Receive CBC Services	Costs Prior to CBC Services	Costs After CBC Services	Costs Total
Waiver Services		$13,915	$28,825	$42,739
Ancillary Services		$472	$609	$1,081
Case # 8		**$54,892**	**$25,860**	**$80,753**
RPTC Services		$42,871		$42,871
Behavioral Health Services		$0	$8,211	$8,211
Waiver Services		$359	$8,115	$8,474
Medical Services		$4,848	$9,494	$14,342
Ancillary Services		$6,815	$40	$6,855
Case # 26		**$2,212**	**$221**	**$2,433**
Behavioral Health Services		$1,432		$1,432
Medical Services		$457		$457
Ancillary Services		$323	$221	$544
Case # 30		**$6,180**	**$7,241**	**$13,421**
Behavioral Health Services		$272	$910	$1,182
Waiver Services		$5,908	$6,196	$12,104
Ancillary Services			$135	$135
Case # 3		**$81,222**	**$61,993**	**$143,215**
Behavioral Health Services		$10,147	$2,663	$12,810
Waiver Services		$32,227	$26,237	$58,465
Medical Services		$18,330	$9,282	$27,612
Ancillary Services		$20,517	$23,811	$44,328
Case # 21		**$27,104**	**$16,574**	**$43,678**
Behavioral Health Services		$1,428	$768	$2,196
Waiver Services		$19,607	$11,025	$30,633
Medical Services		$4,396	$2,351	$6,748
Ancillary Services		$1,673	$2,429	$4,102
Case # 11		**$202,080**	**$67,554**	**$269,634**
Behavioral Health Services		$15,557	$3,172	$18,729
Waiver Services		$168,902	$61,671	$230,573
Medical Services		$6,803	$1,216	$8,019
Ancillary Services		$10,818	$1,495	$12,313

Recipient Names and Service Groupings	Costs for Recipients Who Did Not Receive CBC Services	Costs Prior to CBC Services	Costs After CBC Services	Costs Total
Case # 31		**$6,492**	**$2,186**	**$8,679**
Waiver Services		$4,991	$2,012	$7,002
Medical Services		$1,502		$1,502
Ancillary Services		$0	$175	$175
Case # 16		**$44,185**	**$43,778**	**$87,963**
Acute Care Services - API		$14,238	$8,305	$22,543
Behavioral Health Services		$1,655	$0	$1,655
Waiver Services		$26,225	$33,472	$59,697
Medical Services		$145	$33	$178
Ancillary Services		$1,923	$1,967	$3,891
Case # 24		**$40,622**	**$7,838**	**$48,461**
Waiver Services		$39,648	$7,628	$47,277
Ancillary Services		$974	$210	$1,184
Case # 17		**$25,818**	**$21,074**	**$46,893**
Waiver Services		$25,818	$21,074	$46,893
Case # 20		**$82,634**	**$48,784**	**$131,418**
Behavioral Health Services		$278	$34	$312
Waiver Services		$76,302	$48,003	$124,305
Medical Services		$225	$453	$678
Ancillary Services		$5,829	$294	$6,123
Grand Total	**$1,181,364**	**$1,287,374**	**$662,121**	**$3,130,859**