

This list contains examples of medications Naturopathic Doctors in Alaska have prescribed for 18 years under our current statute and regulations and would continue to prescribe under SB 175 or HB 266.

AS 08.45.050 A person who practices naturopathy may not give, prescribe, or recommend in the practice, a prescription drug;

12 AAC 42.990: In AS 08.45

(8) “prescription drug” does not include a device or herbal or homeopathic remedy or dietetic substance in a form that is not a controlled substance;

(3) “herbal remedy” includes medicines derived from or a concentrate or extract of a plant, tree, root, moss, fungus, or other natural substance; “herbal remedy” does not include a controlled substance;

Capsicum Tincture is derived from cayenne peppers and when prepared according to recognized national guidelines it becomes a prescription product. Other plants that become prescription medicines when made into tinctures include **Arnica Montana** (flower of the mountain daisy for muscle injuries), **Gelsemium** (vine of the yellow jasmine for treating the flu), **Lobelia inflata** (Indian tobacco leaf is a pulmonary tonic), **Bryonia alba** (root of the bryony plant for viral illnesses), **Phytolacca decandra** (poke root for throat infections) and **Crataegus oxycantha** (berry from the hawthorne tree is a cardiac tonic).

Capsaicin is a single ingredient extract of cayenne peppers and is approved by the FDA for the topical treatment of joint pain. Some capsaicin products are OTC (over-the-counter) and some are prescription only.

Progesterone. This progesterone is identical to human progesterone but is derived from the root of the wild Mexican yam. The FDA allows this to be sold OTC. In some cases a patient may need a special formulation due to an allergy to one of the inert ingredients or some other need, requiring a pharmacist to make a special compound. That special compound would require a prescription. Similar medicines would include **estradiol, estriol, DHEA, and pregnenolone.**

Glutathione is a compound made of 3 amino acids formed by the action of yeast (a fungus) on plant-derived sugar. It is poorly absorbed orally but can be given in a nebulized form to provide direct nutritional benefit to the lungs and is very effective for certain lung conditions. Orally it is an OTC nutrient, but when a pharmacist prepares it for use in a nebulizer it becomes a prescription medicine.

Butyric acid is found in butter and is produced commercially from fermentation of plant-derived sugar or starch. It promotes the growth of healthy epithelial colon cells and is highly effective for ulcerative colitis. When prepared by a pharmacist for use in an enema to treat colitis it becomes a prescription medicine.

**The Top 50 Prescribed Drugs in the USA.
Which ones can a Naturopathic Doctor prescribe
under HB 266 or SB 175 as amended?**

Drug			
Lipitor	No	Vytorin	No
Nexium	No	Adderall	No
Plavix	No	Lovenox	No
Advair	No	Atripla	No
Seroquel	No	Zetia	No
Abilify	No	Aciphex	No
Singulair	No	Ambien	No
Oxycontin	No	Viagra	No
Actos	No	Topamax	No
Prevacid	No	Lidoderm	No
Cymbalta	No	ProAir	No
Effexor	No	NovoLog	No
Lexapro	No	Suboxone	No
Crestor	No	Nasonex	No
Zyprexa	No	Provigil	No
Valtrex	No	Geodon	No
Flomax	No	Truvada	No
Lantus	No	Lunesta	No
Lyrica	No	Humalog	No
Celebrex	No	Niaspan	YES, This is
Levaquin	No		the only
Aricept	No		one, a B
Spiriva	No		vitamin,
Diovan	No		used to
Diovan H	No		lower
Tricor	No		cholesterol.
Concerta	No	Detrol	No
Januvia	No	Yaz	No

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This list can be found at:
<http://www.prescriptiondrug-info.com/Discuss/Top-50-Prescribed-Drugs-in-the-United-States-in-2011-218043.htm>